



Tourisme Lanaudière offers several tools on the Web to help visitors to plan their travel in the region.

# Website: lanaudiere.ca

These guides and brochures are also available as paper version in permanent and seasonal tourist offices of the region (see list on page 120).



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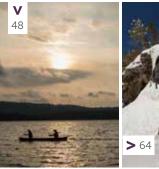
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# Regional Overview

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Credits: Louis Coutu, Jimmy Vigneux



# 1 > Goûtez Lanaudière! agritourism circuits

In this part of the world, our passion for food is passed on from generation to generation. One of the very first agricultural regions of Quebec, Lanaudière continues to profit from the rich bounty of its soil by offering visitors the opportunity to enjoy unique agritourism circuits. Country-style meals, farm visits, a stop at the Abbaye Val Notre-Dame store or at Cochons cent facons, food sampling at La Courgerie or at one of the many master cheesemakers in the area (everyone loves Victor & Berthold from the Fromagerie Du Champ à la Meule). Lanaudière has something to satisfy the foodie in us all. Our farmers and producers are passionate and take pride in welcoming those who love game and fine deli meat (Bergerie des Neiges), as well as wine enthusiasts. The Lanaudière wine circuit comprises seven vineyards, including **Vignoble Saint-Gabriel** and Vignoble Carone Wines. Top off your gastronomic experience with local foie gras from Maurel-Coulombe... simply divine! goutez.lanaudiere.ca

## 2 > Outfitter getaways

Lanaudière has the highest concentration of outfitters within easy reach of Montreal. Outfitters were once limited to hunting and fishing but have now become a true playground for nature lovers of all kinds. Did you know Lanaudière offers the longest fishing season in Quebec because it has so many fish? Anglers come for trout, walleye and pike well into fall, revelling in the symphony of colours. More than twenty outfitters are available to wilderness enthusiasts, offering fine sandy beaches, canoeing, kayaking and hiking. In Saint-Zénon, Au Pays de Réal Massé has been an unmissable destination for more than 30 years. The log cabins at **Pourvoirie** Saint-Zénon and the warm family atmosphere in the **Pourvoirie Domaine Bazinet** lodge are examples of how outfitters have reinvented their accommodation offering.

pourvoirielanaudiere.com

# 3> Hiking in the mountains and valleys

Put on your hiking boots and get ready to explore the vast Lanaudière region. Hundreds of kilometres of groomed trails and breathtaking scenery await you! Take a walk alongside a lake or river to admire the numerous waterfalls and cascades, or hike in the mountains to discover



lush green valleys as far as the eye can see. Numerous regional parks are accessible just one hour from Montreal, such as Forêt Ouareau and Chutes Monte-à-Peine-et-des-Dalles, with its three waterfalls and attractive bridges spanning the L'Assomption River. In Saint-Côme and Saint-Donat, Mont-Tremblant National Park offers a wealth of short and long hiking trails. With so many beautiful hiking spots, it's no wonder the musical group La Bottine Souriante comes from our neck of the woods!

lanaudiere.ca/hiking

### 4 > Relaxing in nature

You don't need to go to Italy to enjoy La Dolce Vita! Lanaudière has long been pampering its visitors with quality rest and relaxation. Many spa hotels located in the mountains or on the shores of our majestic lakes offer a multitude of services and peaceful moments in a breathtaking setting. In Saint-Jean-de-Matha, enjoy soaking in the salt water indoor pool at Auberge de la Montagne Coupée or book a five-star massage at Auberge du Lac Taureau (Saint-Michel-des-Saints). Looking for the ultimate treatment? Spa Natur'Eau in the heart of the mountains in Mandeville offers total regeneration of body and mind. Revitalize

your senses as you alternate between hot and cold and periods of rest in a yurt. In Rawdon, you can relax in a cave or enjoy a truly sensorial experience in the dark room at **La Source Bains Nordiques**, a contemporary cliffside spa you are sure to love.

### 5 > Culture and heritage

Measure your strength against that of the strongest man of all time at Maison Louis-Cyr; visit Quebec's largest regional art museum (Musée d'art de Joliette); go for a bike ride on the Chemin du Roy (first motorable road in North America); or take a walking tour of the Île-des-Moulins historical site in Vieux-Terrebonne... all great ways to discover Lanaudière's rich architectural heritage and culture. Stop a while to take in a play and taste traditional Quebec cuisine at some of the best restaurants in our vibrant city centres. This festive region also puts on many must-see events, including **Mémoire** et Racines, a true celebration of traditional arts from Quebec, and the Festival de Lanaudière, an internationally-recognized classical music festival. Enjoy concerts under the stars!



## 6 > Snowmobiling

With 2,300 km of trails, Lanaudière is justifiably known as Snowmobile Country. From mid-December to late March, snowmobilers can enjoy endless riding through breathtaking country. Unmissable destinations include the beautiful **Montagne Noire**, the picturesque Auberge Le Cabanon (one of the most famous snowmobile relay), the spectacular crossing over the Matawin Dam in the Taureau Reservoir and the bypass trail around Mont-Tremblant national Park, which are well worth the detour. Our vast trail network offers riders the freedom to travel safely through stunning and remote backcountry terrain. Stop at a **relay station** along the way to warm up or enjoy a meal in a lodge, where innkeepers always enjoy hearing about your day's experiences.

snowmobilecountry.ca

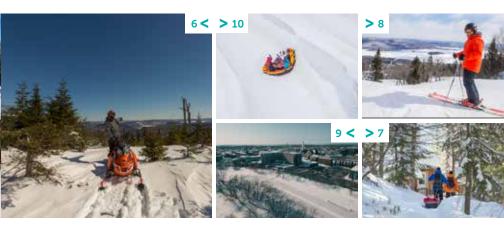
# 7 > Snowshoeing

Whether in the heart of the Laurentian forest, on Lanaudière's agricultural plain or in our **regional parks** or **city parks**, snowshoeing enthusiasts can really stretch their legs. On short or long journeys in the **Forêt Ouareau** – including overnight stays in a hut and baggage transport – beautiful

scenery is everywhere. The **Chute-à-Bull Regional Park** (Saint-Côme) offers 30 km of snowshoe trails and even the opportunity to experience a night-time hike. In **Mont-Tremblant National Park** (via Saint-Donat), where trails are usually covered in an abundance of fresh snow, the more adventurous can put their snowshoes to the test in a picturesque forest setting. For more details about must-visit Lanaudière snowshoeing destinations, visit the new website dedicated to this sport:

## 8 > Downhill skiing

Abounding with natural snow, the vast sector of the Laurentian mountain range is made for downhill skiing. Four ski resorts await winter sport enthusiasts in the **Matawanie mountains**, just minutes from Montreal. The renowned **Val Saint-Côme ski resort** offers a 300 m vertical drop and 37 trails and is home to some major sporting events, such as the Nor-Am Ski Cup. In Saint-Donat, try your hand at mogul or cat skiing at **Ski Mont La Réserve** in ideal snow conditions, or take the family next door to **Mont-Garceau** (Lanaudière's highest ski hill), where a stunning view of Ouareau and



Archambault lakes alone is worth a ride to the top. **Ski Montcalm** in Rawdon is the ultimate family destination with 24 trails spread across three hillsides. The resort is also offering snowshoeing and tubing.

## 9 > Skating

What's more romantic than skating hand in hand in the heart of nature? Teach your children to appreciate the joys of a family outing in an enchanting winter wonderland. Discover Matawinie's icy beauty with a skate on one of our numerous frozen rivers and lakes, such as Lac Pierre (Saint-Alphonse-Rodriguez) or Lac **Rawdon**, or explore the scenic skating trails in the forest of **Saint-Donat**. Lace up your skates and enjoy our 100% natural outdoor skating rinks. Start your journey farther south at Îledes-Moulins (Vieux-Terrebonne) and step into the past by skating on the frozen lock of the old flour, saw and carding mills. The **Patinoire de** la Rivière L'Assomption in Joliette is one of the longest skateways in all of Quebec - and the pride of the Lanaudois people. With a 4.5 km (9 km roundtrip) meandering ice trail, you can do almost anything - except go around in circles

### 10 > Sliding

Looking for some thrills and fun? Come play in the snow at our outdoor recreation centres. and ski resorts. Snow tubing in the heart of downtown Terrebonne is a must. Equipped with a handle tow and magic carpet, the **Groupe** Plein Air Terrebonne makes it even easier to have a ton of fun in the snow. At **Ski Mont** La Réserve (Saint-Donat) and Ski Montcalm (Rawdon), a wonderful time can be had by all on the tubing slopes. Saint-Jean-de-Matha is one of the best spots of all! Children and adults alike will love snow tubing and rafting at **Super** Glissades Saint-Jean-de-Matha. And while families have fun on the 30 runs lit at night, the more adventurous can tackle the rafting slopes - the fastest slides in Quebec with speeds of up to 100 km/hour.



On the North Shore of the St. Lawrence River, just east of Montreal, Lanaudière offers a variety of landscapes where nature enthusiasts can revel in the beauty and fresh air of the great outdoors. Bound by the river to the south and the Laurentian mountain range to the north, Lanaudière is a land of diversified backdrops: agricultural plains, deep valleys, unspoiled islands, spectacular mountains, pristine lakes and rivers. With its bustling small towns, abundant

forests and charming countryside, Lanaudière allows you to get close to nature in a unique and special way.

"We come to enjoy the gentle sounds of Lanaudière's hundreds of waterfalls and cascades, and the music of its many festivals."

Whether you come to enjoy a festival or to taste delicious local food in one of our renowned restaurants; whether you're seeking a weeklong stay at an outfitters or an overnight stop in a bed and breakfast or charming lodge, every occasion is a good one to indulge in Lanaudière's legendary hospitality. Looking for comfort? Auberge du Lac Taureau, located on the shores of the lake of the same name, offers a luxurious environment in a rustic setting. Want some privacy? Rent a cottage or enjoy a unique experience by staying in a yurt, teepee, cabin on stilts or eco bed and breakfast!



### From yesterday to today

A visit to Lanaudière is also an opportunity to discover its rich history. In this immense region, our ancestors left their mark as great builders. With historical areas like the Chemin du Roy and through the history of First Nations peoples and the fur trade's *Coureurs des Bois*, Lanaudière is a region that takes great pride in its past. While treasures of yesteryear are on full display in the old neighbourhoods of Terrebonne, Joliette and L'Assomption, new lifestyles are also thriving in these cities. Theatres, bistros and art museums attest to a rich cultural life.

### A four-season playground

There's so much to do in Lanaudière! A true paradise for hunting and fishing, the region has the highest concentration of outfitters close to Montreal. Each year, the fishing season lasts until mid-October when the fall colours are at their height. The harvest season is another opportunity to taste the region's delicious local produce on one of two **Goûtez Lanaudière** agritourism circuits that take you on a scenic ride through mountains and valleys. Come winter, snow sport enthusiasts can enjoy snowshoeing, cross country skiing, downhill skiing, snowmobiling and dogsledding. Others flock to the Christmas markets and festivals, including Saint-Côme en glace, the Festi-glace de la MRC de Joliette or Feu et glace (Repentigny). And when summer returns, so does the season of relaxation, leisure and cottage life, by the water or in the mountains. Make sure you reserve your place for one of the numerous music festivals, including Festival de Lanaudière, the most prestigious classical music event in Quebec.









#### THE CÔTE

# Along the water, from Repentigny to Berthierville

The Grande Côte territory runs alongside the St. Lawrence River offering visitors several kilometres of magnificent natural beauty. From the peaceful **Berthier Islands** – in the Lac-Saint-Pierre archipelago, officially designated a Biosphere Reserve by UNESCO – to the **L'Assomption River**, this unique and special place of captivating landscapes will delight those seeking adventure or simply quiet contemplation. With its rich architectural heritage, the region offers a fascinating window into Lanaudière's history. Here, all roads lead... not to Rome... but to the Chemin du Roy, the oldest navigable road in Quebec.

### Once upon a time...

Running alongside the St. Lawrence River, the first major road in the history of New France is dotted with reminders of the past. On foot or by bicycle, explore the fascinating **Chemin du Roy** and admire the countless mills, churches and ancestral homes along the way.



"Berthier Islands: 103 islands in an outstanding natural setting that is home to the largest heron nesting ground in North America."

#### The Côte and its islands

There are various ways to explore this region: by car, motorcycle or bicycle along the Route **Verte**, or in a sea kayak following the **Route** Bleue des Voyageurs (St. Lawrence water trail). Discover the scenic splendours of the **Verchères** Islands (Saint-Sulpice) and the Berthier Islands archipelago: 103 islands in an outstanding natural setting that is home to the largest heron nesting ground in North America. Enjoy birdwatching? Don't forget your binoculars! Every fall, thousands of migrating waterfowl stop in this area on their way south. In the labyrinth of channels and marshes, nearly 300 bird species frequent this protected wilderness area. With your bicycle you can cross by ferryboat from Île-Dupas to Saint-Barthélemy. You can also explore the many hiking trails or paddle a sea kayak between the islands on the clear waters of the St. Lawrence River. Don't forget to pack a picnic with some fresh local food!

## Water and wine can go together!

In this watery setting, the vines and grapes of Lanaudière's wineries grow in all their natural glory. The Lanoraie area alone, on the banks of the St. Lawrence, has four renowned vineyards that make up the Lanaudière wine circuit: Vignoble Aux Pieds des Noyers, Vignoble Mondor, Vignoble Lano d'Or and Vignoble Carone, where Anthony and Sarah have been excelling in cabernet-severny and pinot noir grape varieties for 20 years. In this region, red wine has taken centre stage, in particular a compelling Bin 33 that's sure to impress.

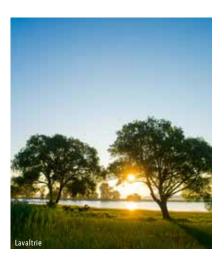
#### LES MOULINS

# Immerse yourself in the history of New France

Located on the banks of the Mille-Îles River, just minutes from Montreal, Terrebonne is one of the most popular tourist destinations. **Vieux-Terrebonne**, with its historical buildings dating back to the 18th and 19th centuries, is a true heritage treasure. A must-see experience, **the Îles-des-Moulins historical site** is the second largest restoration project in Quebec after Place Royale in Quebec City. In summer, the city takes on a European feel with its numerous terraces and charming restaurants.

### "Vieux-Terrebonne, a heritage treasure offering a real flavour of New France"

With its parks and green spaces, numerous golf courses and Mille-Îles and Mascouche rivers, the Les Moulins area is the perfect place for outdoor enthusiasts. In winter, have fun **skating on the old locks** or in **Parc du Grand-Coteau**. Don't miss the Carnaval on Île-des-Moulins – quaranteed fun for the whole family.









#### THE PLAIN

### On the road to culinary delights

Vast agricultural fields and verdant plains stretch along the lowlands of the St. Lawrence River Valley. Life here is less hectic and marked by a temperate climate and fertile soil that is made for farming. Despite the flatness of the land, the inhabitants of the plain find a variety of ways to reach great heights. Exploring the country roads brings many rewards to foodies on the lookout for an outstanding culinary experience. Try one of our numerous countrystyle restaurants - Domaine des Trois Gourmands in Saint-Alexis is a must! - where local produce steals the show. Stop in to taste our cheesemakers' finest cheeses or stock up on terrines and lamb sausages at the Bergerie des Neiges (Saint-Ambroise-de-Kildare). Make the rounds of the farm stands and public markets, or pick your own raspberries and strawberries at the Ferme Guy Rivest (Rawdon) or Ferme Bourdelais (Lavaltrie). "Goûtez Lanaudière!" offers endless ways to savour the region's delicious flavours.

# «It's all about eating fresh!»







Lanaudière is one of the richest agricultural regions of Quebec with more than 2,500 dedicated farmers and producers working the land. Whether you visit during the ploughing, planting or harvest season, you'll be surprised by the wide variety of produce available thanks to the legacy of knowledge, as well as the innovation, of the local farmers and producers. Jam-maker Simon Turcotte (Sainte-Marcelline-de-Kildare) makes a delicious Chinese 5-spice strawberry jelly you won't want to miss. Twenty-five varieties of vegetables are also grown in this region, including the best asparagus in all of Quebec! Visit Saint-Esprit and Saint-Alexis to admire the loyalist architecture of the farm buildings linked together in block-houses, inspired by the seigneurial system. In the spring, drop by one of our numerous maple groves, where taffy, tasty syrups and a myriad of other maple treats attract sugar shack lovers from all over.

#### Towns and festivals

On the Lanaudière plain, the pleasures of the city are never far away. With their attractive public squares lined with mature trees, Joliette and L'Assomption enrich the tourist experience through their history and culture. Founded in the early 19th century, both cities are situated along the L'Assomption River. In summer, you can enjoy a lovely canoe trip, explore the bike paths or relax at an outdoor café in the vibrant downtown areas (lanaudiere.ca/citycentres). In winter, you'll want to grab your skates and head to Joliette to hit the ice on the longest river skating rink in Quebec. The Musée d'art de Joliette, Quebec's largest regional art museum, is another must-visit destination. This region is also home to a variety of music festivals, both contemporary (Festival de Lanaudière, Festival Blues de Joliette) and folkloric (Festival Mémoire et Racines).







#### THE FOOTHILLS

# Wide-open spaces among mountains and valleys

Between the tranquil flat plain and the towering Laurentians lie the green foothills. This region serves, in many ways, as a gateway to rest and relaxation for vacationers looking to escape the bustle of daily life. The foothills are best explored at a leisurely pace. Come breathe the fresh air and revel in the larger-than-life scenery as you head out on a thrilling adventure. This land of wide-open spaces offers endless possibilities, with tourist activities concentrated primarily around four main towns: Saint-Calixte, Saint-Jean-de-Matha, Saint-Gabrielde-Brandon (Lac Maskinongé) and Rawdon, which many adopt as their home base before setting off to explore. Anything is possible from any of these places: in summer, you can golf, canoe/kayak, swim, relax on a beach or try an aerial adventure course; come winter you can enjoy snowshoeing and dogsledding. With Lanaudière's 2,500 km of groomed trails, Saint-Gabriel-de-Brandon is the cradle of snowmobiling in Quebec. Treat yourself to a delicious gourmet treat at **Terre des Bisons** (Rawdon) - well worth the trip if only to say hello to Buffy the domesticated bison. For a day of relaxation, check out the superb spas in Rawdon and Mandeville. The more daring can get their thrills in Saint-Calixte at 45 Degrés Nord, where some 5 million square feet of space is dedicated to adventure and extreme courses. In summer, the slides and inflatable games at **Atlantide** waterpark make for great family fun. Exhausted from all your gallivanting? Stay overnight in the welcoming and comfortable Auberge de la Montagne Coupée (Saint-Jean-de-Matha).



"Rich in history, the region is also a feast for the senses."

### For the love of lakes and history

History buffs will love the picturesque heritage tours in the area known as Brandon, as well as the charming villages of Mandeville (a picnic in the Chutes du Calvaire Regional Park is a must), Saint-Didace (visit the Jardins du Grand-Portage), Saint-Norbert (famous singer/songwriter Jean-Pierre Ferland's haven of peace) and Saint-Cléophas-de-Brandon (you'll love its heritage homes dotted along the main rural road). Located on the shores of Lac Maskinongé, just an hour from Montreal, Saint-Gabriel-de-Brandon attracts many vacationers,

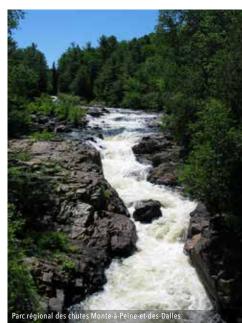


22 lanaudiere.ca Credits: Louis Coutu. Olivier Croteau

water sport enthusiasts and foodies of all kinds. Be sure to try **Vignoble Saint-Gabriel**'s organic wines and the quails, guinea fowl, goose and duck at **Lanaudiere's farms**. We go through the **Gardens of Grand-Portage** (Saint-Didace) for the originality of the floral arrangements before visiting **L'Arbre et la Rivière** pottery workshop, where you'll find beautiful handmade stoneware and porcelain items with a wood-ash glaze finish.

Feel like hiking in the mountains and valleys? Visit Sainte-Mélanie, Saint-Jean-de-Matha or Sainte-Béatrix, three gateways to the beautiful Chutes Monte-à-Peine-et-des-Dalles Regional Park, with its waterfalls and magnificent canyon. It's no wonder so many artists come to set up their workshops in this inspirational setting. Renowned for its antiques and crafts, the village of Sainte-Marcelline-de-Kildare, alongside the Blanche River, is a must. For 20 years, its Festival des Artisans (in September) attracts thousands of art lovers and fall colour enthusiasts. A visit to the foothills is a beautiful and inspiring way to lose track of time!









lanaudiere.ca

#### THE MOUNTAINS

### High up in the wilderness

Where the far north of Lanaudière meets the Laurentian mountain range is a part of our region that could truly be called "authentic." It stretches many kilometres from Saint-Côme and Saint-Donat (in the west) to Saint-Zénon and Saint-Michel-des-Saints (in the east). up to Manawan's aboriginal lands. With its regional parks, wildlife reserves, outfitters, lakes and rivers, waterfalls and cascades, this unique region of mountains and unspoiled wilderness beckons you to come explore, slowly and respectfully. Whether your visit takes you from east to west, north to south or vice-versa. the mountains offer a multitude of sporting activities, including fishing, canoeing/kayaking and hiking in summer; hunting, mountain biking





and ATV touring amid a colourful fall setting; and snowshoeing, dogsledding, snowmobiling and skiing come winter.

#### So much action in the West!

In the western part of Matawinie are nestled four outstanding ski centres: Ski Mont-Garceau (facing the majestic Lac Archambault), Val Saint-Côme ski resort, Ski Mont La Réserve and Ski Montcalm. Nearby, the charming villages of Saint-Donat and Saint-Côme serve as entry points into the internationally-renowned Mont-Tremblant National Park, two thirds of which fall within Lanaudière's borders. A vacationer's paradise, Saint-Donat has the typical picturesque charm of mountain villages, with two immense lakes nearby (Lac Archambault and Lac Ouareau). Outdoor enthusiasts will enjoy, among other areas, the Ouareau Forest Regional Park – a true rock climber's



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playground (certification card and equipment required)! In summer, a hike along the Sentier des Murmures will take you to a lovely suspension bridge over the Quareau River. In winter, you can stay overnight in a hut after a day of snowshoeing or cross-country skiing. Fall paints a fiery landscape on the Massif and Des Contreforts trails. In Saint-Côme, the Chute-à-Bull Regional Park offers walkers and snowshoers 6 km of trails on the National Trail. Whatever the season, come admire the majestic 18 m high waterfall in all its splendour. Looking for original accommodations? Experience sleeping in a cabin up in the trees at **Kabania** (Notre-Dame-de-la-Merci) or Le Village Perché (Sainte-Béatrix).

> "Welcome to a paradise for snowmobiling, dogsledding and hiking!"

#### Eastern bound!

From Sainte-Émélie-de-l'Énergie (glacial valley bathed by the Noire River) and Saint-Zénon (one of Quebec's major highlights) to Saint-Michel-des-Saints, Haute-Matawinie's landscape brings a complete change of scene and adventure. Nestled in this vast wilderness are some ten **outfitters** open year-round. Vacationers seeking an authentic forest getaway come here to enjoy cottage life, the serenity of the sandy beaches or the abundance of fish in the lakes, making for great fishing. Whether you're looking to explore, enjoy a romantic getaway or have fun in the wild with the family, the unique setting of the northeastern summits offers a truly authentic nature experience. Explore the hiking and snowshoeing trails in the Sept-Chutes Regional Park (and its breathtaking views of Lac Rémi) from Mont Barrière's maple grove to Mont Brassard's 650 m high rocky ridges. You don't need to be an expert to enjoy yourself here. Try the Voile de





la Mariée trail – a 2 km trip offering easy access to a 30 m (200 feet) high waterfall. Don't forget to pack a picnic!

On your way north, plan a stop at the Saint-Zénon scenic lookout point to admire the stunning view of Coulée des Nymphes; this is a true hiker's paradise. In winter, Saint-Zénon transforms itself into an ice village on the frozen Lac Saint-Louis, much to the delight of ice fishing enthusiasts. At the northern tip of highway 131, two hours from Montreal, are Saint-Michel-de-Saints and its many kilometres of shores (including the must-see beach at Pointe-Fine) along the renowned Lac Taureau. Take the heritage tour (1870) in the heart of the village or explore the 95 square km of Lac Taureau, virtually an inland sea dotted with 45 unspoiled islands. The Lac Taureau Regional Park offers water sports and touring of all kinds on land and water, as well as rustic camping sites. Looking for some comfort? Stay at the charming 4-star Auberge du Lac Taureau, one of Lanaudière's most famous lodges.



#### Kwe Kwe Manawan

Why not try an out-of-the-ordinary experience by immersing yourself in a welcoming aboriginal culture rich in knowledge and traditions? Starting from Saint-Michel-des-Saints, head north on a logging road until you reach the picturesque village of Manawan. What you'll find at the end of the road is well worth the detour! The Atikamekw reserve is bathed by several lakes and rivers. Learn, discuss, explore... you can expect all this from a visit with these friendly aboriginal people, who will be pleased to offer you a warm *Kwe Kwe* (hello in Atikamekw).





"Proud of their ancestral heritage, the Atikamekw people work to preserve the natural beauty of their land, which is considered sacred."

Tourist activities are concentrated around Lac Kempt: in winter, snowmobiling remains the main attraction, whereas in summer, visitors come to familiarize themselves with the culture by taking part in a number of cultural immersion activities that are often highly artistic. In late July, you won't want to miss the annual pow-wow, a music and dance festival where you can learn about aboriginal traditions. Treat yourself to an overnight stay in the comfortable Auberge Manawan; experience sleeping on a carpet of fir branches in a teepee at the traditional Matakan site; or, for a romantic getaway, try Île de l'Amour. Whatever you decide, all options are a good way to participate in fair trade tourism and give back to the community.











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#### May 12 and 13, 2018

#### Course Extrême

Saint-Calixte
450 205-1060 • course-extreme.com

A challenging 5 km forest course with 50 fun obstacles that are accessible to all! Come and earn your medal!

#### June 1 to 3, 2018

### L'Assomption Family Rodeo

L'Assomption 514 926-2481 • rodeolassomption.ca

Family event with show, full rodeo, medieval horse show, western parade, musical shows, children's workshops. Everyone welcome!

#### June 16 to August 31, 2018

#### Festival d'été de Saint-Gabriel

Saint-Gabriel 450 421-5890 • festivaldete.info

Shows, other entertainment, and various sports and outdoor activities, the festival offers a wide choice for everyone.

#### June 30 and July 1, 2018

#### Lac Taureau fishing tournament

Saint-Michel-des-Saints 450 833-1334 • haute-matawinie.com

Tournament held on Saturday and Sunday with catches recorded at different lake locations. Activities for all Sunday.

#### July 5 to 7, 2018

#### Fous de théâtre

Repentigny 450 589-9198 • 1 877 589-9198 fousdetheatre ca

A summer festival celebrating contemporary theatre, ideal for the whole family. Program coming soon.

### July 7 to August 5, 2018

#### Festival de Lanaudière

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Joliette

Ticket office:

450 759-4343/1 800 561-4343

Group reservations:

450 759-7636/1 800 245-7636, ext. 32

lanaudiere.org

The largest festival of classical music in Canada, featuring symphonic, choral and chamber music, with soloists of international renown.

#### July 5 to August 17, 2018

#### La Boîte à musique Desjardins

Repentigny (Parc Charles-De Gaulle) 450 841-3264 • laboiteamusiquerepentigny.com

Every Thursday and Friday night at 8 pm, free shows of world music or popular music, with well-known and popular artists.

[ad. p.51]







#### July 6 to 8, 2018

#### Festival Chasse-galerie

L'Épiphanie 450 588-6828 • lepiphanie.ca

19th edition At Parc du Barrage (intersection of highways 339 and 341), a lively and updated program of activities offering something for everyone.

#### July 21 and 22, 2018

#### Les Délices de Lanaudière

Saint-Zénon 450 884-5987 • st-zenon.org

9th edition. Tasting and sales of Lanaudière products, big tent. Admission: \$3 (0-12, free). Grand Bazar des Hauteurs, children's games, exhibition of local crafts.

#### July 25 to 29, 2018

#### Festival Mémoire et Racines

Joliette • Saint-Charles-Borromée 450 752-6798 • 1 888 810-6798 memoireracines.org

A celebration of traditional song, music, storytelling and dance. 200 artists, 7 stages, 5 memorable days.

#### July 28, 2018

#### Avengers Race - for teams

Saint-Calixte

450 205-1060 • avengersrace.ca

5th edition. The Avengers Race stands out for its originality, unusual challenges and unique team concept. All challenges are met as a team.

#### July 28 and 29, 2018

#### Médiévales Lanaudière

L'Assomption

514 994-5476 • medievaleslanaudiere.com

Event combining history, live action role-playing game, fantasy, horse shows and historical reconstruction. Discover a world of Vikings, knights, creatures, artisans and costumed characters, against the backdrop of an ancestral seigneury where deer and wild boars are raised.

#### August 5, 2018

#### Cross country Zen'Nature

Saint-Zénon

450 421-4145 • bouclezen-nature.org

A competition for the whole family and also a "Corporate Challenge." Come and compete or simply participate in the 300 m, 1, 5, 10, 20, 30 or 60 km, or the 5 km cani-cross.

#### August 3 to 5, 2018

#### **Festival Hors Route**

Sainte-Béatrix

418 655-6308 • festivalhorsroute com

Come and watch or participate in our Mud Drag and Mud Bog competitions for 4x4 ATVs and SXS, as well as our eXtreme Challenge course.

#### August 10 to 15, 2018

#### Festival acadien de la Nouvelle-Acadie

Saint-Liquori, Saint-Jacques, Saint-Alexis, Sainte-Marie-Salomé

450 753-3570 • nouvelle-acadie ca

The Tintamarre celebration recalls the Acadian roots of Saint-Alexis, Saint-Jacques, Saint-Liguori and Sainte-Marie-Salomé. Features cultural and festive events throughout the week.

#### August 10 to 12, 2018

#### Rendez-vous estival Le Gardeur

Repentiany

450 841-3264 • rendezvousestival.com

An event for the whole family. Shows for children and adults, fireworks, entertainment, street food, rides. Free entry.

#### August 10 to 12, 2018

#### Festival vins et histoire de Terrebonne

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Terrebonne

450 492-5514 • iledesmoulins com

The 22<sup>nd</sup> edition of this major epicurean event starts with a festive evening that cocktail enthusiasts are sure to enjoy! Encounters and discoveries. [ad. p.7]

#### August 17 to 19, 2018

# Les Fêtes gourmandes de Lanaudière présentée par la SAQ

Saint-Jacques 450 397-0549 • fetesgourmandes.ca

Under big tents, 70 Québec agrifood companies, 7 cooking show stages, many musical performances and a gourmet atmosphere.

#### August 29, 2018

#### Repentigny Vintage Car Show

Repentigny (parc de l'Île-Lebel) 450 841-3264 • recreotourismerepentigny.com

This event attracts collectible, rare and modified cars. Musical performances and good food await you in the park alongside the river. [ad. p.51]

#### August 29 to September 2, 2018

# Rendez-vous country de Saint-Michel-des-Saints

Saint-Michel-des-Saints 450 833-1334 ◆ haute-matawinie.com

Shows under the roof of the skating rink (admission fee). Free activities for all, bazaar, entertainment for children, parade in the village, mass with country choir.

#### September 1 to 3, 2018

# Rendez-vous du Festival de peinture à Mascouche

Mascouche
450 474-4133 • festivalpeinturemascouche.com

A must-see event for all lovers of art. 30th edition. Expo-competition, solo by Martin Blanchet, master classes, entertainment. Parc du Grand-Coteau. [ad. p. 7]

#### September 1 to October 7, 2018

#### La Symphonie des Couleurs

Saint-Donat 819 424-2833 • 1 888 783-6628 tourismesaint-donat.com

Outdoor and indoor shows, entertainment, local products, outdoor activities, ski lift rides at ski centres. [ad. p.9]











#### September 3, 2018

#### 1804, l'événement

Terrebonne

450 492-5514 • iledesmoulins.com

It's easier to understand history in action than in books! Experience history through fun, intelligent activities.

#### September 7 to 9, 2018

#### Oktoberfest de Repentigny

Repentigny

1800881-0917 • oktoberfestderepentigny.com

Parc de l'Île-Lebel : microbreweries, regional products, family activities and Bavarian dance and music. 13<sup>th</sup> year, good taste and good humour. Relive the era of Old Munich!

#### September 9, 2018

#### Vintage Car Show

Terrebonne

450 492-5514 • iledesmoulins.com

Over 400 cars from 1910 to 1990 will be on display at the heritage site of Île-des-Moulins. Don't miss it!

#### September 15 and 16, 2018

#### Course Extrême

Saint-Calixte

450 205-1060 • course-extreme com

A challenging 5 km forest course with 50 fun obstacles that are accessible to all! Come and earn your medal!

#### September 21 to 23, 2018

#### Festival des Artisans

Sainte-Marcelline-de-Kildare
450.883-2241 • ste-marcelline com

The Festival des Artisans is a must for connoisseurs and lovers of crafts who want to encourage local artisanal production.

#### September 27 to 30, 2018

#### Le Festival Blues de Joliette

Joliette

450 753-7405 • jolietteblues.com

Groove to the rhythms of the Joliette Blues Festival for 4 days, nearly 40 shows in various bars and restaurants. Le Festival Blues de Joliette... the blues at its best!

#### November 29 to December 23, 2018

#### L'Assomption Christmas Market

L'Assomption

450 589-7102 • marchedenoeldelassomption.ca

Crafts and delicious products from 50 local artisans and producers. Do all your Christmas shopping and sip a spicy mulled wine! Magical setting, illuminations, animations, play area for children, indoor family stop.

#### December 1 and 2, 2018

#### L'Expo-vente Chertsois en Arts

Chertsev

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450 882-2920 • chertsey.ca

The 11th edition of an event that brings together more than 100 exhibitors. Again this year, the weekend-long expo offers the perfect opportunity to find unique and authentic pieces.

#### December 6 to 23, 2018

#### Joliette-Lanaudière Christmas Markets

Joliette

450 753-7405

#### marchesdenoeljoliettelanaudiere.com

Discover a magical setting and a multitude of gift ideas in the artisans' village! Parade, Santa's home, carriage ride, mulled wine and entertainment.

#### December 7 to 9, 2018

#### Saint-Lin-Laurentides Christmas Market

Saint-Lin-Laurentides

450 439-3130 #7200 • saint-lin-laurentides.com

A magical event, the Outdoor Christmas Market brings together about thirty exhibitors. Shows, animations, family activities, fireplaces and more.

#### December, 2018 - Dates to confirm

#### Terrebonne Christmas Market

Terrebonne, at Collège Saint-Sacrement 450 430-3338 • marchedenoeldeterrebonne.com

7<sup>th</sup> edition for people of all ages, discover products of local artisans. 25,000 lights in the trees, a big wheel and artistic performances. Presented by Terrebonne, in collaboration with Action Événements. [ad. p.7]

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#### December 15 and 16, 2018

#### Spectacle Avalanche

Terrebonne, Théâtre du Vieux-Terrebonne 450 492-4777 ◆ 1 866 404-4777 spectacleavalanche.com

"Avalanche" is Quebec's only Holiday Season musical for the whole family. Presented at the Théâtre du Vieux-Terrebonne since 2008!

#### Mid-January to mid-March, 2019

#### Village sur glace

Saint-Zénon 450 884-5987 • st-zenon.org

Come enjoy a festive, enchanting site. Ice fishing tournament (prizes), 1 km rink, family day, rides on vintage snowmobiles.

#### January 25 to 27, 2019

#### L'Internationale de Chiens de Traîneaux Lanaudière

ĽÉpiphanie 450 588-6828 • lepiphanie.ca

International dog sledding competition (100 teams). Varied dynamic program for the family to enjoy, while cheering on the best mushers (North America and beyond.) Follow Ponpon!

#### January 24 to 26, 2019

#### Gèle ton week-end

Terrebonne

450 492-5514 • iledesmoulins.com

A winter event for the whole family: Jumpaï, ice slides, ice bars, Tyrolienne, natural skating rink, fireworks!









#### January 25 to February 10, 2019

#### Saint-Côme en glace

Saint-Côme 450 883-2730 • 1 866 266-2730 stcomelanaudiere.ca

Some 50 ice sculptures along the main street.
Entertainment, ice slides, exhibitors, traditional music, shows. A must-see in Lanaudière!

#### February 1 to 10, 2019

#### Festi-Glace de la MRC de Joliette

Joliette

450 759-5013 • festiglace.ca

Winter fun for everyone on a 9 km ice track on the L'Assomption River. Program of festive events and fireworks!

#### February 2 to 24, 2019

#### Féérie d'hiver de Saint-Donat

Saint-Donat 819 424-2833 • 1 888 783-6628 tourismesaint-donat.com

A celebration of the joys of winter. Activities for everyone, tasting of treats, snowshoeing, downhill skiing, fireworks.

[ad. p.9]

#### February 8 to 17, 2019

#### Festival Feu et Glace

Repentigny

514 688-4723 • feuetglace.com

Zipline, tube sliding, sleigh rides, skating, snow sculptures, shows presented by Loto-Québec, fireworks and much more!

#### February, 2019 - Dates to confirm

#### Carnaval Matha-Tuque

Saint-Jean-de-Matha

450 886-3867 • municipalitestjeandematha.com

Free! 3 days: inflatable games, contests, family activities, snowshoeing by torchlight, ice skating, fireworks, disco on rink, local products, singers, animation, food treats. Welcome snowmobilers!

#### **Event venues**

#### Centre récréatif de Repentigny



A wide range of people of all ages visit and appreciate the Repentigny recreational centre for its top-end tennis courts and soccer fields, attractive conference rooms and reception halls, and outstanding customer service. The Centre's innovative activities and events have made it a leader in recreation.

#### 45 Degrés Nord

Saint-Calixte, 50, rue du Lieutenant-Ingall 450 205-1070 ◆ 45degres-nord.com

45 Degrés Nord is the largest site of its kind in Quebec! Located in the heart of nature in Saint-Calixte, 45 Degrés Nord invites you to try a unique experience on its 5 million sq. ft. site. A venue for major events, including the Course Extrême, our facilities are a playground of countless possibilities.

#### Complexe JC Perreault

Saint-Roch-de-l'Achigan, 620, rue J.-Oswald-Forest 450 588-4888 • complexejcperreault.com

Opened in 2015, this multifunctional, cultural and sports site is ideal for holding shows, conferences, seminars, galas and award ceremonies, business meetings, social gatherings, benefit nights, press conferences, film shoots and screenings. Equipped rental space (with a capacity of up to 3,000 persons), including rooms, skating rinks, dining areas and large parking lot. Accessible to persons with reduced mobility. **Schedule**: Open year-round.

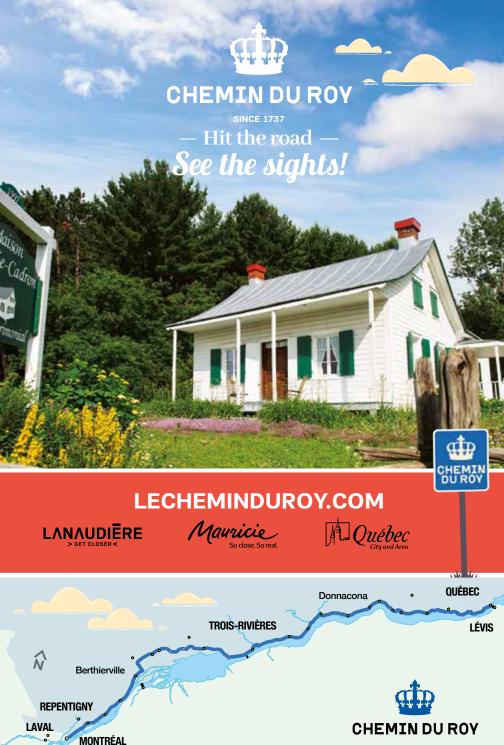
#### Centre Expo Terrebonne



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Terrebonne, 2475, boulevard des Entreprises 450 961-9295 • centreexpoterrebonne.com

Whether you're looking to rent space for a sports event, tradeshow or exhibition, the Terrebonne Expo Centre has numerous spacious facilities for events of all kinds, at very competitive prices. It offers between 40,000 and 80,000 square feet of exhibition space with a clearance up to 40 feet high, column-free.





### **Art Galleries**

#### Galerie des Lacs

Entrelacs, 321, chemin des Îles 450 228-4058 • louiseboyergagnon@gmail.com

The Galerie des Lacs is a garage that has been transformed into an art gallery. We present works of art created by Lanaudière sculptors and painters in a simple and relaxed atmosphere. **Schedule**: June to September, 11 am to 5 pm, except Mondays and Tuesdays. Remainder of the year, upon reservation.

## Crafts

#### L'Arbre et la Rivière

Saint-Damien, 6757, rue Principale 450 835-3686 • larbreetlariviere.com

The artisan pottery L'Arbre et la Rivière offers tours of its workshop, pottery shop and outdoor wood-burning oven operation. The tradition of firing ceramic in a wood-burning stove requires expertise in preparing for, conducting and monitoring the baking. Come and witness this unique baking process with its crackling fires! **Schedule**: June to September, Wednesday to Sunday, 10 am to 5 pm; October to December,

Thursday to Sunday, 11 am to 4 pm. Rest of the year, by appointment.

#### Artisanat Bellerose/Fleuriste

Saint-Michel-des-Saints, 402, rue Brassard 450 833-6647 • artisanatbellerose@satelcom.qc.ca

Small Amerindian and Québécois handicrafts shop located in front of the church. Jewellery, pipes, dream catchers, baskets, soapstone, dolls, knife collections, snowshoes, sealskin boots and mitts, hand-knitted scarves, snowshoes, moccasins, leather and fur items (bear, caribou, wolf, fox and coyote), Atikamekw art, various souvenirs, cut flowers and plants, "Les cadeaux de Gustave" chocolates and local products.



## Historic buildings and sites

#### Chapelle des Cuthbert

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Berthierville, 461, rue de Bienville 450 836-7336 • lachapelledescuthbert.com

Built in 1786 by James Cuthbert, the chapel is the oldest former Protestant church in Quebec. Classified as an historical monument, it is enlivened all summer long by guided tours and exhibitions. Tourist information office and picnic area on site. **Schedule**: June to Labour Day.

#### Vieux palais de justice de L'Assomption \$ ?

L'Assomption, 255, rue Saint-Étienne 450 589-3266 • 1 866 559-3266

#### oasisvieuxpalais.com

Built in 1811 and classified as an historical monument by the Government of Quebec in 1973, this bicentennial building has become a cultural centre where you'll find lodging, a former court of justice (10th oldest in North America), a tea room and a reception/performance room with patio bar. Many activities are held here, including concerts, talks, weddings, dinner-trials, theatre and guided tours. Home of the traditional arrowhead sash, and a popular film shooting location. Schedule: Variable, open year-round.

#### Moulin Grenier

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Repentigny, 912, rue Notre-Dame 450 470-2787 • ville.repentigny.gc.ca

The Grenier mill, built in 1820 by François Grenier and classified as an historical monument in 1975, is open to the public. Guides will be happy to take you on an interactive tour. The excellent state of the original mechanism is one of the main points of interest. Contact us for detailed schedule.

#### Schedule: June to Thanksgiving.

#### Église de la Purification-de-la-Bienheureuse-Vierge-Marie

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Repentigny, 445, rue Notre-Dame 450 470-2787 • ville.repentigny.gc.ca

Located in a parish founded in 1684 and built from 1723, this church is the oldest in the diocese of Montreal. Free guided tours of this historical monument are offered. Inside are works and furniture reflecting Quebec religious art from all eras.

Schedule: June to Thanksgiving.

#### Maison et jardins Antoine-Lacombe もいます

Saint-Charles-Borromée, 895, rue de la Visitation 450 755-1113 • antoinelacombe com

Maison et jardins Antoine-Lacombe is a unique place that is sure to please art and horticulture enthusiasts. Discover a beautiful house, considered an historical monument, and explore its delightful gardens. Enjoy professional and amateur arts exhibitions, intimate and diversified shows and concerts, and a variety of other cultural activities in a charming setting. Schedule: House, February to December; Gardens,

April to October.

#### Sir-Wilfrid-Laurier National Historic Site

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Saint-Lin-Laurentides, 945, 12e Avenue 450 439-3702 • 1 888 773-8888

parcscanada.gc.ca/laurier

Come learn about the remarkable life and times of Sir. Wilfrid Laurier, who became the first French-Canadian Prime Minister of Canada in 1896. Visit a charming heritage house, evocative of its era. Take a stroll around the courtyard and learn about the heritage garden. Activities for children. **Schedule**: June 23 to September 3, daily, 10 am to 5 pm.

#### Île-des-Moulins

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Terrebonne, Intersection of Des Braves and Saint-Pierre streets 450 492-5514 • iledesmoulins com

For two centuries, Île-des-Moulins was at the centre of the development of one of the largest seigneuries in Quebec's history. Today, five restored historical buildings bear witness to the economic vitality of the Terrebonne seigneury and the accomplishments of its seigneurs and landholders. Île-des-Moulins is also home to a beautiful green park that welcomes major events, as well as a lock where skating and pontoon-boat rides can be enjoyed.

Schedule: Buildings and pontoon-boat, June 24 to September 3, 2018.

#### Maison Bélisle

Terrebonne, 844, rue Saint-François-Xavier 450 492-5514 • lamaisonbelisle.com

Built in 1759, the Maison Bélisle is the oldest preserved house in Vieux-Terrebonne. This restored historical building forms part of the Île-des-Moulins museum complex. Open year-round, it offers various temporary exhibitions in addition to a variety of other cultural activities. **Schedule:** Labour Day to June 23: Thursday to Sunday, 1 pm to 5 pm. June 24 to Labour Day: Wednesday, 1 pm to 8 pm, and Thursday to Sunday, 1 pm to 6 pm.

### Museums

#### Musée Gilles-Villeneuve

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Berthierville, 960, avenue Gilles-Villeneuve 450 836-2714 • 1 800 639-0103 museegillesvilleneuve.com

The Gilles Villeneuve Museum is celebrating its 30th anniversary! Every year, the museum welcomes visitors from over 20 countries. Discover what inspired Gilles Villeneuve, from snowmobile events to F1 racing. Onsite you'll find an impressive collection of race cars, a shop, a mini race car track, themed exhibitions and more. Just a few metres off Highway 40 and Chemin du Roy and 45 minutes from Montreal, headed toward Quebec City. A must-see for racing fans! **Schedule**: Open year-round.

#### Musée d'art de Joliette



Joliette, 145, rue du Père-Wilfrid-Corbeil 450 756-0311 • museejoliette.org

The Musée d'art de Joliette (MAJ) is the largest regional museum in Quebec. Through its extensive collection, it presents an outstanding panorama of art from the 14th century to today. Open year-round, the MAJ offers a variety of temporary and permanent exhibitions in addition to a wide choice of cultural and educational activities intended for audiences of all ages.

Schedule: Open year-round, closed Monday.

#### Maison Rosalie-Cadron

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Lavaltrie, 1997, rue Notre-Dame 450 586-2727 • maisonrosaliecadron.org

Birthplace of the Venerable Rosalie Cadron-Jetté (1794–1864), mother of eleven children and founder of the Soeurs de Miséricorde (Sisters of Mercy). Come learn about its history and about family life in the 1820's. Furniture and period garden, games of yesteryear, handicrafts, regional products, bread oven. Warm breads on weekends. Temporary historical and crafts exhibitions. "Domestic arts" workshops: weaving, knitting, embroidery, carpets, etc.

Schedule: June to September.

#### Centre d'art Diane-Dufresne



Repentigny, 11, allée de la Création 450 470-3010 • ville.repentigny.qc.ca/cadd

This venue for visual arts and crafts presents up-and-coming and professional artists, as well as local, provincial, national and international artists. Its presentations include contemporary art, with an emphasis on art for the general public featuring themed exhibitions that focus on popular culture. The shop offers original works of art and reproductions. Please note there will be admission fees for summer exhibitions.

**Schedule:** Open year-round, Wednesday to Sunday.

#### Maison Louis-Cyr



Saint-Jean-de-Matha, 215, rue Sainte-Louise 450 886-1666 • maisonlouiscyr.com

Step into the world of the strongest man of all time, at an ancestral home that was occupied by Louis Cyr and his family: the Maison Louis-Cyr. Learn about the fascinating story of the man who was considered the world's strongest man in his time and whose exploits have never been equaled, even 150 years after his birth! Take advantage of your visit to discover our various temporary exhibitions.

Schedule: June 24 to Labour Day, Tuesday to Sunday. May to June and September to October, Friday to Sunday. Rest of the year, by appointment.

#### Maison du Fléché Bélanger

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Sainte-Marcelline-de-Kildare, 810, 10e Rang Sud 450 883-5438

Guided tour of the permanent exhibition "Une passion, une identité, une ceinture fléchée" and the dye and textile plant gardens: history and artefacts of arrowhead sashes during Lanaudière's and North America's glory years. Workshops: arrowhead sash, wool spinning, artisanal bread and natural wool dyeing (in summer). Place of research and for passing on traditions. Shop and covered picnic area.

Schedule: June to October, Wednesday, Thursday and Friday, 1 pm to 4:30 pm. October to May, by appointment only. Workshops on weekends.

#### Maison d'histoire de Terrebonne



Terrebonne, 148, rue Saint-André 450 492-7477 • shrt.qc.ca

The Historical Society of Terrebonne invites you to see its exhibition *Une histoire de Terrebonne en photos* depicting the history of the area. The house also offers guided tours, activities, a documentation centre and publications related to local history and heritage.

Schedule: Wednesday to Sunday, 1 pm to 9 pm.

By appointment the rest of the year.

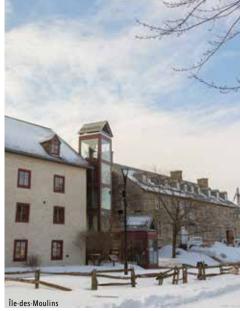
#### Musée de l'Île-des-Moulins



Terrebonne, Intersection of Des Braves and Saint-Pierre streets
450 492-5514 • iledesmoulins com

The Île-des-Moulins museum complex comprises three historical buildings that house permanent and temporary exhibitions: the Maison Bélisle, Seigneurial Office and Moulin neuf. A witness to nearly 300 years of history, the museum preserves and showcases the items in its collection and passes on historical knowledge through exhibitions, interpretation and other activities.

Schedule: Open year-round.









# Concerts halls and theatres

#### Centre culturel de Joliette (CCJ)

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Joliette, 20, rue Saint-Charles-Borromée Sud 450 759-6202 ● spectaclesjoliette.com

The Cultural Centre in Joliette (CCJ) is one of the leading presenters of shows in Lanaudière, using different venues including the Salle Rolland-Brunelle. You'll find internationally acclaimed artists as well as up-and-coming and local artists performing in various theatrical formats (studio theatre, cabaret, armchair). The CCJ offers a diverse program: comedy, song, theatre, classic, young audience, etc. **Schedule**: Open year-round.

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#### Sinfonia de Lanaudière

L'Assomption, 270, boulevard de L'Ange-Gardien 450 589-5621, #1101 • sinfonia-lanaudiere.org

This versatile professional symphony orchestra has been a part of the region's musical effervescence for the past 25 years. With conductor Stéphane Laforest, it has helped democratize music through top quality concerts with the greatest performers in classical and popular music. Celebrations and concerts are offered year-round along with its regular season at the Théâtre Hector-Charland, Théâtre du Vieux-Terrebonne and Centre culturel de Joliette.

Schedule: Open year-round.

#### Théâtre Hector-Charland

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L'Assomption, 225, boulevard l'Ange-Gardien 450 589-9198 • 1 877 589-9198

#### hector-charland.com

A must-see theatre in the Lanaudière region located in the heart of the town of L'Assomption. More than 300 shows are presented each year. The Théâtre Hector-Charland offers a cross-cultural program combining music, dance, theatre, song, comedy and film, as well as summer theatre and musical revues in the warmer months. Its air-conditioned 664-seat hall is both comfortable and intimate.

Schedule: Open year-round.

[ad. p.43]

#### Café culturel de la Chasse-galerie



Lavaltrie, 1255, rue Notre-Dame 450 586-9569 • chasse-galerie.ca

The Café culturel de la Chasse-galerie is a solidarity cooperative that started up in June 2006. Since then more than 150 shows are presented every year on the stage of this small establishment, which has taken a leading role in the Quebec performing arts scene. The charming 19th century stable setting makes for an original location and the always courteous staff offers a warm welcome. **Schedule**: Open year-round.

#### Les jeudis Musik'Eau - 11th edition



Notre-Dame-des-Prairies, Parc des Champs-Élysées 450 759-7741 • notredamedesprairies.com

Open-air concerts are held on Thursdays in **August** (9, 16 and 23, 2018) at 7 pm in the enchanting setting of Parc des Champs-Élysées. Don't miss this 3-day event: come and make some great musical discoveries. Complete program will be posted on the city's website. Refreshments and food available onsite. Shows are held rain or shine; bring your own chair. Free parking nearby.







THIS SUMMER IN L'ASSOMPTION!





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#### Un été tout en culture à Saint-Donat

Saint-Donat, 490, rue Principale 819 424-2833 • 1 888 783-6628

tourismesaint-donat com

Throughout the summer, the municipality of Saint-Donat presents over 15 free outdoor shows in the Parc des Pionniers and the Place de l'Église (church). The program includes performances by a variety of renowned, emerging and local artists as well as a few outdoor movie showings. Schedule: June 30 to September 1, 2018.

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#### Les mardis d'août

Saint-Paul, Parc Amyot, 150, rue Royale 450 759-4040, #228 • saintpaul.guebec

Every Tuesday in August, come discover Quebec artists performing free outdoor shows. Performances last from 60 to 90 minutes, starting at 7:30 pm. Bring lawn chairs! In case of rain, performances will take place in the Complexe communautaire at 20 Brassard Boulevard, in Saint-Paul.

#### Théâtre du Vieux-Terrebonne - TVT

Terrebonne, 866, rue Saint-Pierre 450 492-4777 • 1 866 404-4777

theatreduvieuxterrebonne.com

Located in the heart of the historical quarter, the Théâtre du Vieux-Terrebonne (TVT) is one of Quebec's principle presenters of multi-genre productions (winner of 9 Félix awards). Its main hall, the Salle Desjardins, has a 656-seat capacity. The TVT also offers intimate shows in the Salle du Moulinet, a bistro-style café with 116 seats, located on Île-des-Moulins. Schedule: Open year-round.

[ad. p.7]



# Pilgrimages and religion

#### Centre marial Marie-Reine-des-Cœurs

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Chertsey, 1060, avenue du Lac-Beaulne 450 882-3065 • smrdc-chertsev.com

Come meditate on the mountain and on our trails Whether you visit alone, with your family or in a group, the space and tranquility are yours to appreciate. Our pilgrimage route takes you over the mountain to the five chapels. The Virgin Mary welcomes you and leads you to Jesus. Come pray to God in all the beauty of His creation.

Schedule: Open year-round. Pilgrimages, May to October. Souvenirs, picnic areas, June to September.

#### Abbaye Val Notre-Dame



Saint-Jean-de-Matha, 250, chemin Montagne-Coupée 450 960-2889 • abbayevalnotredame.ca

The Abbaye Val Notre-Dame is situated at the foot of the Montagne Coupée, on a forested plateau overlooking the L'Assomption River, in Saint-Jean-de-Matha. Since 2009, it has been home to a community of 24 Cistercian monks from the Abbaye d'Oka. **Schedule**: Open year-round, church open to all. [ad. p.77]

## Guided cultural tours

#### Mystères dans Lanaudière



mysteresdanslanaudiere.ca

"Mysteries in Lanaudière" is a mobile app that includes 9 mystery and heritage circuits in Lanaudière that can be followed on foot or by car. A fun and enriching activity for the whole family, accessible to children aged 6 to 12. Enjoy solving puzzles, finding clues and uncovering the identity of the mystery person with help from a friendly ghost and his two friends! Available on Google Play and in the App Store. In French only.

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#### Services touristiques Sylvie Gagnon

450 474-6419 • 1 866 489-0229

decouvertelanaudiere.com

Discover Lanaudière in a group! Turnkey one-day packages in the region for organized groups, combining heritage, cultural and agritourism themes. Planning of guided tours: site visits, activities, meals and talks with a costumed historical character accompanying you throughout. Tours available in English. **Schedule**: Open year-round.

#### Churches from Chemin du Roy

#### mrcautray.qc.ca

Take a tour of church squares and bell towers! The County of Autray invites you to visit its churches. Come discover architectural jewels, magnificent works of art and fascinating stories. Tour guides await you to share a multitude of stories about these heritage treasures. **Schedule**: June 23 to September 2, Wednesday to Sunday, 10 am to 4 pm.

## Circuit virtuel du patrimoine de Mascouche (SODAM)

Mascouche, 2906, chemin Sainte-Marie 450 417-1277 • sodam.qc.ca

2 virtual tours of historical Mascouche available on the mobile app BaladoDécouverte.Explore the ancestral streets of the village of Mascouche at your own pace, discovering historical facts, anecdotes, sites and people who contributed to making the village what it is today. To access the tours, visit our Website.

### Festival de peinture à Mascouche

Mascouche, 450 474-4133, #2730 festival peinture mascouche.com

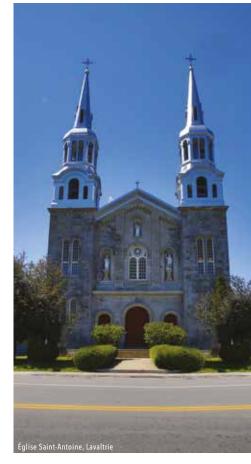
Active year-round, the painting festival offers a range of courses, developmental workshops, talks and activities related to the visual arts and promotion of artists. The major event of the year, Rendez-vous, held annually on Labour Day weekend, is a fixture in Lanaudière.

#### Circuit patrimonial de Saint-Esprit

Saint-Esprit, 21, rue Principale 450 831-2114 • saint-esprit.ca

We invite you to take a tour of the heritage circuit in Saint-Esprit, a municipality of 2,000 inhabitants in the heart of Montcalm County in Lanaudière. Stroll around the streets on your own with the brochure Notre héritage, notre avenir (our heritage, our future) as your guide! To obtain the brochure, stop by the municipality on a weekday, or view it online: saint-esprit.ca, under the heading "Circuit patrimonial." Schedule: Open year-round.

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#### Parc des Cultures

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Saint-Jacques, 100-A, rue Saint-Jacques (behind the church)

450 839-3671 • st-jacques.org

Covering an area of 2 hectares, the Parc des Cultures is a multifunctional park located in the heart of Saint-Jacques municipality, a recognized Acadian community. The park showcases Acadian history and heritage through numerous outdoor public art pieces, a commemorative monument and magnificent, colourful themed gardens. A variety of cultural activities are offered, including shows and the annual Arts Symposium.

Schedule: Open year-round, 6 am to 11 pm.

## Circuit Patrimonial Ville de Saint-Lin-Laurentides

Saint-Lin-Laurentides, 704, rue Saint-Isidore 450 439-3130, #7275 ● saint-lin-laurentides.com

On foot or on a three-wheel electric scooter, come explore the town of Saint-Lin-Laurentides, formerly Saint-Lin-Lachenaye (1807), created from the merger of the municipalities of Saint-Lin (1863) and Ville-des-Laurentides (1883). Discover our history and heritage buildings that have known some of Canada's most famous historical figures. Cross the bridge over the river and let us tell you about the legend of "the mermaid of the Achigan River." Duration 55 minutes.

**Schedule**: On scooter, June 23 to September 8, every Saturday (weather permitting) 9:30 am to 3:30 pm. On foot, reservations required, July 2 to August 31, 9 am to 6 pm.

#### Circuits patrimoniaux de Saint-Michel-des-Saints

Saint-Michel-des-Saints, 521, rue Brassard 450 833-1334 • haute-matawinie.com

Discover the "Our History" Tour by Madeleine St-Georges, self-taught painter. Canvases conveying the history of the village based on themes relating to the site, displayed in 14 businesses or public spaces. Guided tours by the artist (\$) available upon reservation. "Historical markers," research and texts by Gilles Rivest, Professor of History. These describe the history of the village and certain buildings. Some twenty of them are located outdoors in various locations throughout the village.

Schedule: Open year-round.

#### Le Vieux-Terrebonne se raconte



Terrebonne

Explore the streets of Vieux-Terrebonne, discovering over 18 points of interest showcasing the city's history. In a question and answer format, including narration, this walking circuit of approximately 2 hours offers many beautiful sights of heritage buildings, picturesque streets and the Milles Îles River. Download the "BaladoDécouverte" app at the Google Play Store or the App Store.

## Aboriginal tourism

#### Tourisme Manawan

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Manawan

819 971-1190 • voyageamerindiens.com

Tourism Manawan, whose mission is to develop authentic, fair tourism highlighting the rich culture of the Atikamekw, offers 2-night stays at a traditional site, including many outdoor activities with professional Atikamekw guides. The Matakan site, located on an island in the vast 61 km long Lake Kempt, invites those seeking unique travel experiences and interactions to stay in a teepee.

**Schedule**: Stays from May to October and January to March.

#### Amishk Aventures Amérindiennes

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Saint-Calixte, 3025, 8° Rang Est 418 802-5191 • aventuresamerindiennes.ca

Located deep in the forest of Montcalm Regional Park, Amishk Aventures Amérindiennes is an aboriginal site offering an authentic view into the nomadic Amerindian nations of Quebec. Named Best Tourism Enterprise of 2017 in Quebec. Open three seasons of the year, we offer all-inclusive stays of 1 or 2 nights: teepee or prospector tent, Amerindian guide, hiking, canoeing or kayaking, craft workshop and traditional meals. **Schedule**: Mid-May to early November and mid-December to mid-March, daily.

# Multimedia experience

#### Statera expérience

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Sorel-Tracy, 127, rue du Traversier 450 846-2958 ● stateraexperience.com

Statera is an immersive multimedia experience in three parts taking place on the shores of the archipelago of Lac Saint-Pierre in Sorel-Tracy. First, an interactive circuit immerses visitors in the elements of nature: air, fire, water and earth. Next, a projection on a 360° dome showcases the natural and industrial influences that have shaped the region over the centuries. Finally, a cruise to take in the legendary beauty of the Îles de Sorel. A mythical world celebrating the region's balance between nature and industry. **Schedule**: May to October.

[ad. p.8]







## Canoes/kayaks

## The St. Lawrence Water Trail & the Route bleue des voyageurs

sentiermaritime.ca

Follow the Water Trail through the regions of Laval, the Laurentians and Lanaudière, exploring large bodies of water, ecosystems of a surprising diversity and the rich and eventful history of the picturesque villages that have shaped these shores. Eight 20 km scions are accessible, including three in Lanaudière between Terrebonne and Saint-Sulpice. Boat rentals: terrebonnemascouche.com/routebleue

#### Circuit canotable Chasse-galerie

L'Épiphanie, 260, rue Notre-Dame 450 588-6828 • lepiphanie.ca

Drawing its name from the legend of French-speaking North America, the Chasse-galerie canoeing circuit offers visitors a true nature experience, just a few kilometres from Montreal. Take an 8-km trip by canoe, kayak or pedal boat on the L'Achigan River, starting from the dam (intersection of Routes 339 and 341). Rent boats by the day, half-day or hour. Rest stop with amenities and picnic tables also provided.

Schedule: June to September.

#### Au Canot Volant

Saint-Côme, 2058, rang Versailles 450 883-8886 • canotvolant.ca

We have been organizing canoeing and kayaking trips for the whole family on the crystal clear waters of the L'Assomption River for the past 15 years. Guided or self-guided river descents, games of seek and find on the river for children, picnic areas, swimming in shallow water. Also available: courses in canoeing, swiftwater rescue and wilderness first aid. Come and have fun on the water with us! **Schedule:** Daily, from mid-June to Labour Day; every weekend from May to September.



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#### Anyone operating a motor boat must carry proof of competency.

#### Parc de la Rivière - Groupe Plein Air Terrebonne

Terrebonne, 2740, 40° Avenue 450 471-1933 • gpat.ca

In summer, Parc de la Rivière offers many water sports: rental of canoes, kayaks, paddleboards and rabaskas, plus river descents starting from Bois-des-Filion. Other activities include: a nine-basket disc golf course, golf, several archery targets and a GPS rally. Come have fun in an enchanting setting where you can also take in the beautiful fauna and flora of a protected ecosystem.

Schedule: Weekends from June 2 to 17; daily from June 23 to September 3.

## Water sport equipment rentals

#### Centre nautique Courant Marin

Saint-Gabriel-de-Brandon, 356, rue Nadeau 450 835-7175 • courantmarin.net

Water sports centre and estate located directly on the municipal beach at Lac Maskinongé, beautiful lake, 20 km around, has many sandy beaches. Rent water sport equipment and take lessons, one-off or as part of a package with activities that can include: stand-up paddleboard (SUP), canoe, pedal boat, kayak, windsurfing, sailing, motor boat, water skiing or wakeboarding tours. Family package, all activities included. Schedule: June to September.

#### Marina au Soleil Couchant

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Saint-Michel-des-Saints, 145, chemin du Lac Taureau 450 833-5571 • marinaausoleilcouchant.com

Discover the majestic Lac Taureau, a huge lake with 54 islands and beautiful white sand beaches. Come enjoy fishing, camping, various water sports, rentals of rowboats, pontoon boats, canoes, kayaks and docks. Rates by the day and season; gasoline sold onsite; permits and fishing tackle. Boat towing service.

#### Auberge du Lac Taureau



Saint-Michel-des-Saints, 1200, chemin Baie-du-Milieu 450 833-1919 • 1 877 VACANCE • lactaureau com

Come enjoy the Lac Taureau reservoir! A wide range of activities is available, so you can make the most of this immense 95 sg. km. body of water. Kayaks, canoes, pedal boats and paddleboards available on site. Life jackets included for both children and adults. Rental of sea-doos, pontoons and rowboats also available. New: canoe-camping, kayak-camping, with an overnight stay in a hut. Schedule: Resort open yearround. Water sports equipment available from June 15 to October 15, depending on water level. [ad. back cover]

## Cruises and excursions

#### Traverse Sorel-Tracv Saint-Ignace-de-Loyola

Saint-Ignace-de-Loyola, 117, chemin de la Traverse 1877 787-7483, #4 • traversiers.com

Discover a beautiful way to enjoy a break by bike, motorcycle or car, taking a relaxing river ferry. Explore the other shore, where splendid scenery and agritourism circuits await you. Get ready to enjoy the Berthier and Sorel islands, La Sauvagine bike paths and the Berthier Islands circuit. Plus, this summer, children age 15 and under can cross for free.

Schedule: Open year-round.

[ad. p.53]

## Croisières patrimoniales sur le fleuve Saint-Laurent

Wharf: Repentigny

280, rue Notre-Dame (Parc Saint-Laurent)

**Information:** 450 841-3264 Récréotourisme Repentigny

Reservations and ticket office: 450 589-9198, #5

Théâtre Hector-Charland recreotourismerepentigny.com

Discover the rich Repentignois heritage and the beauty of the St. Lawrence River on a two-hour heritage cruise. Led by an experienced, knowledgeable guide, you'll learn about the history of Repentigny and the surrounding area, the nearby islands and main attractions. Since the boat is covered, departures take place rain or shine. **Schedule:** Every Monday, from July 2 to August 6.

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## Water park

#### Complexe Atlantide

Saint-Calixte, 11 155, route 335 450 222-5225 •complexeatlantide.ca

Young children will enjoy hours of fun at the Atlantide family campground. The pirate ship, water games and Maya house are perfect for cooling off. Have fun splashing around in the many water games! Enjoy family activities galore in the most beautiful spot on the North Shore.

## Public beaches

#### Rawdon municipal beach

Rawdon, 3304, 8e Avenue 450 834-2596 • rawdon.ca

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## Saint-Alphonse-Rodriguez municipal beach

Saint-Alphonse-Rodriguez 250, avenue Lac-Pierre Nord 450 883-2264 • 1 877 883-2264 • munsar.ca

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#### Maria-Goretti and Bosco beaches

Saint-Charles-Borromée, 249, chemin du Golf Est 450 759-3362 • st-charles-borromee.org

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## Saint-Donat municipal beach parc des Pionniers, Lac Archambault

Saint-Donat, 14, chemin Hector-Bilodeau 819 424-2833 ● 1 888 783-6628

tourismesaint-donat.ca

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[ad. p. 9]

## Saint-Gabriel-de-Brandon municipal beach

Saint-Gabriel-de-Brandon, access by avenue du Parc 450 835-2105 • ville.stgabriel.gc.ca

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## An informed golfer reserves before appearing on site.

#### Pointe-Fine beach, Parc régional du Lac Taureau

Saint-Michel-des-Saints
450 833-1334 • parcsregionaux.org
\$ [3] Para [ad. p.63]

#### Baie-du-Milieu camping beach, Parc régional du Lac Taureau

Saint-Michel-des-Saints 450 834-7750 • parcsregionaux.org

\$ **S** [ad. p.63]

#### Havre Familial - Centre de plein air

Sainte-Béatrix, 1085, rang du Havre-Familial
450 883-2271 • 1 888 883-2271 • havrefamilial.com

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#### Sainte-Émélie-de-l'Énergie municipal beach

Sainte-Émélie-de-l'Énergie, Parc de la rue Robillard 450 886-3823 • ste-emelie-de-lenergie.qc.ca Se S P →



### Golf

#### Club de golf de Berthier

Berthierville, 1480, Grande-Côte

450 836-4811 • 1 877 836-4811 • golfberthier.com

Total number of holes: 27 Normal: 36 Length (yards): 6800 Services: 3 X

#### Club de Golf de Crabtree

Crabtree, 1039, chemin Archambault 450 754-2662 • golfdecrabtree.com

Total number of holes: **18** Normale: **72** Length (yards): **6136** Services: **S**XP

#### Club de golf de Joliette

Saint-Charles-Borromée (Joliette) 221, chemin du Golf

450 753-7459 • golfjoliette.ca

Total number of holes: **18** Normal: **72** Length (yards): **6729** Services: **⑤** ★ **?** 

#### Club de golf L'Épiphanie

L'Épiphanie, 200, chemin du Golf 450 588-2234 • golfdelepiphanie.com

Total number of holes: 18 Normal: 72 Length (yards): 6219 Services: ⑤ ✗奈

#### Club de golf Rawdon

Rawdon, 3999, Lake Shore Drive 450 834-2320 • 1 800 363-8655

golfrawdon.com

Total number of holes: **18** Normal: **73** Length (yards): **5926** Services: **S** X



## An informed golfer reserves before appearing on site.

#### **Golf Saint-Donat**

92, route 329, Saint-Donat 819 424-2658 • 1 888 424-2658 golf-st-donat.com

Total number of holes: **18** Normal: **72** Length (yards): **6303** Services: **S** X

#### Club de golf Saint-Jean-de-Matha

Saint-Jean-de-Matha, 2650, route Louis-Cyr (route 131)

450 886-9301 • 1 866 391-9301

cvc-lanaudiere.com

Total number of holes: **18** Normal: **72** Length (yards): **6163** Services: **S X** 

#### Club de golf Montcalm

Saint-Liguori, 1800, chemin Nadeau 450 834-6981 • 1 800 363-2772 qolfmontcalm.qc.ca

Total number of holes: 36 Normal: 72

Length (yards): 6523 Services: 

Services

#### Centre de golf Le Versant

Terrebonne, 2075, côte Terrebonne 450 964-2251 • golfleversant.com

Total number of holes: 72 Normal: 72

Length (yards): **7103** Services: № 🦈 🗈 🗴

#### Club de golf Terrebonne

Terrebonne, 3555, chemin Martin 450 477-1817 • golfterrebonne.ca

Total number of holes: **36** Normal: **72** Length (yards): **6795** Services: **S** X

## Cyclo-tourism

#### Route verte dans Lanaudière

Repentigny to Saint-Barthélemy 1 800 567-8356 • routeverte.com

Length: **82 km**, paved off-road bike path, paved off-road bike path, unmarked bike route on roadway, paved designated shared roadway.

Difficulty: ● ■

#### Réseau cyclable de la MRC de Joliette 🥻 🎄

450 752-5566 • tourismejoliette.com

Length: **175 km**, paved off-road bike path, paved shoulder, bike lane, crushed stone off-road bike path, paved designated shared roadway.

Difficulty: ●

#### Circuit cyclable des Îles de Berthier

Saint-Ignace-de-Loyola, La Visitation-de-l'Île-Dupas, Saint-Barthélemy, Maskinongé, Saint-Cuthbert, Sainte-Geneviève-de-Berthier et Berthierville 450 836-6019

Length: **80 km**, paved off-road bike path, bike lane, paved designated shared roadway.

Difficulty: ●



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VRSÉ (vélo de route Sainte-Émélie)

Lenght: Over 100 km, designated road,

450 886-3823 • velo-ste-emelie.com

Circuit cyclable des Îles de Berthiei

paved shoulder
Difficulty: ■ ◆

#### **Difficulty**

• : Easy ■ : Intermediate • : Difficult

#### Véloroute des Moulins

益意 参校

Mascouche, Terrebonne 450 964-0681 • 1 866 964-0681

tourismedesmoulins.com

Length: **120 km**, paved off-road bike path, paved shoulder, bike lane, paved designated shared roadway,crushed stone off-road bike path.

Difficulty: ●

Cycling paths in Saint-Donat

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819 424-2833 • 1 888 783-6628

tourismesaint-donat.com

Lenght: **650 km** across 12 circuits Bike lane, paved shoulder

Difficulty: ● ■ ◆ [ad. p.9]

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## Karting

#### SRA Karting international

Saint-Roch-de-l'Achigan, 270, rue Ludger-Rochon 450 588-5622 • srakarting.com

Outdoor, lit-up 1.2 km karting track, rentals for individuals and groups, driving school and races. Reservations necessary for groups. Must be at least 12 years old.

**Schedule**: Spring (late April/early May) and fall (September and October), schedule may vary depending on weather (visit our website for details). Summer, daily from 1 pm to 10:30 pm. Closed when it rains.

### ATV

#### Association quad région Lanaudière

450 752-9541 • atvcountry.ca

Association quad region Lanaudière is a grouping of the six ATV clubs in the area: these clubs maintain more than 1,200 km of trails for ATVers. To plan your next ride, visit our website.

#### Moto Ducharme

Joliette, 761, chemin des Prairies 450 755-4444 • motoducharme.com

We are a family business at your service since 1961. We offer recreational products such as Honda, Kawasaki, Polaris and Victory. We also offer previously-owned vehicles, trailers, clothing, parts, service, accessories and rentals. Accessible via ATV and snowmobile trails.

#### Joliette Récréatif

Notre-Dame-des-Prairies (Joliette), 536, route 131 450 755-4316 • 1 866 781-7616 iolietterecreatif.ca

Dealership for used motorcycles and ATVs with nearly 150 vehicles of different makes for every need and budget. Retailer of new CFMOTO vehicles (ATVs and side-by-sides). Exclusive offers in the region on vehicle rentals. Parts department, maintenance and repair and storage service. Stay up to date on our upcoming move.

Horaire: Open year-round, except Sunday.

# Motosport complex and race track

#### Mécaglisse Québec

Notre-Dame-de-la-Merci, 1253, chemin Dufresne 819 424-3324 • mecaglisse.com

Come discover a one-of-a-kind motor sports complex in Quebec. An ideal place for your corporate event, to take a driving course or practice your favourite motor sport among friends. Car driving lessons on road courses, lessons for rallying, winter and off-road driving, sport bike lessons, bike and ATV enduro track, lapping days. Summer or winter, you'll have a great time! **Schedule**: January to March and May to October.



## Treetop

#### Arbraska, la forêt des aventures

Rawdon, 4131, rue Forest Hill 450 834-5500 • 1 877 886-5500

arbraska com/rawdon

Enjoy some good laughs and be proud of yourself as you tackle the circuits in the trees. Brave the rope bridges, lianas, climbing nets, Tyroliennes and test your limits on our circuits of different skill levels. Explore the forest with a GPS and solve our mysteries! Climb Mont Pontbriand on our Via Ferrata (safe rock climbing routes) and admire the breathtaking Lanaudois scenery. Reservations strongly recommended. Ages 5 to 65. Schedule: April to October 2018.

## Horseback riding

#### Domaine Sam-Calm

Rawdon, 6125, chemin Vincent-Massey 450 834-8388 • samcalm.com

Discover the pleasures of horseback riding on our 220-acre site. With or without experience, come enjoy a unique and personalized horseback riding adventure in a safe environment. Everyone receives a 15-minute introduction to horseback riding and to their horse. Led by an experienced guide, one or two-hour rides are offered to groups of 2 to 8 people. An introduction to horseback riding is also available to children under 10 years old. Schedule: Open year-round, upon reservation only.



# Parachuting and tours by air

#### École de parachutisme Voltige

Notre-Dame-de-Lourdes (Joliette) 4680, rue Principale 450 752-0385 • 1 877 865-8443 parachutevoltige.com

Guillaume Lemay. Thivierge invites you to come share the thrill of parachuting at Voltige, in Joliette. Tandem jumping is the ideal way to start parachuting and experience an adrenaline-filled free fall. Fly to 4,000 m (13,500 ft.) and enjoy great views of the magnificent Lanaudière scenery.

#### **ULM Québec**

Saint-Cuthbert, 3000, route Bélanger 514 502-6525 • ulmquebec.ca

Located in the municipality of Saint-Cuthbert, near Montreal, the Centre aérorécréatif ULM Québec is an eco-friendly resort and relaxation centre offering a host of activities that will give you a bird's eye view. Explore the skies of Lanaudière aboard an ultralight aircraft with an experienced pilot, who can personalize the experience to your preferences.

Flights: Open year-round, weather permitting, from sunup to sundown

**Centre:** Variable – check the events calendar on our Facebook page.

#### Parachute Montréal

Saint-Esprit, 29, route 125 450 839-1111 • 1 877 727-2685 parachutemontreal.ca

Parachuting at its best and true adrenaline rush, Parachute Montreal welcomes you to its location, just 30 minutes from Montréal, on the North Shore at Saint-Esprit. First experience? Try a tandem jump. 20 minutes of preparation and you're there, 4,000 m up (13,500 ft.). Attached to the harness of your instructor who takes care of everything, all you have to do is immerse yourself totally in the experience! There's nothing like it! **Schedule**: May to October.

## **Parks**

#### Parc régional de la Forêt Ouareau

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Notre-Dame-de-la-Merci, 2007, chemin du Massif Info: 819 424-1865 • 1 866 484-1865 Réservation: 450 883-2730 • 1 866 266-2730 parcregionaux.org

Your access to the best of nature just one hour from Montréal. Summer or winter, come and enjoy everything the regional park has to offer, to just relax or to practice outdoor activities. Hiking, mountain biking, snowshoeing, cross-country skiing, hut rentals, rustic camping, canoe-kayaking, rock-climbing. [ad. p.63]

#### Parc des Cascades

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Rawdon, 6669, route 341 450 834-2596 ext. 7160 • rawdon.ca

Situated on the Ouareau River upstream from Lac Pontbriand, the Parc des Cascades is a peaceful place where you will be lulled by the sound of the streams flowing over the rocks. Our many waterfalls form a delightful backdrop for those who love nature, sunshine and fresh air.

#### Parc des chutes Dorwin

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Rawdon, 3074, route 337 (1<sup>re</sup> Avenue) 450 834-2596 ext. 7160 • rawdon.ca

Dorwin Falls Park is an attractive, relaxing site that will delight nature-lovers with its spectacular waterfall, lookout points, flora interpretation trails and playgrounds surrounded by century-old trees. Come explore our eco trails, taking in the rich biodiversity of the site. Our new explanatory guide, available at the welcome centre, will help you to identify the various plants you see along the way. [ad. p.63]

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#### Parc régional de l'Île-Lebel 🕺 🎎 🛣 🗞 🦃

Repentigny, 396, rue Notre-Dame 450 841-3264 ● parcilelebel.qc.ca

In the heart of Repentigny bordering the St. Lawrence River, this park is a 15.7-hectare haven of peace. Its 3-km pedestrian trail is ideal for walking or running. Strength training and exercise modules, picnic areas and games for children, pétanque (a type of lawn bowling) and seasonal tourist information office. The park is also a beautiful place for bird watching. Dogs on leash accepted. [ad. p.51]

#### Parc régional de la Chute-à-Bull \$ \$ 1

Saint-Côme, access by road 343 and rang des Venne 450 883-2730 • 1 866 266-2730 stomelanaudiere ca

Whether hiking or snowshoeing, come explore the mountain and admire the spectacular panoramic view from the lookout point. Feast your eyes on the majestic 20 m high waterfall and learn about the history of the log drive. Stay overnight at one of our three well-equipped huts.

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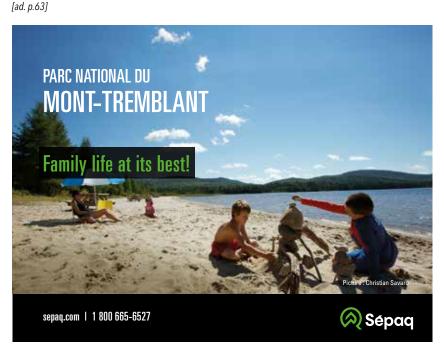
L'Assomption sector \$
Saint-Côme, access by road 343

18 km North of Saint-Côme.

La Pimbina sector
Saint-Donat, access by road 125
11 km North of Saint-Donat.

819 688-2281 • 1 800 665-6527 • sepaq.com

1510 km² of protected land at your fingertips! The park offers hundreds of kilometres of trails of all types so you can discover its beautiful landscapes. Prefer water-based activities? Paddle in a peaceful environment on one of the numerous lakes and rivers or simply come and enjoy our many sandy shores. In winter, the Pimbina sector is a true paradise for snowshoeing and Nordic skiing.



#### Parc régional du Lac Taureau 🛙 🖇 🎎 🛦 🏯

Saint-Michel-des-Saints

Reservation: 450 883-2730 • 1 866 266-2730

parcsregionaux.org

One of the largest bodies of water within easy reach of Montreal, Lac Taureau is an immense reservoir of 95 km². Its beaches, outstanding camping sites and many wild coves make it an ideal place for enjoying water sports and exploring nature. *[ad. p.63]* 

#### Parc régional des Sept-Chutes

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Saint-Zénon, 4031, route 131 450 884-0484 • parcsregionaux.org

In northern Lanaudière, amidst unspoiled nature, enjoy some 12 kilometres of hiking trails atop Mount Brassard and Mount Barrière at an altitude of nearly 700 m (2,000 feet). Spectacular views await you at the various lookout points.

[ad. p.63]





## Wildlife reserves/ ZEC's

#### Beauréal Réserve Naturelle

\$ (2) \$

Sainte-Julienne, 2777-A, chemin McGill (head office) 450 831-4267 or 514 992-3886 • beaureal.ca

On this protected natural site, you'll discover the Beauréal lookout and its observation point 218 metres up; a family fun trail in the trees (low height); the Halte des Pins (rest and picnic area); as well as interpretive and puzzle trails. Get back to nature, on your own or with the family, on our protected territory!

Schedule: Open year-round.

## Réserve écologique des Tourbières de Lanoraie

\$

Lanoraie, Chemin de Joliette 450 836-1851 #4 • aflanaudiere.org

Very few ecological reserves are accessible to the general public. Discover the flora and fauna of this very special ecosystem with tours provided by the Lanaudière forestry association. Spring and early summer are the best times to visit: the plants and trees are coming into bloom, and the colours are magnificent. Groups of 10 to 15 max.

Duration: 90 min.

**Schedule**: May to September. Reservations required.

#### Réserve faunique Mastigouche

※ ↑ 急 炒 金 ▲ 命 毋

Mandeville and Saint-Zénon

819 265-2098 • 1 800 665-6527 • sepag.com

Located not far from major urban centres and straddling the Lanaudière and Mauricie regions, the wildlife reserve offers a highly diverse natural environment you can reach via a well-maintained road system. In addition to traditional fishing and hunting, you can explore the natural beauty of the land through hiking and canoe-camping... an ideal getaway.

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#### Réserve faunique Rouge-Matawin



Saint-Michel-des-Saints 450 833-5530 • 1 800 665-6527 • sepaq.com

Divided between the regions of Lanaudière and the Laurentians, the reserve is a place with a well-defined dual personality. Two drainage basins adjacent to Mont-Tremblant National Park feed water to the reserve, giving it two distinct characters: to the west is the Rouge River and its offshoots where thrive speckled trout, and to the east is the Matawin River and its tributaries teeming with northern pike.

#### ZEC Boullé



Saint-Michel-des-Saints, 2371, chemin Manawan 450 756-4761 • reseauzec.com

Located north of Saint-Michel-des-Saints on the Manawan road, ZEC Boullé offers nature-lovers a wealth of activities, including hunting, fishing, canoe-camping, canoeing, kayaking, ATV riding, berry picking and hiking.

#### ZEC Collin



Saint-Michel-des-Saints, 8370, chemin Brassard 450 833-5195 • reseauzec.com

Whether you feel like camping, taking a vacation, hiking, wild berry picking, canoe-camping, ATV riding, fishing or hunting, the ZEC Collin offers a warm welcome for enjoyable getaways of all sorts!

#### 

Saint-Zénon, 541, rang de L'Arnouche 450 884-5521 • zeclavigne.com

A territory famous for its abundance of game and 176 lakes, less than an hour from Joliette and two hours from Montreal. It covers an area of 405 km² and has a 150 km road network. One of the most frequented ZEC's per km² in Quebec, ZEC Lavigne offers 13 cabin rentals (European Plan) in the Saint-Zénon sector. The territory is accessible via four welcome centres located in Notre-Dame-de-la-Merci, Saint-Côme, Saint-Zénon and Saint-Michel-des-Saints.







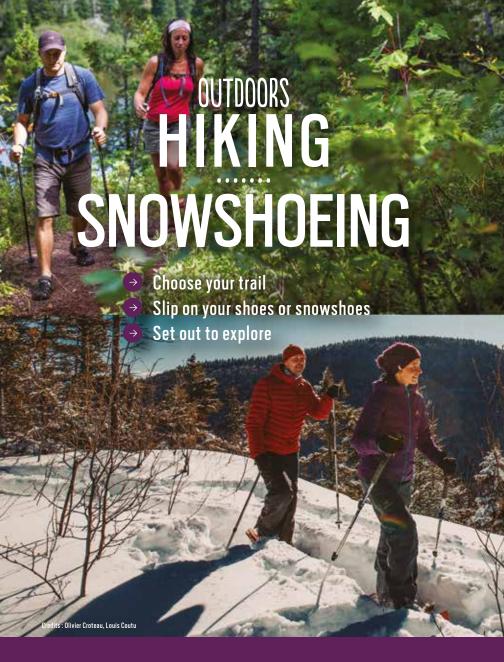


## Hiking

		Trails		
Difficulty  • : Easy ■ : Intermediate • : Difficult  Trails	Total Lenght (km)	Difficulty	Access period	Services
SCIRBI - La Visitation-de-l'Île-Dupas Access to trail by road 158 (rue de Bienville), on leaving Berthierville toward Sorel/ Saint-Ignace-de-Loyola 450 836-4447 • scirbi.org	10	•	Open year- round	<b>₩</b> 🛣
Pépinière Villeneuve L'Assomption, 951, rang de la Presqu'île 450 589-7158 ◆ pepinierevilleneuve.com	3	•	May to October	# <b>₹</b>
Parc régional des chutes du Calvaire Mandeville, access by chemin des Cascades 450 835-2055 • mandeville.ca	4	•	Open year- round	## <b>\$</b>
Les Sentiers du Lac en Cœur Mandeville, access by chemin du Lac-Long 450 835-2055 • mandeville.ca	:	10	Open year- round	共青集
Parcs régionaux de la Matawinie [ad. p.63] Camping and refuges booking 450 883-2730 • 1 866 266-2730 • parcsregionaux.org Sentier national en Matawinie 819 424-1865 • 1 866 484-1865	180	•	Open year- round	# <b>ተል</b> §ሷ\$
Parc régional de la Forêt Ouareau Chertsey, Notre-Dame-de-la-Merci 819 424-1865 • 1 866 484-1865	120	:	Open year- round	## <b>*</b> \^\_\_
Parc régional des Chutes-à-Bull Saint-Côme 450 883-2730 • 1 866 266-2730	6	•	Open year- round	##12\$
Parc régional des Sept-Chutes Saint-Zénon 450 884-0484	12	•	Open year- round	## <u>0</u> \$\$
Parc régional du Lac Taureau Saint-Michel-des-Saints	6	•	Open year- round	# <b>#</b> &\$

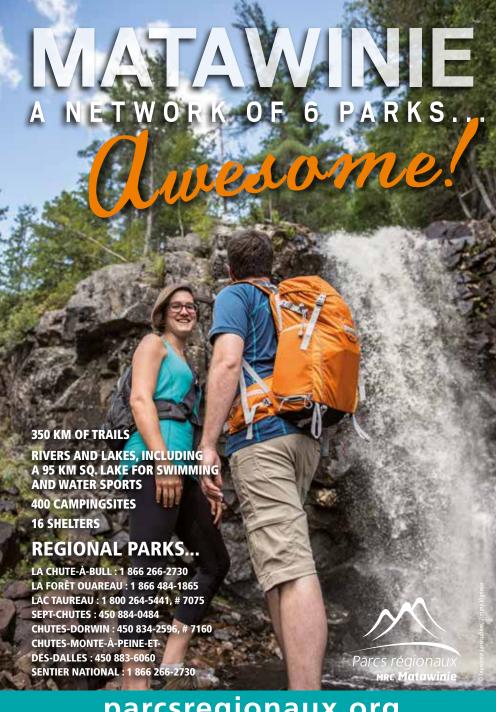
## Hiking

		Trails		
Difficulty  • : Easy ■: Intermediate • : Difficult  Trails	Total Lenght (km)	Difficulty	Access period	Services
Chalets Lanaudière Rawdon, 8082, chemin du Lac-Morgan 450 834-6383 • 1 877 834-6383 • chaletslanaudiere.ca	19	•	Open year- round	<sup>?</sup> ∓# डि <i>1</i> टं\$
<b>Tournée des cantons de Rawdon</b> Rawdon, 4567, rue du Mont-Pontbriand tourneedescantons.com	20	•	May to October Closed during hunting season	£\$
Parc national du Mont-Tremblant [ad. p.57] Saint-Côme, L'Assomption sector 819 688-2281 ◆ sepaq.com/monttremblant	15	•	Mid-May to October	#▲\$•♠
Parc national du Mont-Tremblant [ad. p.57] Saint-Donat, La Pimbina sector 819 688-2281 • sepaq.com/monttremblant	27	•	Open year- round	<b>〒☆☆</b>
Sentiers municipaux de Saint-Donat 819 424-2833 • 1 888 783-6628 tourismesaint-donat.com [ad. p.9]	204	•	Open year- round	井 <b>市</b> 立 <b>立</b> ま
Les Sentiers Brandon Saint-Gabriel-de-Brandon, 1726, rue Dequoy 450 835-5872 ◆ lessentiersbrandon.com	25	:	Free Year- round In Winter (3\$)	井 <b>州</b> ⑤凸 <b>☆ \$</b>
Parc régional des chutes Monte-à- [ad. p.63] Peine-et-des-Dalles Saint-Jean-de-Matha, 440, rang Sainte-Louise & Sainte-Béatrix, 561, rang des Dalles Sainte-Mélanie, 60, avenue de la Champs-Vallon & 450 883-6060 • parcdeschutes.com	17	•	May to October	# <b>#</b>
Sentiers de Sainte-Émélie-de-l'Énergie Junction of Route 131 and Rang 4 (towards Saint-Michel-des-Saints) 450 886-3823 • ste-emelie-de-lenergie.qc.ca	12	•	Open year- round	A#\$
Grande boucle Zen'Nature Corporation de développement de Saint-Zénon 450 421-4145 • bouclezen-nature.org	65	:	April to Sept. 25	<b>Å</b> X∆∓



lanaudiere.ca/hiking • lanaudiere.ca/snowshoeing





parcsregionaux.org



## Sliding

#### Chalets Lanaudière

Rawdon, 8082 chemin du Lac-Morgan 450 834-6383 • 1 877 834-6383 chaletslanaudiere.ca

Lots of winter activities await you at Chalets Lanaudière. Four tubing slides are available day and evening. Outdoor enthusiasts can also enjoy skating, snowshoeing (7 km) and cross-country skiing (15 km). Various lodging types available onsite: cottages, yurts and cabins for getaways as a couple, with the family or in a group. Come have some winter fun! Schedule: Open year-round.

#### Ski Montcalm

Rawdon, 3294, rue Park (route 125) 450 834-3139 • 1 800 387-2038

skimontcalm.com

Enjoy some winter thrills at our snow tubing park! Includes 2 slides for young children, 4 fast slides and 1 extreme slide. Come have fun in a safe environment, with no line-ups! Warm up in our newly expanded lodge or enjoy a delicious hot chocolate in our bistro-café. We look forward to seeing you!

Schedule: January to March 2018.

#### Tube slides at parc Saint-Jean-Bosco

Saint-Charles-Borromée, 249, chemin du Golf Est 450 759-3362 • st-charles-borromee.org

\$ (\$)

Located in the magnificent Saint-Jean-Bosco Park, our snow tubing slopes are the perfect excuse for a school or family outing. Come enjoy a memorable experience. Several activities available for free. Bring your own equipment and come skate on a rink, slide on our natural slopes, or enjoy snowshoeing, cross-country skiing and skate skiing. **Schedule**: Weekends, school breaks and public holidays, 10 am to 4:30 pm. School groups: weekdays, upon reservation.

#### Super Glissades de Saint-Jean-de-Matha

Saint-Jean-de-Matha, 2650, route Louis-Cyr 450 886-9321 • 1 866 391-9301 glissadesurtube.com

Our 27 trails await you: the first slope has tube slides for the whole family, including tots. The second slope is for the more daring, with its Rafting, Cyclone and High-speed Train trails. 66 km of cross-country ski trails, snowshoe trails and carousels for the little ones. You can also skate and enjoy a horse-drawn sleigh ride. Accommodation on-site, and rentals of cottages and condos. **Schedule**: Winter, daily. Holidays, Spring Break and weekends, extended hours.

rou can also skate and enjoy a norse-drawn sleigh ride. Accommodation on-site, and rentals of cottages and condos. **Schedule**: Winter, daily. Holidays, Sprir **dule**: January to March 2018.

Rou can also skate and enjoy a norse-drawn sleigh ride. Accommodation on-site, and rentals of cottages and condos. **Schedule**: Winter, daily. Holidays, Sprir Break and weekends, extended hours.

64 lanaudiere.ca Credit: Louis Coutu

#### Havre Familial - Centre de plein air Sainta-Réatriy 1085 rang du Havre-Familial

Sainte-Béatrix, 1085, rang du Havre-Familial 450 883-2271 • 1 888 883-2271 • havrefamilial.com

Come try one of our two tubing slopes in a beautiful natural setting. With the family or in a group, Le Havre Familial guarantees you hours of fun! Other activities: free skating, hockey, broomball, snowshoeing, cross-country skiing and hebertism on snow. All the above-mentioned activities are included in the admission price. **Schedule**: Open year-round.

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#### Centre de la Côte boisée -Groupe Plein Air Terrebonne

Terrebonne, 1150, côte Boisée 450 471-1933 • gpat.ca

In winter, our more than 50 certified ski or snowboard instructors introduce local youngsters to winter sports. Many snow tubing slopes as well as cross-country ski, snowshoe and fatbike trails are also available on site. In summer, the site draws cycling enthusiasts – our mountain bike circuit has hosted several regional and provincial competitions.

Schedule: December 2<sup>nd</sup>, 2018 to March 18, 2019.



## Ice skating

#### Patinoire de la rivière L'Assomption

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Joliette, 100, rue Fabre Notre-Dame-des-Prairies, 44-B, avenue des Champs-Élysées 450 759-5013 • festiglace.ca

Locker rental, skate sharpening, coffee. Lace up your skates and discover Quebec's longest skating rink on river! Glide the 9 km of trails in a truly enchanting atmosphere. Accessible in 10 places.

Schedule: Daily, conditions permitting, 9 am to 5 pm

## Trails on the lake and Rawdon Municipal Rink (Lac Rawdon)



Rawdon, 8e Avenue 450 834-2596, #7160 • rawdon.ca

Come enjoy the great outdoors! Rawdon offers a magnificent groomed ice skating trail on Lac Rawdon: 2.5 km of skating, walking and fun in an enchanting setting. The park also offers sliding, snowshoeing, a hockey rink, leisure skating and warm-up chalets. Starting point for snowshoe and cross-country skiing trails. **Schedule**: 9 am to 10 pm. Variable depending on weather conditions. Weekdays: 4 pm to 10 pm with supervision. Trail not lit up.

## Skating, sliding and snowshoeing at l'Île-Lebel



Repentigny (parc de l'Île-Lebel) 450 841-3264 • parcilelebel.gc.ca

There are fun winter activities every day for the whole family in this snowy wonderland alongside the St. Lawrence River! Put on your skates in the heated trailer and glide along the 1 km lit-up ice trail, with music. Lit-up sliding slope with a vertical drop of nearly 10 m. Hiking and snowshoeing trails. Snowshoe rental service.

[ad. p.51]

## Forest skating trails in Saint-Donat (parc des Pionniers)

Saint-Donat, 17, chemin Hector-Bilodeau 819 424-2833 • 1 888 783-6628

tourismesaint-donat.com

Parc des Pionniers, in the heart of the village of Saint-Donat, is the perfect place for winter activities: a forest skating trail lit up in the evening, two outdoor skating rinks, sliding for children and groomed trails for cross-country skiing and snowshoeing. The heated pavilion offers rentals for skates, cross-country skis and snowshoes. **Schedule**: December 20 to March 8, weather permitting. [ad. p.9]

#### L'écluse de l'Île-des-Moulins

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Terrebonne, intersection of Des Braves and Saint-Pierre streets 450 492-5514 ◆ iledesmoulins.com

The natural ice rink on the frozen lock of Île-des-Moulins is in the heart of the heritage quarter of Vieux-Terrebonne. Musical atmosphere, rink lit up in the evening and heated changing rooms accessible every day. Opening of rink depends on weather conditions. Check on ice conditions in real time at our website before setting out. Access to the skating rink is free.



To discover our snowmobile trails and packages visit snowmobilecountry.ca

## Snowmobile

#### Snowmobile Clubs

(consult also snowmobilecountry.ca)

Club motoneige Saint-Donat Saint-Donat, 819 424-7988 • motoneigestdonat.com

Club de motoneige régional Saint-Gabriel-de-Brandon (S.G.B.L.) 450 835-2600

Club motoneige Bon-Air Saint-Lin-Laurentides, 450 439-1247 clubbon-air.qc.ca

#### Location Mastigouche



Mandeville, 991, rang Mastigouche 450 835-1767 • locationmastigouche.com

Snowmobile rentals and guided snowmobile rides. **Schedule**: Open year-round.

#### Grégoire Sport

Notre-Dame-de-Lourdes, 2061, route 131 450 752-2201 • 1 800 791-2442 • gregoiresport.com

Yamaha and Arctic Cat dealer. Our professional team will help make your ride a memorable one. Sales, parts and accessories, service.

Schedule: Open year-round, except Sundays.

#### Lapointe Sports

Notre-Dame-des-Prairies (Joliette), 576, route 131 450 752-1224 • 1 800 754-8899 • lapointesports.com

The largest Bombardier Recreational Products centre in Lanaudière with an indoor showroom of 150 new and used vehicles. Sales of snowmobiles, personal watercraft, Spyders, ATVs, side-by-side vehicles, fishing boats, pontoons, trailers, outboard motors, parts, clothing and accessories, maintenance and repair, Spyder rentals. **Schedule**: Open year-round, except Sunday.

#### Sport et Marine MV

Saint-Donat, 1108, rue Principale 819 424-3433 • st-donat.com/my

Rentals of Yamaha snowmobiles (almost 40 machines available). Also, sale of used snowmobiles, parts and service. Specializing in Yamaha products.

#### Sports St-Donat

Saint-Donat, 681, rue Principale 819 424-2244 • st-donat.com/skidoo

Rentals of Bombardier snowmobiles, located directly on the trail. Parking and gasoline available on site. Sales, repairs and service of snowmobiles and ATVs. Authorized Bombardier dealer.

#### Les Motoneiges Géro

Saint-Jean-de-Matha, 2050, route Louis-Cyr 450 886-3362 • motoneigesgero.com

Rentals and sales of Bombardier snowmobile products. Located directly beside the Trans-Quebec 63 trail. We have the most modern repair shop in Quebec, and the largest parts inventory in Lanaudière. More than \$300,000 worth of original Ski-Doo parts in stock.

#### Location de motoneiges Haute-Matawinie

Saint-Michel-des-Saints, 190, rue Brassard 450 833-1355 • 1 800 833-6015

locationhautematawinie com

With a fleet of 200 Ski-Doo snowmobiles, updated each year, Location Haute-Matawinie, pioneer and world leader in snowmobile rentals, offers a unique experience to its thousands of customers. We are situated in northern Lanaudière, with direct access to the trails.







## Dogsledding

#### Laforce Expédition

Lanoraie, 189, rang du Cavreau 450 917-1248 ◆ laforce-expedition.com

Come share our love for dogs with an out-of-theordinary family activity. Located in Lanoraie, approximately 40 minutes from Montreal, we offer dogsledding rides with experienced guides or the chance to drive your own dog team. Trails are groomed daily for maximum safety. Different landscapes so you can explore Lanaudière's natural treasures.

#### Kinadapt - Centre de formation et d'entraînement

Rawdon, 1800, chemin Laurin 450 834-4441 • kinadapt.com

Just 50 minutes from Montreal, learn with our Alaskan huskies how to effectively lead your own dog team or ride with a guide through the mountains and woods. A variety of packages are available for day or nighttime excursions. Various activities throughout the seasons with our certified guides and trainers: dogsledding, skijöring, canicross, mountain biking, fat biking, hiking, cross-country skiing, boot camp and sports training.

**Schedule**: Open year-round, reservations required.

#### Les Aventures Liguoriennes

Saint-Liguori, 179, 5e Rang 450 834-1387 • cell.: 450 750-2305

aventuresliquoriennes.com

In the heart of Lanaudière, at Saint-Liguori, we invite you to come and experience winter another way: dogsledding! Accompanied by an expert guide and in complete safety, let us drive you, or drive your own team of Alaskan huskies along our trails. Enjoy a ride of 25 to 40 km, day or night, through some beautiful landscapes.

#### Aventure chien de traîneau

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\$ 18.

Saint-Michel-des-Saints, 1160, rue des Aulnaies 450 803-4146 • aventurechiendetraineau.com

On your own or in a group, enjoy a memorable dogsledding excursion! Our varied trails criss-cross through the heart of the forest. We offer an authentic dogsledding experience and invite you to help us prepare your dog team. Open since 1995, Aventure chien de traîneau is delighted to share its extensive experience and love for dogs, all in a safe environment. A must-try if you love wide open spaces and nature. **Schedule**: Daily in winter, reservations required.

#### Évasion Nature • Expéditions K9

Saint-Michel-des-Saints, 1521, rue des Aulnaies 450 833-1462 • chiendetraineauauquebec.com

Let our dogs bring out your spirit of adventure as you glide along the many kilometres of wild and scenic trails in Lanaudière. Go for a few hours or for several days – it's completely safe for the whole family with our qualified guides.



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## Downhill skiing

	tain				
Lifts: A: Chairlift B: Ski tow C: Rope tow D: Gondola lift E: Magic carpet  Difficulty: ●: Easy ■: Intermediate ◆: Very difficult ◆◆: Extreme  Ski resort	Total number of trails (lighted)	Vertical drop (m)	Ski lift	Difficulty	Services
Ski Montcalm Rawdon, 3294, rue Park (route 125) 450 834-3139 • 1 800 387-2038 • skimontcalm.com	24	150	A5 B2 E1	• 7 ■11 • 6	\$ <b>X</b>
Ski Val Saint-Côme Saint-Côme, 501, chemin Val Saint-Côme 450 883-0701 • 1 800 363-2766 • valsaintcome.com	37 (8)	300	A3 B1 E1	• 9 ■13 •11 ••4	হ S X 1‱
Ski Mont-Garceau Saint-Donat, 190, chemin du Lac Blanc 819 424-2784 • 1 800 427-2328 • skigarceau.com	32	305	A2 E1	• 9 ■ 7 • 9 • • 7	s <b>x</b> ⊕
Centre de ski Mont la Réserve Saint-Donat, 56, chemin du Mont-La-Réserve 819 424-1373 • 1 877 424-1373 • skilareserve.com	40	305	A2 E1	• 9 ■ 8 •12 ••11	÷ § Χ



# Cross-country skiing and snowshoeing

	Snow- shoeing			Cross-country skiing				
Difficulty:  ●: Easy ■: Intermediate ◆: Difficult  Trails	Total Length (km)	Total number	Difficulty	Total Length (km)	Total number	Difficulty	Skating	Services
Camp familial St-Urbain Chertsey, 1651, chemin de Chertsey 450 882-4719 • 1888 882-4719 • campfamilial.org	10	4	•					<b>∻</b> §∰
Chez Ti-Jean ski de fond L'Épiphanie, 825, rang Petit Saint-Esprit 450 588-5980 • erablieredautrefois.com	10	3	:	34	7	•	✓	s X
Chalets Lanaudière Rawdon, 8082, chemin du Lac-Morgan 450 834-6383 • 1 877 834-6383 chaletslanaudiere.ca	5	5	:	15	5	•		<b>前奈叶</b>
Ski Montcalm Rawdon, 3294, rue Park (route 125) 450 834-3139 • skimontcalm.com	13	6	•					ХĦ
Tournée des cantons de Rawdon Rawdon, 3999, chemin Lakeshore tourneedescantons.com	10	8	•	40	16	•		x
Saint-Côme municipal trails Information : Tourist office of Saint-Côme Saint-Côme, 1661-A, rue Principale 450 883-2730 • 1 866 266-2730 stcomelanaudiere.ca	18	9	•	12	8	•		∆.¥ ន
Parc national du Mont-Tremblant Saint-Donat, La Pimbina sector [ad. p.57] 819 688-2281 • sepaq.com/monttremblant	47	6	•	45	4	•		ኞ § ♣
Saint-Donat municipal trails Saint-Donat [ad. p.9] 819 424-2833 • 1 888 783-6628 • saint-donat.ca	173	21	•	173	21	•		∆ਜ
Saint-Félix-de-Valois municipal trails Saint-Félix-de-Valois, 600, chemin Joliette 450 889-5589 • st-felix-de-valois.com				5	3	•	✓	

# Cross-country skiing and snowshoeing

	Snow- shoeing			Cross-country skiing				
Difficulty:  ●: Easy ■: Intermediate ◆: Difficult  Trails	Total Length (km)	Total number	Difficulty	Total Length (km)	Total number	Difficulty	Skating	Services
Les Sentiers Brandon Saint-Gabriel-de-Brandon,1726, rue Dequoy 450 835-5872 • lessentiersbrandon.com	8	8	•	22	7	•	✓	១≓∆
Ski Montagne-Coupée Saint-Jean-de-Matha 220, chemin de la Montagne-Coupée 450 886-3845 • skimontagnecoupee.com	20	6	•	73	11	•	✓	এ¦∻ X ্ট
Ski de fond Lanaudière Saint-Jean-de-Matha 2650, route Louis-Cyr 1866 391-9301 • skidefondlanaudiere.com	4	2	:	45	7	•	✓	§ <b>X</b> ∻
Havre Familial - centre de plein air Sainte-Béatrix, 1085, rang du Havre-Familial 450 883-2271 • 1 888 883-2271 havrefamilial.com	13	9	:	30	6	•		डा∰४३होस
Parcs régionaux de la Matawinie 450 883-2730 • 1 866 266-2730 parcsregionaux.org [ad. p.63]								
<b>Sentier national en Matawinie</b> 819 424-1865 • 1 866 484-1865	180	1	•					<u>u</u>
Parc régional de la Forêt Ouareau 819 424-1865 • 1 866 484-1865	52	6	•	26	9	•		D.
Parc régional de la Chute-à-Bull 450 883-2730 • 1 866 266-2730	6		:					<u>v</u>
Parc régional des Sept-Chutes Saint-Zénon • 450 884-0484	12	6	•					p
Groupe Plein Air Terrebonne Terrebonne,1150, côte Boisée 450 471-1933 ◆ gpat.ca	25	2	•	25	2	•	✓	≣∆⊀ទ



## Pick your own

#### Vignoble du Vent Maudit

Berthierville (Sainte-Geneviève-de-Berthier) 690, rang Saint-Esprit 450 803-2503 • ventmaudit.com

A unique activity in Lanaudière! Come and pick your own table grapes: seedless red, blue and green. You'll be surprised by their delicious, sweet taste. Right in the vineyard, we have a stand offering sweet corn, garden vegetables, processed products and grapes already harvested. Cash only. **Schedule**: All of September. Visit our website for the official opening date.

#### Ferme Cormier

L'Assomption, 160, rang de l'Achigan 450 589-5019 • fermecormier.com

Welcome to the Cormier family farm now in its 9<sup>th</sup> generation. Come discover the warm and friendly atmosphere of our land, located in L'Assomption. Stock up on fresh fruits and vegetables as well as our homemade products: pies, jams, soups, etc. Enjoy a tractor ride during pick-your-own strawberries, pumpkins and squash season and come see our animals. **Schedule**: May to August, daily, 8 am to 8 pm. September and October, daily. Schedule may vary – visit our website before heading out.

#### Bleuetière Asselin

Lanoraie, 296, rang Saint-Henri 450 887-1983 • bleuetiere.com

For an unforgettable family activity, come pick your own blueberries and raspberries in an enchanting Lanaudière setting. Also, enjoy our homemade products: jams, pies, etc.

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**Schedule**: About July 10 to August 31. In case of rain, call before heading out.

#### Fraises Gaétan Roy

Lanoraie, 1015, chemin Joliette 450 887-0893 • fraisesroy.com

Here's a delightful idea for an outing! Come taste our berry varieties and seasonal vegetables as well as our delicious homemade products, while having fun picking your own raspberries throughout the summer. A warm welcome awaits you! We take Interac and speak English. Follow us on Facebook!

Schedule: Early June to mid-September, daily.

72 lanaudiere.ca Credit: Jimmy Vigneux

#### Bleuetière Point du jour

Lavaltrie, 330, rang Point-du-Jour Sud 450 586-0598 • petits-fruits.com

Bring the family and pick your own blueberries, raspberries and fall strawberries while sitting on a small stool and relaxing in the countryside, or buy them already picked. Super antioxidant foods. Sale of jams, honey, ketchup and frozen products.

Schedule: Mid-June to mid-October (call ahead to check opening hours).

#### Ferme Bourdelais

Lavaltrie, 250, rang Point-du-Jour Sud 450 586-2036 ◆ facebook.com/FermeBourdelais

Enjoy picking your own berries with family and friends? Come to our family farm this summer! We grow different varieties of raspberries and blueberries for self-picking. Children will enjoy seeing the ducks and chickens in the pasture. At our produce stand you will find black raspberries, jams, maple products from our maple grove and our popular homemade pies.

Schedule: Late June to late August: daily, 8 am to 7:30 pm; except Saturday, 8 am to 6 pm.

September: Thursday to Sunday, from 10:30 am to 7 pm.

Blueberries: July 7 to September 4.

Raspberries: July 4 to September 24.

#### Ferme Richard Desmarais et filles

Notre-Dame-de-Lourdes, 4450, rue Principale 450 753-3396 • fermedesmarais@live.ca

Make the most of those peaceful summer mornings by picking your own raspberries. In fall, you can also pick your own pumpkins. Come buy your fruits and vegetables directly from us at our farm stand. You'll find in season strawberries, raspberries, blueberries, corn, yellow and green beans, pickles, tomatoes, carrots, squash, eggplants and leeks. Farm stand open daily. **Schedule**: Pick your own raspberries, July to mid-August, daily before noon. Pick your own pumpkins, late September to late October, Saturday and Sunday.

#### Ferme Guy Rivest

Rawdon, 1305, chemin Laliberté 450 834-5127 • fermeguyrivest.com

Experience the pleasure of picking your own strawberries with family or friends, as well as a tractor ride (on weekends, free). Play area for children and a small chicken coop. On site: sale of fresh fruits and vegetables, homemade pies, strawberry wines and spirits, jams, marinades, fruit pearls and regional products. Call for more information.

**Schedule**: Strawberry picking, about June 24 to July 24, 8 am to 8 pm. Shop: June 1 to September 15. Rest of the year, by appointment only.

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#### La Ferme Perron

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Saint-Jacques, 2477, rang Saint-Jacques 450 839-6706 • lafermeperron.com

La Ferme Perron invites you to come pick your own raspberries and strawberries. From our stand: fruits, vegetables, corn, homemade products, honey, maple syrup. **Schedule**: Mid-June to mid-September.

#### Ferme J.L. Leblanc

Saint-Jacques, 1475, rang du Bas-de-l'Église Sud 450 839-2956 • fermejlleblanc@videotron.ca

The J.L. Leblanc farm has been welcoming visitors to its stand for more than 50 years. Have fun picking your own berries in a friendly family atmosphere. Pick your own strawberries: charged per litre.

**Schedule**: About June 10 to July 18, daily. In case of rain, please call before heading out.

#### Qui sème récolte!

Saint-Jean-de-Matha, 291, rang Saint-Guillaume 450 886-1504 • quisemerecolte.com

Qui sème Récolte! = orchard + cider house + maple grove + oil producer. From late August to mid-October, come pick your own apples. See our Facebook page for more details on apple picking (25 varieties, schedule, etc.). At our farm shop, all products are derived from our own crops (ciders, juices, jams, caramel, oil). New this year: maple syrup sweetened kombucha!

Schedule: Varies depending on the season. Pick your own: generally August to October, Saturdays.
Shop: from maple sugar time to the Holiday Season.

#### Bleuetière Royale

Saint-Thomas, 511, rang Brûlé 450 756-6569 • petits-fruits.com

Pick your own berries, not far from Montreal! Bring the family! Fill your container while sitting comfortably on a small stool. Also available at our fruit stand: strawberries, raspberries and blueberries. Sale of products: jams, honey and ketchup.

Schedule: July to Labour Day. Call ahead for opening hours.

#### Bleuetière G. Beaulieu

Sainte-Mélanie, 1160, 2e Rang 450 803-2504 • 450 803-2593 suzelle55@hotmail.com

Come with family or friends to pick your own blueberries – they're delicious. Don't have time to pick your own? Buy some at our stand. Take the opportunity to try our griottes (slightly sour cherries), new to Lanaudière. Suzelle and Gaétan will give you a warm welcome. **Schedule**: Mid-July to late-August, daily, 8 am to 5 pm.

#### La Courgerie

Sainte-Élisabeth, 2321, rang Grand Saint-Pierre 450 752-2950 • lacourgerie.com

The squash and pumpkin experts invite you to come pick your own produce! Our talented gardeners will share with you their passion for cooking and gardening. Come pick your own squash and pumpkins amid a fabulous autumn setting, wheelbarrow and shears provided. You'll find hundreds of varieties in our barn, plus cooking tips! The farm also offers guided tours through the fields (weekends), an interpretation area and a shop.

**Schedule**: September and October, Thursday to Monday, 10 am to 5 pm. Shop: November to Christmas, Saturday and Sunday, 10 am to 5 pm.

## Bakers and chocolate makers

#### Délices d'Antan

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Berthierville, 446, rang de la Rivière-Bayonne Sud 1 866 980-0548 • delicesdantan.com

Berthier's famous potato donuts! In addition to our decadent potato donuts in a variety of flavours, our artisanal bakery offers a wide range of prepared meals and marinades. You'll also find fresh bread, regional products, cheeses, honey and homemade sausages. Don't miss out!

Schedule: Open year-round, every day.

#### Chocolaterie Choco Chocolat

Joliette, 69, rue Saint-Barthélemy sud 450 755-5535 • chocochocolat.ca

A family owned business dedicated to the artisanal production of chocolate goodies. You'll find a variety of unique gift ideas. Take advantage of your visit to try our speciality: fine chocolates available in over 40 flavours. Or, treat yourself to some homemade marshmallows, sponge toffee or salted caramel spread! Come visit us and see the artisans at work.

Schedule: Open year-round.



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#### La Grigne Boulangerie

Joliette, 351, rue Saint-Charles-Borromée Nord 450 394-4656 • lagrigne.ca

An artisanal bakery located on one of Joliette's main arteries, La Grigne specializes in the baking of savoury original breads made with specially-chosen flours.

#### Chocolaterie Le Cacaoyer

L'Assomption, 190, rue Sainte-Anne 450 589-9990 • lecacaoyer.com

A unique traditional chocolate shop where coffee beans are transformed into delectable chocolate. The shop is overflowing with delicious treats! Try our French macarons, desserts, sea salt caramel, gelato and ice cream dipped in chocolate and the best hot chocolate in the world. An absolute must!

Schedule: Saturday to Wednesday, 9:30 am to 6 pm; Thursday and Friday, 9:30 am to 8 pm. Summer: daily from 9:30 am to 8 pm.

#### La Rawdonnoise

Rawdon, 3669, rue Queen 450 834-5013

Artisanal bakery, breads, pastries and chocolate shop.

#### La Fournée du Pain d'Épices

Saint-Jean-de-Matha, 2181, route Louis-Cyr (route 131) 450 886-2542 ◆ paindepice.org

Artisanal workshop of cookies and other spice bread products, interpretation centre, café and shop. Founded in 1999, this charitable organization is dedicated to quality education for all children. Cooking, reading and cultural activities are offered to children and their parents. Have fun learning about spices and making lasting memories with the family!

**Schedule:** May to October, Wednesday to Sunday; November to April, Saturday and Sunday.









## Outlets for regional produces and public markets

#### Ferme Jocelyn Urbain

L'Assomption, 407, rang du Bas-de-L'Assomption Sud 514 926-2481 • fermejocelynurbain.ca

Enjoy a free visit to our stable and sheep barn, and stop by our shop at the lamb farm.

**Schedule:** Shop open year-round, Wednesday to Sunday, 1 pm to 6 pm, as well as free visits.

#### Domaine Nasenka

L'Assomption, 160, montée Sainte-Marie 438 830-6007 • domainenasenka.com

The Nasenka farm invites you its Scottish Highlands retreat. Visit our shop for antlers, skins, bones for dogs, salsa, Scottish stew, chili, various cuts of meat. Looking forward to welcoming you!

#### Ferme Régis

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Notre-Dame-des-Prairies, 40, rang de la 2° Chaloupe 450 755-4905 ◆ fermeregis.com

Ferme Régis is the only open-air seasonal market of its size in a rustic setting in Lanaudière. The farm offers fresh fruits and vegetables, deli meats and cheeses, Quebec microbrewery beers, local products and much more. **Schedule**: April to October, daily.

#### Les Sucreries des Aïeux

Rawdon, 3794, chemin Kildare 450 834-4404 • gleveille.bro@hotmail.com

Maple butter, candy, caramel, jelly, chocolate, soft breads, firm breads, maple sugar pies and maple taffy. **Schedule**: Open year-round, except Sunday.

#### Domaine des Trois Gourmands



Saint-Alexis, 293, La Petite Ligne 450 831-3003 • 514 513-3329 • 3gourmands.com

Raw and processed farm products, such as guinea fowl, Highland beef, rabbit, maple and local regional products. **Schedule**: June 24 to September 30, Wednesday to Sunday, 10 am to 4 pm. Rest of the year, by appointment only.

#### Nect'Art de Fleurs

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Saint-Ambroise-de-Kildare
1020, chemin Kildare (route 348)
450 752-2218 • nectartdefleurs com

All our products are homemade: caramels, chocolates and jams. Maple products and by-products, popcorn, cotton candy. Gift shop, tastings and garden.

Schedule: National Patriots' Day (Victoria Day) until December 31, daily. Rest of the year, by appointment.

#### Magasin de l'Abbaye Val Notre-Dame

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Saint-Jean-de-Matha, 220, chemin Montagne-Coupée 450 960-2891 • 1 877 960-2891

abbayevalnotredame.com

Our store offers products made at the Abbaye (caramel, peanut butter, chocolate, cakes) as well as products from other abbeys and a selection of local products. Also, religious items and religious bookshop. Hiking trails (free): 15 km.

Schedule: Open year-round.

[ad. p. 77]



#### Oliveraie Stavropoulos

#### - La Belle Excuse

Saint-Liguori, 1430, rang Lépine 450 760-2855 • labelleexcuse.com

Treat your taste buds to delicious La Belle Excuse gourmet products, including extra virgin olive oil that comes from our lands in Greece. Our shop also features LOLO products, a natural skincare line for babies. **Schedule:** June 24 to Thanksgiving, daily. Rest of the year, by appointment only. See our website more information.

#### Alimentation D.M. St-Georges

Saint-Michel-des-Saints, 110, rue Brassard 450 833-1313

A Provigo grocery store located in Saint-Michel-des-Saints, open year-round. Available: hot chicken, fries, salads, sandwiches and individually wrapped items for lunch boxes, including fresh sushi on Thursdays! We have special sections for local and gluten-free products. **Schedule:** Open year-round.

#### Miel Morand

Saint-Thomas, 510, rang Saint-Charles 450 755-6178 • mielmorand.com

You'll be enchanted with our fine honey-based gourmet products: pure non-pasteurized honey, vinaigrettes, caramel and honey-based dark chocolate, mustards and more. Discover a multitude of flavours and recipes and enjoy our variety of Lanaudière country produce. **Schedule**: Open year-round.

#### La Courgerie

Sainte-Élisabeth, 2321, rang Grand Saint-Pierre 450 752-2950 • lacourgerie.com

Located inside the family farm's beautiful ancestral home, the shop offers a unique shopping experience where squash is featured in a variety of forms: jams, marinades, pastries and other treats. Open on weekends in November and December: Christmas is orange! You'll be impressed by the originality of our site. In September and October, the farm also offers: pick your own squash, guided tours of the fields (weekends) and an interpretation area.

**Schedule**: September and October, Thursday to Monday, 10 am to 5 pm. November to Christmas (shop only), Saturday and Sunday, 10 am to 5 pm.

#### Simon Turcotte, Confiturier

Sainte-Marcelline-de-Kildare, 531, rue Principale 450 883-3926 ◆ simonturcotte.com

Fine artisanal jams and mustards, fine groceries, local produce, fair-trade coffee, fine teas. Tour and tasting for groups upon reservation. **Schedule**: June 24 to Labour Day, Tuesday to Sunday. The rest of the year, please check our website.

#### Miel de Chez Nous

Sainte-Mélanie, 1391, rang Pied-de-la-Montagne 450 889-5208 • miel.qc.ca

Country shop, hive observation, interpretation centre (in a century-old house). Products: honey, honey caramel, chocolate, vinaigrettes, ketchup, fruit honey. Free tasting. Unguided tour anytime, guided tour upon reservation. **Schedule:** Open year-round, Wednesday to Sunday.



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## Sugar shacks

#### Sucrerie du Domaine

Chertsey, 280, chemin Domaine des Chutes 450 882-4851 • sucreriedudomaine@outlook.com

This luxury sugar shack offers a truly unique experience where you can enjoy exquisite gourmet meals in a friendly atmosphere. Bring your own wine and beer. Food-truck smokehouse, themed seasonal menus, turnkey events, gourmet shop on site.

**Schedule:** Open year-round. Reservations required. See website for details.

#### Cabane à sucre Osias

Saint-Alexis-de-Montcalm, 160, rang de la Petite-Ligne 450 839-7650 • cabaneosias.com

Family-oriented rustic sugar shack. Open for Christmas events and during sugaring-off time. A friendly spot with delicious local products.

Schedule: Sugaring-off time: March and April, daily, reservations required.

#### Cabane à sucre des Sportifs

Saint-Esprit, 400, rang Montcalm 450 839-3283 • cabaneasucredessportifs.com

Traditional food, giant slides (flying saucer and rocker), wagon tours of dairy farm, tours of maple syrup works, pitching machine, music and dancing. **Schedule:** Weekdays: lunch only. Weekend: lunch and supper.

#### L'Érablière L'Art de vivre

Saint-Esprit, 165, rang des Continuations 450 839-7123 • erabliereartdevivre.com

At Érablière Art de Vivre, traditions merge with the magic of the artistic world. As soon as you arrive, the large outdoor fire that welcomes you is coupled with a glass of wine or hot chocolate. You will then discover a unique space redefining the concept of the sugar shack, a gallery in the heart of the forest. In addition to gourmet menus, the Érablière l'Art de Vivre offers a wide range of activities to please both young and old, including outdoor recreational and indoor artistic activities.

#### L'aKabane



Saint-Esprit, 248, rang des Continuations 450 839-6105 • 1 800 230-6105 • lakabane.ca

Mini farm, horse-drawn carriage rides, walking trail, tour of maple syrup works, maple produce shop, talks, music and dancing.

Schedule: February 28 to May 1, daily.

Weekdays: upon reservation.

#### Cabane à sucre Constantin Grégoire

Saint-Esprit, 184, rang des Continuations 450 839-2305 • 1 877 839-2305

constantin-gregoire.gc.ca

All-you-can-eat meals served at the table, all-you-caneat taffy on snow, walking trail, mini farm, children's swings and slides, dancing at all times and singer on Saturday nights, horse-drawn sleigh rides, explanation of maple sap transformation process.

Schedule: February 18 to April 30, daily. March and April, daily, except Monday and Tuesday, dinnertime.

#### Sucrerie du Rang Double

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Saint-Lin-Laurentides, 1782, rang Double 450 439-7830 • sucreriedurangdouble.com

Meals made entirely on-site, two sittings per day to enjoy at your leisure in a very friendly atmosphere. Tours of maple grove and production facilities, shop selling homemade maple products, folk music, horse-drawn carriage rides. Cash, MasterCard, Visa accepted. **Schedule**: March and April, upon reservation.

#### Au sentier de l'érable

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Sainte-Julienne, 440, rang Montcalm 450 831-2472 • 1 888 831-2472

ausentierdelerable.com

Taffy on snow, music and dancing at all times, guided tour of the maple grove for groups (Monday to Friday, 11:00 am to 4:00 pm), wagon or tractor rides, children's games and mini farm.

**Schedule:** Maple sugar time, daily, upon reservation.

## Cheese makers

#### Fromagerie Du Champ à la Meule

Notre-Dame-de-Lourdes, 3601, rue Principale 450 753-9217 ◆ champalameule.com

We have been making highly-renowned cheeses from Lanaudière Holstein cows' milk for more than 20 years. Come taste our famous Victor & Berthold, Le Fêtard, Les Métayères, our all-new Le Tison and many other surprises.

**Schedule:** June 24 to September 1, daily. Rest of the year, Tuesday to Sunday.

#### Fromagerie Rov

Rawdon, 3585, rue Queen 450 834-6316 ◆ facebook.com/fromagerieroy

Located in Rawdon, the Fromagerie Roy produces and distributes fresh cheddar, mozzarella and feta. You'll also find our homemade cheeses, a wide range of Quebec cheeses, local products and Quebec alcoholic products. **Schedule**: Monday to Wednesday, 10 am to 6 pm; Thursday and Friday, 10 am to 8 pm; Saturday and Sunday, 9 am to 5 pm.

## Ferme Vallée Verte - Fromagerie et produits laitiers frais

Saint-Jean-de-Matha, 180, rang Guillaume-Tell 450 886-2288 • fermevalleeverte.com

With their sustainable and GMO-free farming, David and Samuel Gadoury products are renowned for their natural milk (free of hormones, antibiotics and pesticides), pasteurized at low temperature and non-homogenized. Containing no added preservatives, colour or artificial flavours, their superior quality products include: Parmed'Or (half parmesan, half cheddar), various cheddars, yogurts (maple, vanilla, plain and with fruit), traditional-style milk (with cream on top) and chocolate milk with cocoa.

Schedule: Open year-round.









#### La Suisse Normande

Saint-Roch-Ouest, 985, rang Rivière Nord 450 588-6503 • lasuissenormande.com

Artisanal cheeses made from the milk of goat and cows. Observe cheese making in a tour of our small shop, and even taste some! Local produce. Unguided tour of goat farm.

**Schedule:** Open year-round, daily; from January 1 to March 1, open from Thursday to Saturday.

## Gardens and horticulture

## Pépinière et Centre de semences forestières de Berthier

Berthierville (Sainte-Geneviève-de-Berthier) 1700, Grande-Côte 450 836-1851, #4 • aflanaudiere.org

Guided tours of Quebec's first forest nursery (established 1908). Located on the Chemin du Roy opposite a roadside rest area beside the St. Lawrence River. The quality of the tours provided by the Lanaudière forestry association, as well as the wonderful landscaping and architecture, make it worth a visit! Come immerse yourself in an important Quebec industry. Groups of 10 to 25 maximum. Duration: 90 min. **Schedule:** May to September, reservations required.

#### Pépinière Villeneuve

L'Assomption, 951, rang de la Presqu'île 450 589-7158 • pepinierevilleneuve.com

Bigger than nature! You'll be dazzled by the vastness and beauty of the site. Come visit our magnificent gardens. In the heart of the maple grove are various thematic trails: 6 circuits including "Alice in Wonderland" and "The House of the Seven Dwarfs." Complete your tour with a visit to the mini-farm and gift shop. Guided tours for groups (10 or more) upon reservation: \$6.

**Schedule:** May to October, daily, 9 am to 5 pm.

#### Jardin Moore

Mascouche, 1455, chemin Pincourt 450 474-0588 • jardinmoore.com

Located on the banks of the Mascouche River, the Jardin Moore is an eco-friendly garden focused on sustainable horticultural practices. This peaceful site features rest and observation areas. A place for education and raising awareness, the Jardin Moore offers cultural and artistic activities, such as exhibitions, shows, workshops and talks.

**Schedule:** Visit our website and Facebook page.

#### Bonsaï Gros-Bec

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Saint-Alphonse-Rodriguez, 40, rue Imbeault 450 883-1196 • bonsaigrosbec.com

The numerous bonsais in a Zen garden on a rocky promontory with mountain views make Bonsaï Gros-Bec well worth a visit. A meditative place where you can learn about Asian culture. Bonsais are an ancestral art; the "Pavillon des sages" reveals the 3 philosophies: Confucianism, Taoism and Buddhism. Follow the trail to see tropical, semi-rustic and Quebec native bonsais. Various interpretation panels along the way explain the basics of bonsai. **Schedule**: Garden tours, May to October, Tuesday to Sunday.

#### Maison et jardins Antoine-Lacombe



Saint-Charles-Borromée, 895, rue de la Visitation 450 755-1113 • antoinelacombe.com

Visitors come to this magnificent public garden to admire over 1,500 species and varieties of plants and to enjoy free outdoor cultural events. Beautiful and innovative, our garden is a bold representation of the evolution of French and English gardening trends over time. Permanent sculptures and a charming historical home will complement your visit.

**Schedule:** Gardens, April to October. House, February to December.

#### Les Jardins du Grand-Portage

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Saint-Didace, 800, chemin du Portage 450 835-5813 • jardinsdugrandportage.com

For 39 years, our vast ecological gardens of vegetables, flowers and aromatic and medicinal herbs with their English and oriental inspiration have delighted all who visit. In the peaceful garden, seated on an old wooden bench, time seems to stand still. Close your eyes and take in the moment! Cash only please.

Schedule: July 7 to August 26, 10 am to 5 pm. Rest of the year, by appointment only.

# Meat and game

#### Bergerie des Neiges

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Saint-Ambroise-de-Kildare 1401, 5° Rang Ouest (rue Principale) 450 756-8395 • bergeriedesneiges.com

We are two generations of passionate farmers proud to offer you our livestock products processed at the farm. The Victorian-style shop offers lamb cuts, lamb deli meats, wool, lamb-themed gifts and Lanaudière crafts and products. Our day camp lets your kids be farmers for a day while you explore the area! Visit our website for our activities

**Schedule**: Open year-round, Fridays, Saturdays and upon reservation. Summer: Thursday to Sunday.

#### Ferme Saint-Vincent

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Saint-Cuthbert, 1171, rang nord de la rivière Chicot 450 836-2590 • saint-vincentbio.com

Certified organic business, specializing in raising organic livestock such as cattle, chickens, turkeys, ducks, geese, guinea fowls, quails and rabbits. Different cuts available: vacuum-sealed, fresh or frozen. Visit our farm, facilities and riding school. **Schedule**: Open year-round.





#### Les Volailles d'Angèle

Saint-Esprit, 36, rang Rivière Sud 450 839-2499 • 1 877 839-2499

volaillesdangele.com

Our farms employ a natural approach and are animal-welfare certified. Whole birds, cuts, pâtés, pies, duck confit, smoked meat, smoked turkey, chicken, turkey and duck sausages (gluten free), poultry deli meat, and our BBQ chicken wings!

**Schedule:** Open year-round, Thursday to Sunday. Could change, visit our website.

#### Cochon cent façons

Saint-Jacques, 2555, rang Saint-Jacques (route 341) 450 839-1098 • cochoncentfacons.com

With values of integrity and harmony, inspired by a sustainable vision of pig farming, we invest in each stage of livestock breeding and pork processing. Like you, it's important for us to know where our food comes from, so we make a point of ensuring our products combine quality and freshness. We guarantee healthy farming, free of growth promoters and animal by-products. Complying with provincial safety standards, our butchers and meat dressers process our pork and produce a range of homemade products, prepared meals and deli meats.

Schedule: Open year-round.

#### Canards Maurel-Coulombe

Saint-Jean-de-Matha, 1061, rang Sacré-Cœur 450 886-2544 • domainemaurelcoulombe.com

Established since 2006, Canards Maurel-Coulombe is an artisanal farm specializing in duck farming. We invite you to visit our farm in summer and discover our traditional rearing methods and contemporary approach to sustainable agriculture. Our shop offers high-end products processed on site: foies gras, confits, magrets, cassoulets, rillettes... and much more! **Schedule**: Late May to mid-December, Thursday to Sunday, 10 am to 5 pm. Free tours of duck farm in July and August, Saturday and Sunday only.

#### Boucherie Morin et fils

Saint-Liguori, 1310, rang Montcalm 450 759-8780 • boucheriemorinetfils.com

La Boucherie Morin et Fils offers a variety of healthy, natural meats sourced from its farm in Saint-Ambroise-de-Kildare, in the beautiful region of Lanaudière. Our beef cattle are raised in pastures, in a respectful environment. Their feed is 100% plant content, free of growth hormones and antibiotics. Fresh, quality meat that tastes like it did in the good old days. **Schedule:** Open year-round, closed on Sunday.

#### **Entreprise Malisson**

Sainte-Julienne, 935, route 125 450 831-4512 • entreprisemalisson.com

The beef sold in our butcher shop is unique in several ways: our cattle rearing method has been passed down from generation to generation, our feed is produced at the farm and the meat is prepared by a dedicated team whose objective is to provide you with top quality products and service. (We recommend contacting us to reserve your favourite cuts!)

Schedule: Open year-round, Tuesday to Saturday and Sunday during summer.

## Countrystyle meals

#### Domaine des Trois Gourmands

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Saint-Alexis, 293, La Petite Ligne 450 831-3003 • 514 513-3329 • 3gourmands.com

Come enjoy a delicious country meal at the Domaine des Trois Gourmands in a warm and friendly atmosphere. Our talented chef brings know-how and curiosity to every dish, promising you an extraordinary culinary experience.

**Schedule:** Open year-round for groups of 40 or more. June 24 to September 30, Thursdays and Fridays, reservations required, for individual tourists.

## Vineyards

#### Vignoble Carone Wines

Lanoraie, 75, rue Roy 450 887-2728 • carone.ca

Carone is a high-quality winery currently offering its wines under four different labels: Venice, Double Barrel, Bin 33 and VERITÀ. From the vine to the glass, our obsession with perfection and innovation is the engine that propels our team to produce wines that are among the most powerful and avant-garde in Ouebec.

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Schedule: Please visit our website at carone.ca.

#### Vignoble aux Pieds des Noyers

Lanoraie, 71, Grande Côte Est (route 138) 450 887-1050 • vignobleauxpiedsdesnoyers.com

A truly remarkable wine business, producing unique wines from noble grape varieties. High-quality by-products, all complemented by gourmet meals and a unique catering service. Just one visit will convince you! **Schedule**: May 1 to October 30, Thursday to Saturday; June 24 to September 15, Thursday to Sunday. Off season: upon reservation.

#### Vignoble Lano d'Or

Lanoraie, 1000, Grande Côte Ouest 450 887-0291 • vignoblelanodor.com

Located on the banks of the St. Lawrence River, the winery boasts a magnificent patio where you can relax and enjoy a glass of wine recommended by one of our sommeliers. All of our products are available for purchase, any time, directly at the vineyard.





Credit: Jimmy Vigneux lanaudiere.ca **83** 

#### Vignoble Mondor

Lanoraie, 137, rang Saint-Henri 450 887-2250 • 450 541-1774 • vignoblemondor.com

Vineyard Mondor, located in Lanoraie, planted its first vines in 2004. Its first vintages, made in in 2009, surpassed our expectations in terms of quality and unique taste. The winery makes four wine labels: Côteau d'or (white), Mindel (ice wine), De Marquette (red) and Le Renaissance (red). The last three have all earned awards. Come discover our unique wines that highlight the beauty of our region.

**Schedule**: May to December: Wednesday to Sunday, 10 am to 5 pm. All of September, come pick your own table grapes.

#### **Ferme Guy Rivest**

Rawdon, 1305, chemin Laliberté 450 834-5127 • fermeguyrivest.com

Located in the Rawdon foothills, Ferme Guy Rivest has been producing strawberry wines for over 20 years. Come discover or rediscover our strawberry and/or raspberry wines and fine spirits. Free tasting onsite, picnic area, gourmets products, strawberry picking. **Schedule**: June 1 to September 15, daily, 8 am to 6 pm. Rest of the year, by appointment only.

#### Vignoble Saint-Gabriel

Saint-Gabriel-de-Brandon 2190, rang Saint-David (route 348) 450 835-3726 • vignoblesaintgabriel.com

In a lovely setting, 31,000 vines, red, white and rosé wines, all certified organic by Ecocert Canada. Unique wine cellar with 125 French oak barrels guided tours at 11 am and 2 pm, patio, local food platter, lavender products, antique tractor museum (125), rental of reception room (up to 90 people), walking trails. Interac, Visa and MC accepted. Groups welcome upon reservation. **Schedule**: May 1 to December 31, daily, 10 am to 5 pm.

#### Vignoble Saint-Thomas

Saint-Thomas, 1101, rang Sud 450 759-8228 • vignoblesaintthomas.com

Established on former tobacco-growing lands, the winery invites you to come taste its range of unique and distinctive wines derived from rustic grapes. Whether rosé, white, red or fortified, the names evoke the local and regional history. Honours won in the last 5 years reflect the hard work and patience of the owners. Group tour reservation (buses), rental of reception room (50 people) and big tent (150 people). **Schedule:** Summer season, Wednesday to Sunday. October to December, Saturday and Sunday afternoon. January to mid-May, by appointment.

## Farm tours

#### La brouette à légumes... citrouilles et sorcellerie

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Lanoraie, 255, Grande Côte Est 450 916-6558 ◆ foin.specialise.lanaudiere@hotmail.ca

Enjoy an enchanting visit to this gourd and pumpkin barn with its Halloween decor. Discover different types of gourds and learn about all the different ways they can be eaten. On weekends, visit the witch's cabin where lots of fun awaits children and adults alike – don't miss the maze where you can test your sense of direction. **Schedule:** Mid-September to late October.

#### Hacienda Alpaga

Mascouche, 2625, chemin Saint-Philippe 450 474-4114 • 514 825-8929

haciendaalpaga.com

Come visit our shop and meet the alpacas at our farm. Always featuring new stock of alpaca fibre and related products such as socks, scarves, mittens, shawls and many more. Other farm animals also on-site.

Schedule: Open year-round by appointment.

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#### Le Tortillard Gourmand

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Postal address: Longueuil, 1445, rue des Pluviers 514 973-7383 • tortillardgourmand.com

Climb aboard the Tortillard Gourmand, a minibus for 10 passengers maximum, and spend an enjoyable time touring farm country and sampling local products. Meet artisanal producers and winemakers who will be pleased to share their love for animal welfare and the ecosystem. A day's tour aboard includes stops at 4 farms and 1 vineyard. At each stop, a tasting is arranged just for you. Includes: transportation, guide, coolers for your purchases.

Schedule: June to October.

#### Terre des Bisons

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Rawdon, 6855, chemin Parkinson 450 834-6718 • terredesbisons.com

A dynamic enterprise engaged in the raising of bison and elk. Come visit our big game farming interpretation centre, including an exhibition hall and art gallery—a first in Quebec! Come visit our farm, stroll around our interpretation trail and purchase products and souvenirs from our stand. Wagon rides on Saturday and Sunday at 3 pm or upon reservation. Schedule: Stand open year-round: October to April, Wednesday to Sunday; May to October, daily.

#### L'Arche de Noé

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Rawdon, 4117, chemin Greene 450 834-7874 • archedenoe.ca

In a delightfully peaceful setting, enjoy a visit to our friendly farm with its 15 or more species of animals living semi-wild. Picnic tables, hiking trails and much more. **Schedule**: May 1 to November 1.

#### Domaine des Trois Gourmands 💲亭\$ ₺ д

Saint-Alexis, 293, La Petite-Ligne 450 831-3003 • 514 513-3329 3gourmands.com

From the educational trails at this magnificent site, observe our Highland beef cattle and farm birds in their natural habitats. Guided tours and restaurant: reservations required (\$). Onsite shop with a selection of local products. **Schedule**: June 24 to September 30, Wednesday to Sunday, 10 am to 4 pm.









#### Rustik Alpaga

(\$)

Saint-Paul, 446, chemin Cyrille-Beaudry 450 591-5591 • rustikalpaga.com

We are pleased to invite you to our farm to meet our charming alpacas. The guided tour introduces you to the various fibre processing stages carried out directly at the farm–from shearing to the manufacture of products. Craft shop on site where you can find all our exclusive creations and the largest selection of alpaca socks.

**Schedule**: February to November, by appointment.

#### La Courgerie

\$\$#

Sainte-Élisabeth, 2321, rang Grand Saint-Pierre 450 752-2950 • lacourgerie.com

A unique farm where you can learn all about cultivating and cooking squash and pumpkins in the company of gourd experts. Stock up on produce in the farm where you'll find thousands of varieties of squash – a unique pick-your-own experience for the whole family. Take some time to enjoy the fabulous, colourful fall setting. The farm also offers guided tours through the fields (weekends), interpretation area and shop.

**Schedule**: September to October, Thursday to Monday, 10 am to 5 pm. Shop: November to Christmas, Saturday and Sunday, 10 am to 5 pm.

#### Asinerie l'âne gardien

\$#

Sainte-Mélanie, 541, rang du Pied-de-la-Montagne 450 889-8456 • anegardien.com

A donkey farm where you can pet, brush and talk to our charming donkeys! Children and adults alike will enjoy the tour that takes you along the Chemin des ânes, an interpretation trail in the heart of the forest, where you can learn all about these lovely animals. You will even have the chance to give the donkeys a treat or some hay, depending on the time of your visit. Duration of tour: 90 minutes.

Schedule: Open year-round.







86





#### Spa Santé Corps & Âme

L'Assomption, 831, boulevard l'Ange-Gardien Nord 450 589-8885 • spasante.ca

At Spa Santé Corps & Âme in L'Assomption, whether you come to unwind or enjoy the therapeutic benefits of our wide variety of treatments, our team will offer you a relaxing time in a friendly and luxurious atmosphere. Our spa is certified by Spas Relais Santé, your guarantee of quality based on the highest industry standards. Treat yourself to a unique regenerating getaway in our indoor salt-water private baths or Finnish sauna.

Schedule: Open year-round.

#### Spa Natur'Eau

Mandeville, 22, chemin Natur'Eau 450 835-1300 • 1 866 697-4864 • natureau.com

Spa Natur'Eau offers total regeneration of body and mind. Awaiting you are a Finnish sauna, Turkish bath, Nordic waterfall, three outdoor whirlpools and a new

relaxation area – "the Yurt" – as well as our health bistro. Complete your visit with a body treatment (massage therapy, beauty care, etc.). In addition, we organize several special activities each month, such as hiking, parent-child days and evenings.

**Schedule:** Open year-round. *[ad. p.89]* 

#### La Source Bains Nordigues

Rawdon, 4200, rue Forest Hill 450 834-7727 • 1 877 834-7727 • lasourcespa.com

Located in Rawdon, just 60 minutes from Montreal, we offer a special space of your own that includes three hot baths, two cold baths, a natural pond, relaxation grotto, steam bath, dry sauna, indoor and outdoor relaxation environments and incomparable massage therapy services. La Source Bains Nordiques is a soothing spot in a natural setting, open 365 days a year, whatever the weather.

Schedule: Open year-round.



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#### Auberge aux Quatre Matins

Saint-Côme, 155, rue des Skieurs 450 883-1932 • 1 800 929-1932

#### auxquatrematins.ca

Relax and let yourself be pampered! Try our body care treatments provided by certified professionals – Swedish or hot stone massage, face care, body wrap, reflexology and more. Make the most of your visit by combining your massage with the benefits of thermotherapy in our Nordic baths and saunas located in the heart of nature. New: children are welcome every day, from 10 am to noon, accompanied by a parent. Gift cards available.

**Schedule:** Open year-round, 10 am to 10 pm. Reservations required

#### Auberge de la Montagne Coupée

Saint-Jean-de-Matha 1000, chemin de la Montagne-Coupée 450 886-3891 • 1 800 363-8614

#### montagnecoupee.com

On a mountain peak, enjoy peace and quiet, the restorative effect of nature and a special degree of comfort with a stay that is sure to revive you. We offer a wealth of body treatments including massage therapy, lymphatic drainage, seaweed wrapping, exfoliation, hot stone massage, aesthetic treatments and much more. Our highly qualified staff are ready to serve all your needs. **Schedule**: Open year-round. *[ad. p. 107]* 

#### Auberge du Lac Taureau

Saint-Michel-des-Saints, 1200, chemin Baie-du-Milieu 450 833-1919 • 1 877 VACANCE

#### lactaureau.com

Come unwind in a welcoming setting in the heart of nature. Whether for a massage, relaxation or body care treatment, the Auberge du Lac Taureau's health spa offers a wide range of services. Take advantage of your visit to enjoy our indoor pool, saunas and outdoor hot tubs year-round. [ad. back cover]

## Indoor activities

#### La Débarque Escalade

Repentigny, 91, rue de Normandie, suite 104 450 932-6811 • ladebarque.com

La Débarque is the ideal place for bouldering in the region. "What is bouldering", you may be asking? In our establishment, bouldering is climbing on 16-ft walls without a rope. When you fall, our comfortable mats are there to catch you. It's as simple as that!













www.natureau.com 1 (866) 697-4864 22 Chemin Natur'eau,Mandeville, J0K 1L0





# Accommodation and Places to Eat

#### 92 Places to Eat

**100** Microbrewery

#### 102Accommodation

102 Hotels

106 Bed and breakfasts

**107** Tourist homes

109 Other accommodation establishments

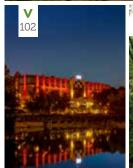
**109** Vacation centres

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Credits : Étienne Boisvert, Louis Coutu, Michel Pelletier, Les pieds sur terre



\$: under \$15 \$\$: \$15-30 \$\$\$: \$31-50 \$\$\$\$: over \$50

#### Meals

1: breakfast 2: lunch 3: Supper

#### Benny & Co Berthierville

Berthierville, 1011, avenue Gilles-Villeneuve 450 836-4449 • benny-co.com/rotisseries/berthierville

\$ 2,3 ¥ is.

As "Master roasters since 1960," Benny & Co. specializes and excels in the preparation of roast chicken. Our grain-fed chickens are selected and prepared with care, then roasted to perfection, always in accordance with the exclusive technique of slow cooking for three hours, as perfected by our founders in 1960.

#### Académie d'hôtellerie et de tourisme de Lanaudière

Joliette, 355, rue Sir-Mathias-Tellier Sud 450 759-3764 • 1 866 758-3665

centremultiservice.ca

\$\$.\$\$\$ 3 ¥

At Académie d'hôtellerie et de tourisme de Lanaudière, experience a gourmet meal worthy of great restaurants. Our wine list offers the perfect match for the culinary creations of our chefs and students. Your meal will be served by our catering students who can advise you on the art of fine dining.

Upon reservation only.

#### Bercail

Joliette, 400, boulevard Manseau 450 396-4604 • restobercail.com

\$\$\$\$ 2.3 ₹ T 🛜

Bercail is a gourmet restaurant in the heart of downtown Joliette. Set in a magnificent ancestral home, Bercail offers a warm and relaxing ambiance in winter and a lovely flower-filled patio in summer.

#### Bistro La Belle Excuse

Joliette, 524, rue Saint-Viateur 450 756-0118 • belle-excuse.com

\$\$\$ 2,3 ₹T亭

A friendly ambiance, generous and refined cuisine and personalized service all await you. The unique style of La Belle Excuse will surprise you and satisfy all your senses. Our privately imported wines take you on a trip around the world, for your added pleasure!

#### Brûlerie du Roy - Joliette

Joliette, 416, boulevard Manseau 450 756-2702 ● brulerieduroy.com

\$ 1,2,3 ₹ T

The Brûlerie du Roy welcomes you in a charming setting where delectable aromas waft from roaster and the expertly grilled grain. Our bistro restaurant offers a healthy menu at affordable prices where product freshness and quality are unbeatable. Breakfasts, sandwiches, burgers, pizza, soups, salads and desserts... everything is outstanding.

#### La Distinction - L'Art de la table

Joliette, 1505, boulevard Base-de-Roc 450 759-6900 • 1 888 872-4838

distinction.gc.ca

\$\$,\$\$\$ 1,2,3 ₹ T 🛜

Come enjoy Lanaudière with Distinction. Fine food prepared with local products in a charming setting or catered at the venue of your choice. Dinner-show packages available during the Festival de Lanaudière.

#### Le Lapin qui tousse

Joliette, 410, rue Notre-Dame 450 760-3835 ● lelapinquitousse.com

\$\$,\$\$\$ 2,3 ¥

European cuisine with a Quebec influence, Le Lapin qui tousse offers a delightful balance between bistro-style dining and French cuisine.

#### Resto traiteur le C.A.

Joliette, 434, boulevard Manseau 450 394-5880 ● facebook.com/leC.A.RestoTraiteur

\$\$\$ 2,3 ₹ T

Discover our authentic cuisine featuring fresh produce and the flavours of Lanaudière.

#### Sim's Irish Pub

Joliette, 467, rue Notre-Dame 450 867-7467 • simsirishpub.com

\$\$ 2,3 ₹ T

Choice of 24 beers and ciders on tap, including Macallen products (100% Lanaudois), selection of 75 whiskeys, \$5 lunch menu, gastronomic pub food menu featuring local produce, 12 giant screens, live music, more than 100 seats, friendly staff, warm and unique atmosphere.

#### Bistro l'Ange Cornu

L'Assomption, 265, boulevard l'Ange-Gardien 450 589-7701 • angecornu.com

\$\$ 2,3 ₹ T

A place to make great dining discoveries and enjoy quiet moments, the Bistro l'Ange Cornu offers seasonal cuisine lovingly prepared by a highly experienced team. Privately imported wines and local microbrewery beers complement the menu. In summer, intimate performances are given in our back courtyard.

#### Brûlerie du Roy - L'Assomption

L'Assomption, 271, boulevard l'Ange-Gardien 450 589-2233 • brulerieduroy.com

\$ 1.2.3 ₹ T

Our bistro restaurant offers a healthy menu at affordable prices where the product freshness and quality are unbeatable. Breakfasts, sandwiches, burgers, pizza, soups, salads and desserts... everything is outstanding.

\$: under \$15 \$\$: \$15-30 \$\$\$: \$31-50 \$\$\$\$: over \$50

Meals

1: breakfast 2: lunch 3: Supper

#### Les Entêtées, café santé

L'Assomption, 345, boulevard de L'Ange-Gardien 450 705-4004 ● facebook.com/lesenteteescafesante

\$ 1,2 T €

Friendly and original, this small café is run by two bold and determined young women. Come enjoy a coffee, smoothie or tasty and innovative meal in an inspiring and warm atmosphere.

#### Maître Edgar

L'Assomption, 277, boulevard de L'Ange-Gardien 450 591-1849 • facebook.com/pubmaitreedgar

\$\$ 3 ¥T 🤶

Gastropub. Come taste a variety of Quebec microbrewery beers in a warm and cozy setting. Wide selection of spirits. Comforting food that brings people together – there's no better way to enjoy a drink!

#### Taboo Cuisine Rebelle

L'Assomption, 352, boulevard de L'Ange-Gardien 450 589-0199 • restaurant-taboo.com

\$\$ 2.3 ₹T 🛜

We offer a selection of 45 miniburgers, over 17 varieties of poutine, 180 different, innovative combinations of tartare, generous salads, original cocktails served in Mason jars and much more. A unique concept in North America.

#### Rôtisserie La Victorienne

Lavaltrie, 1231, rue Notre-Dame 450 586-1337 • lavictorienne.ca

\$,\$\$ 2,3 ₹T╤

La Victorienne offers delicious spit-roasted chicken, succulent ribs, steaks and generous chicken kebabs, as well as homemade calamari, filet mignon, snails au gratin, pasta and more. Two large rooms for groups.

#### Le Buffet des Continents

Mascouche, 2929, chemin Gascon 450 968-1099 • 1 888 968-1099

lebuff et descontinents.com

**\$\$** 1,2,3 **\bar{8}** 

The Buffet des Continents is a restaurant for family and friends featuring a high-end international menu inspired by the best recipes from around the world. We offer hearty, good quality food, with lots of variety, at competitive prices and always prepared with passion by our chefs.

#### Casse-croûte chez Sim's

Rawdon, 3180, route 341 Sud 450 834-1998 • simsirishpub.com

\$ 2,3 ₹ T

Come enjoy a place where your inner foodie and eco-friendly ways will be fully satisfied. Casse-croûte chez Sim's serves classic snack bar food that is entirely homemade. The menu features local produce and the beer is always cold!

#### Crêperie Les Copains d'Abord

Rawdon, 3284, 4° Avenue 450 834-7654 • creperie-bretonne.ca \$.\$\$ 2.3 ▼ T ❤

Traditional Breton crêperie that's "Goûtez Lanaudière!" certified. We use local seasonal produce and our meals are home cooked. Fine buckwheat crêpes (gluten-free) and dessert crêpes made of wheat. Charming setting with fireplace in winter, lightly air-conditioned in summer. Inner courtyard patio.

#### Miyoko Sushi Rawdon

Rawdon, 3722, rue Queen 450 834-8889 • miyokosushi.ca

\$,\$\$ 2,3 T

Miyoko Sushi specializes in the preparation of fresh, superior quality sushi for take-out. Here you'll find a professional knowledge of sushi, and superb freshness and quality in the ingredients used.

#### Resto-bar terrasse La Lanterne

Rawdon, 3630, rue Queen 450 834-3444

A warm and friendly atmosphere. Whether it's for a pleasant lunch or a dinner with friends on the terrace, La Lanterne is the place to try in Rawdon! Three free electric car plug-ins, live music on Thursday and Friday evenings in the summer! Guaranteed good times!

#### Bistro Le Coup Monté

Repentigny, 467, rue Notre-Dame, suite 107 450 704-2704 • bistrolecoupmonte.com

\$\$\$ 3 **₩**T 🛜

Every occasion is a good one to enjoy an evening at the Bistro Le Coup Monté! For a romantic dinner, business gathering, dinner with the family or get together with friends, you're sure to appreciate the delicious food and warm ambiance. Features a seasonal menu.

#### Brûlerie du Roy - Repentigny

Repentigny, 440, rue Notre-Dame 450 932-6652 • bruleriedurov.com

**\$** 1,2,3 ₹

The Brûlerie du Roy welcomes patrons in a charming decor with the scent of artfully roasted coffee all around you. The bistro offers a healthy menu featuring fresh, top quality products at affordable prices. Enjoy a variety of breakfast options, sandwiches, soups and salads, as well as desserts.







\$: under \$15 \$\$: \$15-30 \$\$\$: \$31-50 \$\$\$\$: over \$50

#### Meals

1: breakfast 2: lunch 3: Supper

#### Dufort Traiteur et salle de réception

Repentigny, 416, rue du Village 450 585-5953 ● duforttraiteur.com

\$\$,\$\$\$,\$\$\$\$ 1,2,3 ₹ ⊤亭

Sunday brunch, contemporary catering, turnkey service, reception rooms, gourmet dining, riverside setting.

#### La Piazzetta Repentigny

Repentigny, 465, rue Notre-Dame, suite 106 450 932-6907 • lapiazzetta.ca

**\$\$** 2,3 ₹ T 🛜

Trendy restaurant in the heart of the city with a warm atmosphere and personalized service. Thin-crust gourmet pizzas, veal cutlets, sautéed pastas and a selection of wine for every taste. Terrace with a capacity for 80 customers overlooking the grounds of the church Église de la Purification.

#### L'Espace Comptoir

Repentigny, 465, rue Notre-Dame 450 704-3200 • facebook.com/lespacecomptoir \$\$\$ 2.3 \forall T

Espace Comptoir offers a creative, gourmet menu that changes every week. Whether for lunch or dinner, you're sure to enjoy the bistro's warm and modern setting and mouth-watering presentations.

#### Pacini

Repentigny, 85, boulevard Brien, suite 118 450 654-7260 • pacini.ca

\$\$ 1,2,3 Tis

To guarantee a true Italian flavour, we use only firstclass foods like our extra-virgin olive oil, imported from Italy. Pasta, Italian-style grills and pizza.

#### Auberge Le Cheval Bleu

Saint-Alphonse-Rodriguez, 414, route 343 450 883-3080 ● 1 866 883-3080

lechevalbleu.com

\$\$ 3 ₹⊤╤

Belgian cuisine with Lanaudière flavours. Specialties: mussels and French fries, bison, lamb, large choice of sausages. 60 kinds of Belgian beer, extensive wine list. **Summer schedule**: June 24 to Labour Day, every evening from 6:00 pm. **Winter:** Friday, Saturday, upon reservation only

#### Les Délices de Rosa Grill

Saint-Calixte, 6262, rue Principale 450 303-3000 • chezrosa.ca

\$\$ 2,3 ₹ Т亭

Italian cuisine featuring pizza, pasta and grills.

#### L'Échappée - Grill & Bar Sportif

Saint-Charles-Borromée 710, rue de la Visitation, suite 100

450 394-1658 • lechappeegrillbar.com

\$,\$\$,\$\$\$,\$\$\$\$ 2,3 ¥T€

A popular destination appreciated for its varied menu, affordable prices, festive ambiance, weekday specials, high quality service, generous portions and sports events on giant screens. Come on in!

#### Restaurant La Chaumière de Joliette

Saint-Charles-Borromée, 25, chemin du Golf Est 450 753-4124 • lachaumierebifteck.com

\$\$.\$\$\$ 2.3 ₹ <del>\*</del>

Since 1972, La Chaumière has become one of the most sought-after steak houses for Quebec steak lovers. Our top quality meat, AAA Angus, is prepared and cooked right in front of you, over charcoal, the way you like it!

#### Auberge Val Saint-Côme

Saint-Côme, 200, rue de l'Auberge 450 883-0655 • 1 877 778-2663

aubergevalsaintcome.com

\$\$\$ 1,2,3 ₹ ▼ (※)

Come experience the charming atmosphere of our 120-seat dining room. With lovely views of the mountain and a menu of refined yet hearty dishes, the restaurant at Auberge Val Saint-Côme will surely become one of your favourites.

#### Le Petit Café d'Antan

Saint-Côme, 1410, rue Principale 450 883-8918

\$ 1.2 T♥

Located in the old forge, our unique café serves breakfasts, lunches and beverages, all freshly prepared with local products and with great care. A one-of-a-kind coffee shop where you can take the time to relax and enjoy the moment. Open: Thursday to Sunday from 8 am to 3 pm.

#### Le Clos des Délices

Saint-Donat, 515, rue Principale 819 424-2222 • leclosdesdelices.ca

\$\$ 3 🍹 T

Le Clos Des Délices is a gourmet restaurant featuring the cuisine of Alsace. The chef presents a Frenchinspired menu featuring Quebec produce. The dishes are generous, creative and affordably priced. Also, the wine list offers a fine selection

#### La Boustifaille

Saint-Esprit, 50, rue Principale 450 839-3006 ● laboustifaille.com

\$\$,\$\$\$ 2,3 ¥

La Boustifaille restaurant, one of the many wonders of Lanaudière, is located in the heart of the peaceful village of Saint-Esprit. Our menu is inspired by and features Lanaudois produce. Our team uses, as much as possible, the freshest seasonal products to offer you the finest and most flavourful dishes



\$: under \$15 \$\$: \$15-30 \$\$\$: \$31-50 \$\$\$\$: over \$50

#### Meals

1: breakfast 2: lunch 3: Supper

#### Benny & Co Saint-Esprit

Saint-Esprit, 50, rue Grégoire 450 839-9444 • benny-co.com/rotisseries/saint\_esprit \$ 2.3 ▼

As "Master roasters since 1960," Benny & Co. specializes and excels in the preparation of roast chicken. Our grain-fed chickens are selected and prepared with care, then roasted to perfection, always in accordance with the exclusive technique of slow cooking for three hours, as perfected by our founders in 1960.

#### Restaurant Ma Cuisine

Saint-Gabriel, 179, rue Dequoy 450 875-0586 • restomacuisine.com

\$,\$\$,\$\$\$,\$\$\$\$ 1,2,3 ₹ T ₹

Come enjoy our delicious, freshly prepared meals for breakfast, lunch or dinner. A rustic setting with a warm and friendly ambiance awaits you!

#### Le 4 Café

Saint-Jacques, 87, rue Saint-Jacques 450 397-2233

\$ 1,2,3 ₹ T

A bistro with a healthy menu! We offer coffee, Dieu du Ciel beer, Ménage à Trois wine and spirits to flavour your coffee. Breakfast, lunch, dinner and snacks.

#### Auberge de la Montagne Coupée

Saint-Jean-de-Matha 1000, chemin de la Montagne-Coupée 450 886-3891 • 1 800 363-8614 montagnecoupee.com

\$\$\$ 1,2,3 ₹T€

Fine cuisine featuring produce from the Lanaudière region and offering a gourmet dining experience worthy of our epicurean clientèle, while respecting any dietary restrictions of our customers. [ad. p. 107]

#### Terrasse Chez Donat

Saint-Jean-de-Matha, 190, rue Laurent 450 886-2519 ● terrassechezdonat.com

\$\$ 2.3 ₹T亭

Terrace chez Donat is a grill-restaurant-bar that's well worth a visit! A friendly atmosphere and attentive staff await you in a setting of historical character. Three separate spaces are offered: patio, dining room and bar section. Our menu features delicious local produce.

#### Les délices de Rosa

Saint-Lin-Laurentides, 286, côte Jeanne 450 439-2067 ● chezrosa.ca

\$\$ 1,2,3 🛔 T 🦃

Our mission is to offer our customers a gourmet dining experience that is both healthy and delicious.

#### Auberge du Lac Taureau

Saint-Michel-des-Saints, 1200, chemin Baie-du-Milieu 450 833-1919 • 1 877 822-2623 • lactaureau.com

\$\$,\$\$\$,\$\$\$\$ 1,2,3 ₹ T 零

For an intimate dinner, to celebrate a special occasion, or simply to enjoy the local cuisine, our dining room at Auberge du Lac Taureau is always the perfect place. With windows stretching over a hundred feet, the views are always superb, whatever the season or time of day.

[ad. back cover]

#### Chalet du Mont-Trinité

Saint-Michel-des-Saints, 220, chemin du Mont-Trinité 450 833-5598 ● facebook.com/chalet.mont.trinite

**\$,\$\$** 1,2,3 **₹ ?** 

Ideal for a quick bite or to unwind with a coffee or drink. Bistro-style menu with the option of creating your own pizza. Located in front of the golf course, next to the ATV trail and on the snowmobile trail.

#### Restaurant en Ville

Saint-Michel-des-Saints, 451, rue Brassard 450 833-5936 \$\$ 2,3 \( \bar{b} \)

Small, friendly restaurant with an urban feel, set in the heart of the Lanaudière forest. We'll supply the comfort food; you bring the wine!

#### Les Jardins Sauvages

Saint-Roch-de-L'Achigan, 17, chemin Martin 450 588-5125 • jardinssauvages.com

\$\$\$\$ 3

Fine dining from the bounty of the forest:
Quebec-grown wild plants and mushrooms, game meat and other local products. Five-course tasting menu. Bring your own wine. Reservations required.
Open Saturday from 7 pm, Friday evenings on occasion and Sunday from 1 pm. For groups of 6 or more depending on restaurant's event calendar.

#### Le Sommet du Nord

Saint-Zénon, 5641, chemin Brassard 450 884-1555

\$\$ 1.2.3 ₹ T

Located on Route Principale (131 North), formerly known as the Hôtel Saint Louis. A restaurant with a «city» feel offering great views of Lac St. Louis. À la carte menu that will appeal to everyone, from snacks to pizza, always beautifully prepared.

#### Le Nouveau Kelly

Sainte-Julienne, 2825, route 125 nord 450 834-3131 ● facebook.com/pg/lenouveaukelly

\$,\$\$ 1,2,3 ₹ T

Varied cuisine ideal for families. Reservations available for the Holiday Season, meetings, small weddings and groups of 30 to 35. Catering service.





#### Bâtiment B

Terrebonne, 940, place Île-des-Moulins 450 964-3939 ● batimentb.ca

\$\$,\$\$\$ 1,2,3 ₹ T <del>?</del>

Bâtiment B is located in the heart of the Île-des-Moulins historical site near the Théâtre du Vieux-Terrebonne and the Moulinet concert hall. Come taste our updated menus, featuring local produce. Winter and summer. Sunday brunch!

#### Restaurant Bâton Rouge

Terrebonne, 1400, rue Yves-Blais 450 581-1888 • batonrouge.ca

\$\$ 2,3 ¥ ts.

Specializing in ribs, seafood and steaks.

#### La Confrérie

Terrebonne, 753, rue Saint-Pierre 450 824-7077 • laconfrerie.ca

\$\$,\$\$\$ 2,3 ₹ T

La Confrérie is the ideal place to get together and enjoy a good, simple meal. Our friendly space with its sleek and warm décor create a unique atmosphere. Contemporary bistro-style cuisine that is delicious and unfussy. Come enjoy the simple goodness!

## Microbrewery

#### **Brasserie artisanale Albion**

Joliette, 408, boulevard Manseau 450 759-7482 • brasseriealbion.com

\$\$ 2,3 ₹ T

Albion is the historical and poetic name for England, and it is also the name of a brewery that is 100% Lanaudois. We offer British-inspired beers brewed onsite, along with cuisine influenced by European classics and our own Quebec traditions.

#### Microbrasserie Le Fermentor

L'Assomption, 355, boulevard de L'Ange-Gardien 450 705-4020 • facebook.com/lefermentor

\$ **∀** T

Brewpub... a place where you can enjoy tasting craft beers in a warm and welcoming environment.







TERREBONNEMASCOUCHE.COM/EAT

#### Brasserie artisanale Maltstrom

Notre-Dame-des-Prairies, 557, route 131 450 394-3868 • facebook.com/maltstrom

A proud representative of Quebec products, the Maltstrom brewery has been creating innovative beers for many years. We craft our beers by hand and brew them in small quantities for a product that is always delicious. No chemical additives or artificial flavours. Filtration is minimized, resulting in intense natural flavours!

#### Microbrasserie L'Ours Brun

Repentigny, 465, rue Notre-Dame, local 108 450 657-5050

facebook.com/microbrasserielOursBrun

Š S

Brewpub in Repentigny where you can enjoy beers crafted by the microbrewery itself as well as ciders and a selection of Kombucha. Paninis and other savoury snacks available.

#### Trécarré Microbrasserie

Saint-Côme, 1431, rue Principale 450 883-1431

facebook.com/trecarremicrobrasserie

\$,\$\$ 2,3 ₹⊤亭

Trécarré is a microbrewery that brings people together in a friendly atmosphere. Come taste our homemade beers and fine food featuring local flavours. A must!

#### Microbrasserie Brouemalt

Saint-Donat, 353, rue Principale 819 424-3311 • brouemalt.com

\$,\$\$ 2,3 ₹ ⊤ 🤝

A warm and friendly atmosphere with personalized service focused on tasting. Craft beers brewed onsite. We also offer a selection of 12 Quebec microbrewery beers on tap, a pub-style menu and a selection of privately imported wines.





\$\$\$\$ : over \$200 Key to symbols p.125

## Hotels

#### Hôtel Days Inn Berthierville

Berthierville, 760, rue Gadoury 450 836-1621 • 1 888 367-6853 daysinnberthier.com

58 units \$\$\$ x ★ @ ? AC = ■ □ ▲

#### Motel B.R.

For safe, quality, classified accomodation: quebecoriginal.com/en/accommodation



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#### Hôtel Charlemagne

Charlemagne, 115, boulevard Céline-Dion 450 582-5933 • 1 888 430-4641 hotel-charlemagne.com

#### Hôtel Château Joliette

Joliette, 450, rue Saint-Thomas 450 752-2525 • 1 800 361-0572 chateaujoliette.com

90 units \$\$\$ X ♠ AC 🗆 🗯 🙉

#### Auberge Manawan

Manawan, 80, rue Metabeckeka 450 757-9361 • aubergemanawan.com 10 units \$\$ X ⋒ ८ ■ □ ▲ ♣

#### L'Auberge Rond

Mandeville, 9, chemin de la Cabane 450 835-0947 • aubergerond.com 6 units \$\$ X ★ ■ □ □ ★ △ ≠

#### Motel Mascouche

Mascouche, 2905, chemin Gascon 450 477-8555 50 units **\$** AC

#### Motel au Doc

#### Le Capri motel et suites

Repentigny, 658, rue Notre-Dame 450 581-2282 • 1 800 361-7476 motelcapri.com 50 units X ≈ AC ■ □ →

#### Motel Derfal

[ad. p.104]

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#### Auberge sur la Falaise

#### Motel Joliette

#### Motel Le Classique de Joliette

Saint-Charles-Borromée, 310, rue de la Visitation 450 756-0588 • motelleclassique.com 22 units \$ 

AC ■ □ 

[ad. p.105]

#### **Auberge Aux Quatre Matins**

Saint-Côme, 155, rue des Skieurs 450 883-1932 • 1 800 929-1932 auxquatrematins.ca 12 units \$\$\$\$ X □ ♀ Ac ■ □ ❖ ★ ▲



4-star hotel Gastronomy Sunday brunch buffet Meetings | Weddings



450, rue St-Thomas | Joliette [QC] | J6E 3R1 = 450,752,2525 = www.chateaujoliette.com

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\$\$\$: \$101-\$150 \$\$\$\$: \$151-\$200 \$\$\$\$\$: over \$200

Key to symbols p.125

#### Auberge Val Saint-Côme

Saint-Côme, 200, rue de l'Auberge 450 883-0655 • 1 877 778-2663 aubergevalsaintcome.com

30 units \$\$\$ X ♠ AC 🔳 🗆 🏝 🍕 🚣 🛞

#### Motel Saint-Côme

Saint-Côme, 1597, rue Principale 450 883-3331 • 1877 883-3331 • motelstcome.com 21 units **\$\$** AC □ ▲

#### Auberge du Lac Thomas

Saint-Didace, 971, chemin du Lac-Thomas 450 835-0555 • 1 844 835-0555 • lacthomas.ca 12 units \$ ★ இ ■ □ Ac T ★ ★ ★

#### Auberge le St-Gab

Saint-Jean-de-Matha

Saint-Gabriel-de-Brandon, 109, rue Dequoy 450 835-3337 ◆ 1 855 835-3337 auberge-le-st-gab.com 6 units \$\$ x ≈ AC = □ □ △

#### Auberge de la Montagne Coupée

1000, chemin de la Montagne-Coupée 450 886-3891 • 1 800 363-8614 montagnecoupee.com 47 units \$\$\$ ★ ① ♠ ☑ ♣ ☐ 4. p.107]

For safe, quality, classified accomodation: **quebecoriginal.com/en/accommodation** 

## L'Auberge du Centre de Villégiature et de Congrès Lanaudière

Saint-Jean-de-Matha 2591, route Louis-Cyr (route 131) 450 886-9301 • 1 866 391-9301

cvc-lanaudiere com

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\*\*

37 units \$\$\$ X ♠ AC = ■ □ ▲ 7 🟂 🚣

#### Hôtel La Porte de la Matawinie

Saint-Jean-de-Matha, 891, route Louis-Cyr (route 131) 450 886-0202 • 1 877 881-0202 motelportematawinie.com 23 units \$\$ the X → PAC ■ 4.0.1091

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#### Auberge du Lac Taureau



## Motel Capri & Suite

- Free coffee and continental breakfast from 6 to 10 am
- Wake-up call available 24/7
- Cable TV
- Wi-Fi
- Coffee maker in the room
- · Ice machine for all rooms

658, Notre-Dame Street, Repentigny 450 581-2282 | 1 800 361-7476 motelcapri.com

#### Hôtel Central

\*\*\*

Saint-Michel-des-Saints, 510, rue Brassard 450 833-1331 • 1 877 833-1331 hotelcentral com

Saint-Michel-des-Saints, 340, rue Saint-Maurice Est

32 units \$ X ♠ AC ☐ 🕮 🚣 🎋

#### Motel Au Vieux Moulin à Scie

450 833-6656 • moulinascie.com

9 units \$\$ X # 🖘 🗆 🛳 🗻

12 units \$ ₹ ★ AC 🔳 🗆 🚣

Saint-Zénon, 1590, chemin du Lac Stanislas Nord 450 884-5762 • aubergelecabanon.com 58 units \$\$ X ♀□ â â ## ▲

#### Auberge du Vieux Moulin

Sainte-Émélie-de-L'Énergie 200, chemin du Vieux-Moulin 450 884-0211 • 1 866 884-0211

Auberge Le Cabanon

auberge-lanaudiere.com 21 units \$\$\$\$

X T @ AC = 1 1 2 2 2 2 2 3 4 2 3 4 4 5 4 4

#### **Motel Saint-Thomas**

Saint-Thomas, 1244, route 158 450 755-3822 • motelstthomas.com

#### Auberge La Glacière

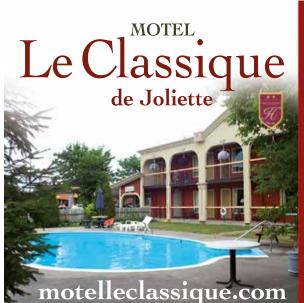
Saint-Zénon, 4551, chemin Brassard Sud (route 131)

450 884-0250 • laglaciere.com 30 units \$\$\$ X 🖘 🗖 🖼 🛳

#### Auberge le Petit St-André

Terrebonne, 211, rue Saint-André 450 471-8822 • 1 888 471-8822 aubergelestandre.ca

12 units \$\$\$ X ♠ AC —





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Deluxe rooms Hot tub, multi-jet shower Fully-equipped suite and studio - Cable TV. Near amenities: services and many restaurants. High-speed wireless Internet access.

310, rue Visitation S.C.B., Joliette J6E 4N7 450 756.0588

\$\$\$\$\$: over \$200

Key to symbols p.125

#### Impéria Hôtel et suites

Terrebonne, 2935, boulevard de la Pinière 450 492-3336 • 1 888 472-3336 imperiahotel.com

80 units \$\$\$ X ♠ AC — ■ □ 🏔 🔤

#### Super 8 Lachenaie

Terrebonne, 1155, rue Yves-Blais 450 582-8288 • super8lachenaie.com 81 units \$\$\$ № X ★ ♠ AC ■ □ ▲ ⊡ [ad. p.6]

## Bed and breakfasts

#### Les Terrasses Du Lac

Entrelacs, 2950, chemin d'Entrelacs 450 228-2783 • lesterrassesdulac.ca 4 units \$\$ X ♠ B @ ⇔ ⇔

For safe, quality, classified accomodation: quebecoriginal.com/en/accommodation

#### Aux 4 Vents

L'Assomption, 2863, boulevard l'Ange-Gardien Nord 450 588-7913 • 1 866 281-3021

giteaux4vents.ca

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3 units \$\$ X ★ @ 🛳

#### Gîte de l'abondance

Mandeville, 27, Ancien chemin du Lac-Sainte-Rose 514 293-4468

5 units \$\$ X ₹ @ ## 🚣

#### Auberge Le Louis-Philippe II

Notre-Dame-de-Lourdes, 5650, rue Principale 450 753-5019 • 1 866 753-5019 lelouisphilippe2.com

5 units \$\$\$ X 🖘 B 🗮 🏝 📤

#### Le Passerin indigo

#### Auberge le Cheval Bleu

Saint-Alphonse-Rodriguez, 414, route 343 450 883-3080 • 1 866 883-3080 lechevalbleu.com

4 units \$\$\$ X ♠ B @ 🛳 🗮

#### Chalet Bois de Cœur



#### Gîte Les Plaisirs Gourmands

Saint-Gabriel-de-Brandon 100, chemin du Lac Hamelin 450 835-3038 • gitelesplaisirsgourmands.com

2 units \$\$ X 🖘 B 🎎 🛳 🗮 🚣

#### Gîte des Hauteurs

### Tourist homes

#### Chalets Clochette

Chertsey, 300, avenue Racette 514 792-1732 1 unit \$\$\$ ■ இ■ ★

#### Le Jeanne D'Arc

Chertsey, 760, rue Daphnie 514 261-9699

## Capacity of the largest unit: 10 Les Chalets du Lac Grenier

Chertsey, 100, rue des Mille-Feuilles 514 982-9797 • 1 877 982-9797 lacgrenier.com

#### Ô Chalet villégiature

Chertsey, 3073, avenue du Lac-Clermoustier 514 726-9536 • ochalet.ca 8 units \$\$\$\$ ■ ■ ※ ૐ
Capacity of the largest unit: 14

#### Chalets Évasion

#### Chalets Natur'Eau

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#### Chalets Beausoleil

Mandeville, 4, chemin du Domaine 450 835-1545 • chalets-beausoleil.com 4 units \$\$\$ ■ ■ ♣ ♣ Capacity of the largest unit: 6

#### Le Hibou

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Notre-Dame-de-la Merci, 1050, chemin du Hibou 514 377-8836 • habitationsdeville.com

#### Auberge des Cascades

Rawdon, 3631, rue Lee 514 702-3552 • lapensee.com 1 unit \$\$\$\$\$ ■ AC ■ ♣ ♣ ♣ Capacity of the largest unit : 14



\$: under \$75 **\$\$**: \$75-\$100

\$\$\$:\$101-\$150 \$\$\$\$:\$151-\$200 \$\$\$\$\$: over \$200

Key to symbols p.125

Chalets des Pins

Rawdon, 5749, chemin Vincent-Massey 450 834-3401 • 1 877 834-3401 • chaletsdespins.com

6 units \$\$\$\$\$ AC ■ ■ 🗮 🛣 🗻 🏖

Capacity of the largest unit: 10

Chalets Lanaudière

Rawdon, 8082, chemin du Lac-Morgan 450 834-6383 • 1 877 834-6383

chaletslanaudiere.ca

24 units \$\$\$ ■ 🗯 🕉 🗈 🏖 Capacity of the largest unit: 50

Chalets d'Émélie

Saint-Alphonse-Rodriguez 521, avenue du Lac-Pierre Nord 450 883-1550 • 1 866 683-1550

chalets-emelie com

6 units \$\$\$\$\$ ₩ 🗓 🔳 📾 🗯 🙉 🛣 🗻 🏖

Capacity of the largest unit: 6

Auberge du Lac-Priscault

Saint-Côme, 100, rang Petit-Beloeil 514 554-1183

aubergedulacpriscault.com

4 units 🔳 🔳 🎎 🗱 🐁

Capacity of the largest unit: 24

Chalets du parc national du Mont-Tremblant

Saint-Côme, secteur de L'Assomption, route 9 819 688-2281 • 1 800 665-6527 parcsquebec.com/tremblant

19 units 🗯 🖲 🗈 🏖

Capacity of the largest unit: 10 [ad. p.57]

For safe, quality, classified accomodation: quebecoriginal.com/en/accommodation Condos Lelvdia

Saint-Côme, 454, rue de l'Auberge 514 444-2130 • condo-lelydia.com

5 units \$\$\$\$\$ 🔳 🖃 🌂 Capacity of the largest unit: 9

Domaine Val Nature

Saint-Côme, 96, chemin Notre-Dame-de-la-Merci

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450 386-1240 • 1 877 818-6178

domaine-valnature com 2 units 😤 🔳 🖃 🛣

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Capacity of the largest unit: 8

Le Relais Saint-Côme

Saint-Côme, 598, chemin de Notre-Dame-de-la-Merci 450 883-7743 • relaisst-come com

6 units \$\$\$\$\$ ■ 🖘 🛋 🎄 Capacity of the largest unit: 8

Les Chalets LaFlèche

\*\*\* Saint-Damien, chemin Lac-Riche

514 664-4760 • cdlf ca

3 units \$\$\$\$ ■ 🖘 🛳 🗻 🕉

Capacity of the largest unit: 9

Chalets Nature

Saint-Didace, 2151, chemin du Lac-Thomas

450 835-3874 • chaletsnature.com

2 units ■ 🔳 🗯 🚣 畿

Capacity of the largest unit: 10

Chalets Arseneault

Saint-Donat, 105, rue des Riverains

1877 560-8060 • chaletsarseneault.com

11 units \$\$\$ **# =** 

Capacity of the largest unit: 12

Le Grand R

Saint-Donat, 251, chemin Fusey

819 424-1333 • 1 855 424-1333 • legrandr.ca

29 units X ■ AC ■ 🏝 🛳 🖦 🛣 🕸

Capacity of the largest unit: 10

108 lanaudiere ca \*\*\*

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#### Chalets Montcalm (La Francescane)

Saint-Liguori, 941, rang du Camp-Notre-Dame 450 803-6717 • 1 800 363-2772

erichard@golfmontcalm.gc.ca

1 unit AC 🔳 🗯 🗐

Capacity of the largest unit: 10

#### Au P'tit Gibier

Saint-Michel-des-Saints, 7820, chemin du Lac Kaiagamac 450 833-6714 • 1 877 833-6714 auptitgibier.com

#### Chalet de l'Aigle à Tête blanche

Sainte-Béatrix, 420, chemin Martin-Prévost 450 803-3133 • locationchaletdeboisrond.com

2 units \$\$\$\$\$ ■ ■ ♣ ⇔ ▲
Capacity of the largest unit : 6

#### Maison La Belle Vallée

Sainte-Béatrix, 12, chemin de la Croix 450 917-9390 • pierremaite@videotron.ca

1 unit \$\$\$ # 🗏 🖃 🛳 Capacity of the largest unit : 8

## Other accommodation establishment

#### La Cache du Lac

Saint-Gabriel, 300, avenue du Parc 450 271-8217 • cachedulac.com 11 units \$\$ X ♠ AC ☐ ♣ ★ ▲

## Vacation centres

#### Camp Boute-en-Train

Chertsey, 1640, rue Rochon 450 882-2368 • 1 800 363-8659 \*\*\*\*

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boutentrain.com

256 units X ⇔ 1/2 S ♣

#### Camp familial St-Urbain

Chertsey, 1651, boulevard Chertsey 450 882-4719 • 1 888 882-4719

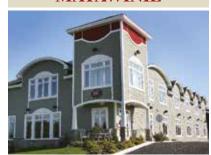
campfamilial.org

42 unités X ⇔ 🖘 🍣 🏖

#### Domaine Sam-Calm

Rawdon, 6125, chemin Vincent-Massey 450 834-8388 • samcalm.com 14 units X ■ ★ ★ ★ ★

### HÔTEL LA PORTE DE LA MATAWINIE



Brand new hotel - Private garage High speed WI-FI Internet access - Continental breakfast included

891, route Louis-Cyr (route 131) Saint-Jean-de-Matha J0K 2S0 450 886-0202 / 1 877 881-0202 info@motelportematawinie.com

www.motelportematawinie.com

Price range

\$\$\$\$\$: over \$200

Key to symbols p.125

#### Camp Papillon

\*\*\*

Saint-Alphonse-Rodriguez, 210, rue Papillon 514 937-6171 • 1 877 937-6172 enfantshandicapes.com

357 units № 🗶 🔳 🛜 🗮 🚣 🛐 畿 👜

#### Centre plein air l'Étincelle

\*\*\*\*

Saint-Alphonse-Rodriguez 270, avenue du Lac Long Sud 450 883-5376 • 1 844 286-5376 cpaetincelle.com

167 units X ⇔ 🛣 🗈 🏖

#### Camp musical Père-Lindsay

\*\*\*

Saint-Côme, 100, rang Petit-Beloeil 450 755-2496 • campmusicalperelindsay.com 136 units ✗ ▣ ﷺ ♣

#### Plein air Lanaudia

\*\*\*\*

Saint-Côme, 1500, 7e Rang 450 883-0721 • 1 866 983-0721 pleinairlanaudia.ca

19 units X 😤 🗯 🛣 🔊 🏔

Havre Familial - Centre de plein air ★★★★

Sainte-Béatrix, 1085, rang du Havre-Familial 450 883-2271 • 1 888 883-2271 havrefamilial.com

94 units № X 🛜 🗯 🟂 🏖 🗈

For safe, quality, classified accomodation: **quebecoriginal.com/en/accommodation** 

#### Base de plein air Sainte-Émélie

\*\*\*

Sainte-Émélie-de-L'Énergie, 606, rue des Mésanges 450 886-9139 • 1 866 886-9139

basedepleinair.com

25 units 🗶 🗈 🗮 🏖

## Campgrounds

#### Parc régional de la Forêt Ouareau

0\*

Chertsey, Secteur Grande-Jetée

450 883-2730 • 1 866 266-2730 • matawinie.org

95 sites 30-30\$ **#** 

«No drinking water»

[ad. p.63]

#### Parc régional de la Forêt Ouareau

0\*

Notre-Dame-de-la-Merci, secteur du Pont suspendu Chemin de la Forêt Ouareau

450 883-2730 • 1 866 266-2730 • matawinie.org

48 sites **30-30\$** 

«No drinking water» [ad. p.63]

#### Camping La Baie

\*\*\*\*

Mandeville, 97, rue de l'Anse-aux-Outardes 450 835-2489 • campinglabaie.com



Domaine Sentinelle du Parc

#### Camping du Vieux Moulin

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#### Complexe Atlantide

Saint-Félix-de-Valois, 1410, chemin Barrette (route 131)

450 889-2244 • 1 800 268-8892

domainesentinelle.com

395 sites ⊕15% **45-60**\$ \$\text{\$\text{\$\infty}\$} \mathbb{\text{\$\pi\$}} \mathbb{\text{\$\

#### complexe Atlantide

Saint-Calixte, 11155, route 335

450 222-5225 • complexeatlantide.com 587 sites 37-57 \$ @ ₽ ₩ Ø ¾ ★ ♥ \$ [ad. p.50]

#### Camping des Roses

0★

Saint-Michel-des-Saints, 180, chemin des Roses 450 833-5556 • campingdesroses.ca 120 sites ← 50 % 30-43 \$ \$\text{ } \text{ } \te

#### Camping du Circuit

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#### Camping municipal du Lac Taureau

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#### Parc national du Mont-Tremblant

\*\*\*

Saint-Côme, secteur L'Assomption 5555, chemin du Parc 819 688-2281 • 1 800 665-6527 • sepaq.com 125 sites 
⊕ 80% 25-36\$ 
⑤ \$ ♣ [ad. p.57]

#### Camping Parc régional du Lac Taureau 0\*

Saint-Michel-des-Saints, 8000, chemin Manawan 450 834-5441 • 1 800 264-5441

parcsregionaux.org

341 sites **30-30** \$ **⊕ →** [ad. p.63]

#### Parc national du Mont-Tremblant

(\*)

#### Camping Belle-Vie

\*\*\*\*

Sainte-Julienne, 1630, rue des Copains 450 831-4167 • campingbellevie.com 156 sites 

30% 35-50\$ 

\$\times \times 30\times 35\times 35\ti

#### **Camping Paradis**

\*\*\*\*

Saint-Félix-de-Valois, 161, chemin Paradis 450 889-2512 • campingparadis.ca 244 sites ←50% 34-715 ※ ※ ※ ★ ★ ※ ■

#### Camping À la plage Bernard

\*\*\*



Price range

\$\$\$: \$101-\$150 \$\$\$\$: \$151-\$200 \$\$\$\$\$: over \$200

Key to symbols p.125

### Outfitters

#### Centre du Pourvoyeur Mastigouche

Mandeville, 10, Lac Lachute 450 835-2533 • pourvoiriemastigouche.com

GPS: 46,4655 -73,3996 28 units \*\* 7 \*\*\*

#### Pourvoirie du Lac Blanc

\*\*\*\*

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Saint-Alexis-des-Monts, 1000, domaine Pellerin 819 265-4242 • pourvoirielacblanc.com GPS: 46,4111 -73.1948

25 units 🛎 🕇 🖘 🛍 🕭 🏖

#### Pourvoirie Coin Lavigne

3★ to 4★

Saint-Côme, 5045, chemin du Parc 450 883-1072 • 1 800 872-1072 coinlavigne.com

#### Pourvoirie du Lac Croche

0★ to 4★

Saint-Côme, 1020, rue du Lac-Croche 450 883-6474 • pourvoiriedulaccroche.com

#### Pourvoirie Chasse et Pêche Saint-Damien-de-Brandon

1★ to 4★

Saint-Damien, 9, chemin des Clubs 450 835-7422 • 1855 935-7422 • pourvoirie.qc.ca GPS: 46.382473 -73.521490

21 units 💥 🐧 🟭 🚣

For safe, quality, classified accomodation: **quebecoriginal.com/en/accommodation** 

#### Pourvoirie du Lac Saint-Pierre

\*\*\*

Saint-Ignace-de-Loyola, 2309, rang Saint-Pierre 450 836-7506 • 1 877 836-7506

lacsaintpierre.com

GPS: 46,1117 -73,0758

5 units 🛎 🕇 🤶

#### Pourvoirie Roger Gladu

3★ to 4★

Saint-Ignace-de-Loyola, 2450, rang Saint-Pierre 450 836-1317 • 1 866 836-1317

pourvoirierogergladu.com

GPS: 46,1127 -73,0757

#### Auberge et chalets CanadAventure 4★ to 5★

Saint-Michel-des-Saints

1, chemin de la Baie-du-Poste

450 833-1478 • canadaventure.net

GPS: 46,8186 -73,8861

18 units 🎬 浦 🗫 🔈

#### Pourvoirie du Lac-du-Repos

3★ to 4★

Lac Lounays

91 km au nord de Saint-Michel-des-Saints

514 600-0372 • pourvoirielacdurepos.com

GPS: 47,2297 -74,1129

#### Pourvoirie du Milieu

3★ to 4★

Saint-Michel-des-Saints, 591, rue Brassard 450 833-5335 ◆ 1 877 933-5335

pourvoiriedumilieu.ca

GPS: 46.6788 -73.9170

20 units **☎ 1** 🏖

#### Pourvoirie Kanawata

3★ to 4★

Lac Manouane, at north of Saint-Michel-des-Saints

450 875-0977 • kanawata.com

GPS: 47,5916 -74,143 21 units 🎬 🕇 📤 🦫 🥯

#### Pourvoirie Pignon Rouge Mokocan 2★ to 4★

Saint-Michel-des-Saints, 1, chemin du Lac-Mica 450 833-5083 • pourvoiriepignonrouge.com

GPS: 46,7831 -74,0043

17 units **☆ ↑ ? △ △ △** 

#### Pourvoirie Richard

\*\*\*

Saint-Michel-des-Saints, 1410, rue des Cyprès 450 833-5286 • pouvoirierichard.com

GPS: 46,6509 -74,0342

5 units 💥 🚶

#### Pourvoirie, Auberge Kan-À-Mouche

\*\*\*\*

Saint-Michel-des-Saints, 7639, rue Brassard 450 833-6662 • kanamouche.com

GPS: 46,6388 -73,8927

15 units 🛎 🖘 🚣 🗓 🌬

#### Pourvoirie Vent de la Savane

3★ to 4★

Saint-Michel-des-Saints, 100, Lac Savane

450 803-7451 • ventdelasavane.com

GPS: 46,7301 -74,1733

Pourvoirie Au Pays de Réal Massé 2★ to 4★

Saint-Zénon, 6000, chemin du Pays

450 884-5502 • realmasse.com

GPS: 46,4549 -73,6665 43 units 🍑 🔰 📤 畿

#### Pourvoirie Pavillon Basilières

2★ to 3★

Saint-Zénon, 3328, chemin Brassard Sud 450 884-0228 • pavillonbasilieres.com

GPS: 46,4143 -73,7117

#### Pourvoirie Saint-Zénon

2★ to 4★

Saint-Zénon, 111, chemin de la Pourvoirie 450 884-5320 • pourvoirie-stzenon.com

GPS: 46,5028 -73,7119

15 units **☞** 7 🖘

#### Pourvoirie Trudeau

2\* to 4\*

Saint-Zénon, 4551, chemin Brassard 450 884-5432 • 1 800 293-5432

pourvoirietrudeau.com

GPS: 46,4981 -73,7399









#### Pourvoirie Auberge La Barrière

3★ to 4★

Sainte-Émélie-de-L'Énergie 1000, ch. du Club de La Barrière

450 884-5748 • aubergelabarriere.com

GPS: 46,414 -73,7772 23 units ※ ↑ ఓ ♠ ♠ ₺

#### Pourvoirie Domaine Bazinet

3★ to 4★

Sainte-Émélie-de-L'Énergie, 3000, chemin Bazinet 450 886-4444 • domainebazinet com

GPS: 46,3688 -73,7346 28 units ☎ 🕇 🦈 మ 📤 🏖

## Experience lodging

#### Les refuges Carole et Sylvain

Mandeville, 612, chemin du Lac Hénault Nord 450 835-1918 ◆ refugescarolesylvain.com

Rental of luxury yurts. Includes fully-equipped kitchen, bedding, towels and more. Wood heating with backup heating system of propane, etc. Composting toilet in the yurt. Snowshoes included! **Schedule**: Open year-round.

#### Kabania

Notre-Dame-de-la-Merci 2244, chemin du Grand Duc 819 424-0721 ● kabania.ca

A very original form of ecotourism accommodation that will appeal to anyone seeking an experience out of the ordinary. Situated alongside the Ouareau Forest Regional Park and the Dufresne River, our cabins on stilts and small cabanitas offer you the opportunity to experience sleeping in the treetops.

Schedule: Open year-round.

#### Chalets Lanaudière

Rawdon, 8082, chemin du Lac-Morgan 450 834-6383 • 1 877 834-6383

chaletslanaudiere.ca

Outdoor enthusiasts will love our "Yourtes d'ici" (yurts) and "Cabanes d'ici" (cabins), located in the forest. Bordering a stream, the eight units make for beautiful alternative accommodations and promise an experience of true well-being. Fully equipped for your comfort and convenience (bedding, full kitchen, water, electricity, etc.). Multiple activities available onsite. Discover the various packages available through our different partners. For 2 to 6 persons.

Schedule: Open year-round.

#### Les pieds sur terre

Saint-Calixte, 3160, 6e Rang 450 914-4442 • hebergementlespiedssurterre.com

Want to completely immerse yourself in nature? Discover Les pieds sur terre's unique style of lodging, just 45 minutes from Montreal. Our accommodations combine originality and comfort in a tiny house and much more!

Schedule: Open year-round.

#### Parc national du Mont-Tremblant

Saint-Côme, L'Assomption sector 819 688-2281 ● 1 800 665-6527 sepaq.com/monttremblant

Yurts offer all the equipment needed to enjoy a memorable stay right in the heart of nature. Need a change of scene? Four yurts bordering the majestic Lac des Cyprès and five on the shores of Lac L'Assomption and the river make for ideal nature accommodations.

[ad. p.57]

#### Cabins in Saint-Donat

Saint-Donat, 536, rue Principale 819 424-2833 • 1 888 783-6628 clubpleinairsaint-donat.org

Staying overnight in a rented cabin in the heart of nature is a great option for hiking enthusiasts. Located alongside the trails, our cabins can accommodate 8 to 12 persons and are equipped with a wood burning stove, mattresses, a table and chairs. An outhouse is nearby. **Schedule**: Open year-round. Reservations required. [ad. D.9]

#### Tipis du Sommet

Saint-Félix-de-Valois, 1560, rang des Petites-Forges 450 889-8810 ● nuitentipi.ca

Need to re-energize yourself? A night in a teepee will bring you really close to nature. While you're here, explore the entire site, walk our trails and enjoy a magnificent view. Our teepees are cool in summer, very warm in winter and designed for your comfort. Come with the family, with friends, or as a couple, for a truly unforgettable experience.

Schedule: Open year-round.

#### **Amisk Aventure**

Saint-Michel-des-Saints, 90, chemin Bruneau 450 803-6760 • amiskaventure.ca

Amisk Aventure offers a network of cabins on the shores of Lac Taureau. Unreachable by car, you can reach your cabin on foot, by ATV, by boat, on snowshoes or by snowmobile. A transportation service is also available. Fully furnished and equipped for cooking, so all you need to bring is your bedding and food. A wood-burning stove is available, and wood is provided. Schedule: Open year-round.

#### Village Perché

Sainte-Béatrix, 115, rue de la Falaise 450 271-5634 • villageperche.com

Just like your childhood tree house! Village Perché transforms into a true cabin where simplicity and nature come together with modern comforts. The private Jacuzzi is ideal for unwinding in peace far from the city. Cabins for 2 to 4 persons.

Schedule: Open year-round.

#### Parcs régionaux de la Matawinie

Parc régional de la Forêt Ouareau, Sentier national, parc régional de la Chute-à-Bull and parc régional des Sept Chutes 450 883-2730 • 1 866 266-2730

parcsregionaux.org

For the "coureur des bois" in you, we offer rustic nature lodging in one of our isolated refuges, as part of a day of hiking. More than ten refuges of different sizes are available, with room for 1 to 20 people, open year-round.

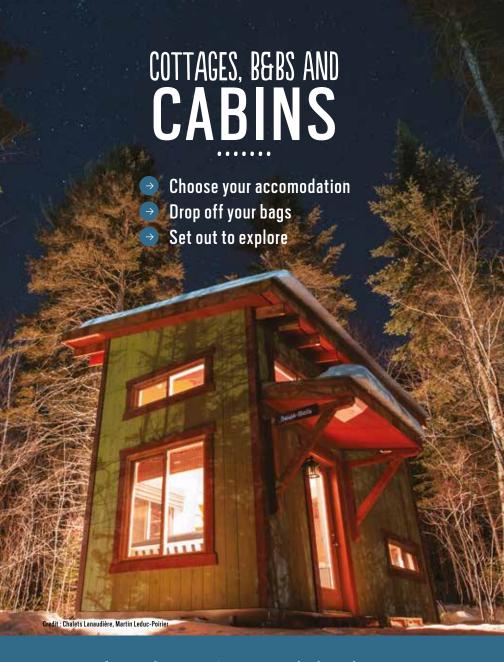
[ad. p.63]





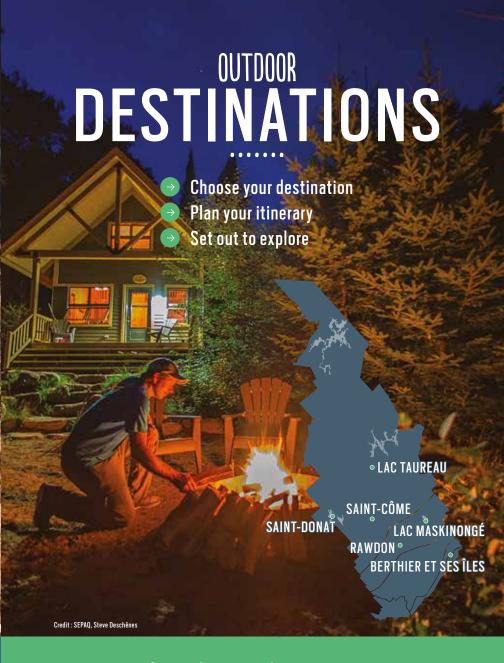






lanaudiere.ca/cottages-bnb-cabins





lanaudiere.ca/destinations







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Credit: Marc-Olivier Guilbault

## GENERAL INFORMATION

## Tourist information on Lanaudière

## Tourism LANAUDIERE

#### Tourisme Lanaudière

F 🛎

क्ष 🥏

3568, rue Church, Rawdon (Québec) JOK 1S0 450 834-2535 • 1 800 363-2788, #1 (Canada et États-Unis) langudiere ca • info@langudiere ca



Official visitor information centres are indentified by the "?" symbol pictogram on road signs and in tourist brochures.

#### Permanent Centres

## Office du tourisme et des congrès de la région de Joliette

500, rue Dollard, Joliette
450 759-5013 • 1 800 363-1775 • tourismejoliette.com

#### Municipalité de Saint-Donat

536, rue Principale, Saint-Donat 819 424-2833 • 1 888 783-6628 • saint-donat.ca

#### Chambre de commerce de Brandon

151, rue Saint-Gabriel, Saint-Gabriel-de-Brandon 450 835-2105 • cc-brandon.com

#### Tourisme des Moulins

5000, côte Terrebonne, Terrebonne 450 964-0681 • 1 866 964-0681 terrebonnemascouche com

#### Municipalité de Saint-Côme

1661-A, rue Principale, Saint-Côme 450 883-2730 ◆ 1 866 266-2730 ◆ stcomelanaudiere.ca

#### Chambre de commerce de Saint-Félix-de-Valois

5300, rue Principale, Saint-Félix-de-Valois 450 889-8161 • stfelixdevalois.qc.ca

#### Chambre de commerce de la Haute-Matawinie

521, rue Brassard, Saint-Michel-des-Saints 450 833-1334 • haute-matawinie.com

#### Seasonal Centres

#### Chapelle des Cuthbert

461, rue de Bienville, Berthierville 450 836-7336 • mrcautray.com

#### Parc de l'Île Lebel

396, rue Notre-Dame, Repentigny 450 657-9914 • recreotourismerepentigny.com

#### Ville de Saint-Lin-Laurentides

704, rue Saint-Isidore, bureau 101, Saint-Lin-Laurentides 450 439-3130, #7275 • saint-lin-laurentides.com

#### Parc des chutes Dorwin

3102, 1<sup>re</sup> Avenue, Rawdon 450 834-2551 ● rawdon.ca

#### **I** Tourist Information Stands

(Unstaffed)

#### Municipalité de Notre-Dame-de-la-Merci

1931, route 125, Notre-Dame-de-la-Merci

#### Municipalité de Saint-Jean-de-Matha

621, route Louis-Cyr, Saint-Jean-de-Matha

#### Municipalité de Saint-Zénon

5520, chemin Brassard, Saint-Zénon

## Québec-wide Tourist Information

Phone: 1877 BONJOUR (266-5687)
Email: info@quebecoriginal.com
Online: QuebecOriginal.com
Social media: #QuebecOriginal

**Brick and mortar:** *Centre Infotouriste* in Montréal, Québec, Rigaud, Rivière-Beaudette or Dégelis (Permanent visitor information centres that provide a range of tourist services and products)

### Tourisme Québec 💀 🕸

The Ministère du Tourisme du Québec is proud to support the province's tourism businesses, both large and small.

The Ministry's website, QuebecOriginal.com, presents valuable information for tourists and residents alike on attractions throughout Quebec.

Plan your next trip to Quebec at QuebecOriginal.com.

# network of tourist information centres

- Personalized service by qualified staff
- Official tourist guides to Quebec regions
- · Suggested itineraries
- Full details on attractions, events and accommodation



#### Everything you need to plan your stay!

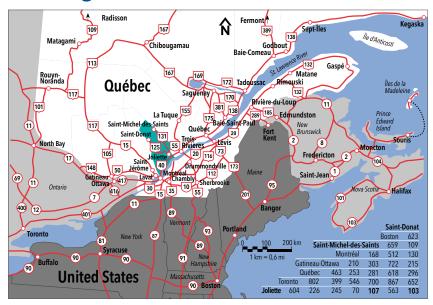
Consult the list of our information centres on page 120, or look for these roadside signs:

## Québec Tourist Regions



01	Îles-de-la-Madeleine	tourismeilesdelamadeleine.com
02	Gaspésie	gaspesiejetaime.com
03	Bas-Saint-Laurent	bassaintlaurent.ca
04	Québec	regiondequebec.com
05	Charlevoix	tourisme-charlevoix.com
06	Chaudière-Appalaches	chaudiereappalaches.com
07	Mauricie	tourismemauricie.com
80	Cantons-de-l'Est	cantonsdelest.com
09	Montérégie	tourisme-monteregie.qc.ca
10	Lanaudière	lanaudiere.ca
11	Laurentides	laurentides.com
12	Montréal	mtl.org
13	Outaouais	tourismeoutaouais.com
14	Abitibi-Témiscamingue	tourisme-abitibi-temiscamingue.org
15	Saguenay-Lac-Saint-Jean	saguenaylacsaintjean.ca
16	Côte-Nord   Mancouagan	tourismecote-nord.com
17	Côte-Nord   Duplessis	tourismecote-nord.com
18	Baie-James	decrochezcommejamais.com
19	Laval	tourismelaval.com
20	Centre-du-Québec	tourismecentreduquebec.com
21	Nunavik	nunavik-tourism.com
22	Eeyou Istchee	decrochezcommejamais.com

## Getting There



It is illegal to transport or use radar detectors in Québec.

#### By plane

#### Aéroport international Pierre-Elliot-Trudeau

Montréal, 1 800 465-1213 • 514 633-3333 admtl.com

#### Municipals airports

#### Aéroport de Joliette

Saint-Ambroise-de-Kildare, 450 759-6252

#### Aérodrome de Saint-Donat

Saint-Donat, 819 424-2383

#### Local radio station:

M 103,5 FM

CFNJ FM: 99,1 FM / 88,9 FM

#### Bus

#### Montréal, Berri UQAM, Station centrale

514 842-2281 • gamtl.com

#### Conseil régional de transport de Lanaudière (CRTL)

1 866 755-2917 • jembarque.com

#### Train

#### Train de l'Est

Montréal, Repentigny, Terrebonne, Mascouche 1 888 702-8726 • amt.gc.ca

#### Ferry-boat

#### Sorel-Tracy/Saint-Ignace-de-Loyola

1 877 787-7483, #4 • traversiers.com [ad. p.53]

## TRAVELLING IN QUÉBEC

## Bars, casinos and purchasing alcohol

You must be at least 18 years old to enter bars, pubs, nightclubs and casinos, as well as to purchase or consume alcohol (be prepared to produce ID if asked). Wines and spirits are sold through the *Société des alcools du Québec* (SAQ), the provincial liquor board. Beer is available at grocery and convenience stores.

#### Currency exchange

There are numerous exchange offices in Québec's main urban centres. Airports also offer exchange services. Some businesses accept American money, but tend to offer a less competitive rate than the exchange offices.

#### Hospitals

#### Centre hospitalier régional de Lanaudière

1000, boul. Sainte-Anne, Saint-Charles-Borromée 450 759-8222

#### Hôpital Pierre-Le Gardeur

911, montée des Pionniers, Terrebonne 450 654-7525 • 1 888 654-7525

#### Driving in Québec

Since Canada uses the metric system, speed limits and distances are posted in kilometres per hour (km/h) and gasoline is sold by the litre (l).

#### Cell phones

Use of a hand-held cell phone that does not have a "hands-free" function is prohibited while driving.

#### Winter tires

From December 15 to March 15, all taxis and passenger vehicles registered in Québec must be equipped with winter tires. This requirement also applies to rental passenger vehicles in Québec.

#### Road conditions

For information on road conditions or other aspects of trip-planning, call 511 or 1888 355-0511, or visit quebec511.info.

#### Tourist routes and trails

The official tourist routes are clearly marked with blue signs. They are designed to highlight the attractions of the regions through which they pass, and to enable visitors to discover the extent of Québec's natural and cultural treasures. guebecoriginal.com/tourist-routes

#### Tourist signage

In Québec, tourist regions and directions to services, attractions and activities are indicated by blue road signs. For more information, visit panneaubleu.com and tourisme.gouv.qc.ca/signalisation (in French only).

#### Village-relais accredited services

If you feel like taking a break or require assistance while on the road, look for the Villagerelais signs. These point to towns that, together with local businesses, offer a range of accredited services and a safe and pleasant place to stop. villages-relais.qc.ca

#### Voltage

Quebec's electric current is 110 volts/60 cycles, as it is throughout North America. Since the outlets cannot accommodate European plugs, you will need to bring or buy an adaptor.

#### Making a comment or conveying dissatisfaction

If you wish to comment on or are dissatisfied with the tourism services you received in Québec, please contact:

Alliance de l'industrie touristique du Québec • 1 877 686-8358, option 7 comment@alliancetouristique.com

#### Canadian Currency

The legal currency in Québec is the Canadian dollar (CAD), which is divided into 100 cents. Bank notes are available in denominations of 5, 10, 20, 50 and 100 dollars, and coins in denominations of 5, 10 and 25 cents as well as 1 and 2 dollars. Bank cards and major credit cards are also accepted almost everywhere.

#### Coast Guard

1 800 463-4393, cell phone \*16 ccq-qcc.qc.ca

#### **Tipping**

Tipping is customary in restaurants, bars and taxis. The amount, which is not included in the bill, is generally equivalent to 15% of the total bill before taxes. For quick tip calculations, Québecers normally add up both taxes. Tipping bellhops or porters is at your discretion (generally, \$1 per baq).

#### **Reporting Poachers**

1800 463-2191 • mffp.gouv.qc.ca

#### **Taxes**

Québec has two taxes: the 5% federal goods and services tax (GST), and the 9.975% Québec sales tax (QST). An accommodation tax of 3,5% of the room price per night also applies in Lanaudière.

#### **Emergencies**

#### **Emergency**

911, 310-4141 ou \*4141 (from a cell phone)

#### Info-Santé (medical advice)

(24 hours, 7 days)

811

#### Québec Poison Control Centre

1 800 463-5060

# SYMBOLS USED IN THIS GUIDE

- ₱ Free access to Wi-Fi
- E Fully accessible
- ♠ Partially accessible
- Bienvenue cyclistes! certified
- AC Air conditioning
- Authentic First Nations Experience
- → Picnic area
- **★** Pets allowed
- Bring your own wine
- ® Complete comfort station
- Camping
- **±** Canoe
- T Relaxation centre/spa
- 7 Hunting
- Kitchenette
- Electric vehicle charging station
- ✓ Electricity
- ▶ Pull-through

- S Free admission
- Paid admission
- # Horseback riding
- Seasonal
- Evaluation pending
- Microwaves oven
- i Golf
- Hospital
- Permanent site
- Seasonal site
- Bedding included
- S Equipment rental
- Mini-fridge
- **▲** Snowmobiling
- Fishing
- L Ice fishing
- a Outdoor pool
- 🏝 Indoor pool
- Body of water
- Swimming
- Duad riding
- ★ Hiking

- \$ Snowshoeing
- △ Heated refuge
- Tourist information office
- Y Food services
- ¥ Licensed restaurant
- Shared washroom
- B Private washroom
- Training room
- Downhill skiing
- Mountain biking
- **†** Companion Sticker
- ★ Cross-country skiing
- Dumping station
- ▲ Tents only
- т Patio
- Soliet and sink
- Cycling
- Mountain biking
- Village-relais services

## Accessibility

## Access for persons with impaired mobility — Kéroul

514 252-3104 • keroul.gc.ca

Kéroul assesses the accessibility of different businesses based on a set of criteria recognized by Tourisme Québec. Kéroul offers a wide range of cultural and tourism information for visitors with impaired mobility.

- Visitors with impaired mobility can move about without assistance in the business.
- Visitors with impaired mobility must have assistance to move about in the business.



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tourist establishments with partial or full accessibility in Lanaudière!

## Tourism LANAUDIERE

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#### **MEETINGS & EVENTS**

# LANAUDIERE



meetings.LANAUDIERE.CA

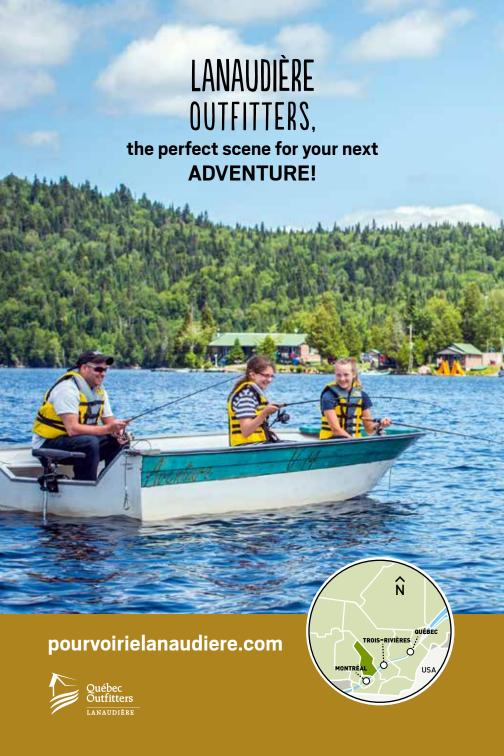
# CYCLING

- Choose your circuit
- Get on your bike
- Discover Lanaudière from a new point of view



lanaudiere.ca/cycling

LANAUDIĒRE





## LAC TAUREAU

Accommodation - Gourmet cuisine - Bistro-bar -Daily activities - Beach - Health care center -Indoor pool - Saunas - Whirlpool tubs











1200, BAIE-DU-MILIEU, ST-MICHEL-DES-SAINTS (QUÉBEC) JOK 3B0

T 1877 VACANCE / 450 833 -1919

LACTAUREAU.COM